

**CURRICULUM VITAE                      March 23, 2013**

**RICHARD L. STIEG, M.D., MHS**

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Date of Birth: June 18, 1937  
Place of Birth: New York  
Marital Status: Married 5 Children  
Wife: Lucille A. Gallagher  
Websites: www.RichardLStiegMD.com

**EDUCATION AND TRAINING**

- 1955-1959    C.W. Post College, Brookville, New York.  
                  Major: Biology, Chemistry. B.S., Cum Laude, 1959
- 1959-1963    University of Rochester, Rochester, New York.  
                  Major: Medicine, M.D., 1963
- 1963-1964    USAF Hospital, Wright-Patterson AFB, Ohio.  
                  Internship, Rotating
- 1964-1967    Walter Reed General Hospital, Bethesda, Maryland.  
                  Resident, Neurology Service
- 1996-1999    University College, Denver University, Denver, Colorado  
                  Masters Degree in Healthcare Systems

**APPOINTMENTS AND POSITIONS**

**Academic**

- 1973-1986    Assistant Clinical Professor of Neurology and  
                  Medicine University of Colorado Medical Center,  
                  Denver, Colorado
- 1987-1989    Assistant Professor of Anesthesiology and Neurology,  
                  University of Pittsburgh, Pittsburgh, Pennsylvania
- 1989-2007    Associate Clinical Professor of Neurology,  
                  University of Colorado Health Sciences Center,  
                  Denver, Colorado

## **Professional Practice History**

Following completion of neurological training in 1967 at Walter Reed Army Hospital in Washington, D.C., Dr. Stieg served as Chief of Staff of the Neurology Department and as a flight surgeon in the US Air Force Medical Corp at Wilford Hall Hospital in San Antonio Texas until 1971. Duties included clinical practice and medical education of interns and residents as well as attending to the needs of flight personnel.

From 1971 to 1977 Dr. Stieg was in private clinical practice of general neurology in Boulder and for 3 years concurrently served as Assistant Chief of the Neurology Department at Denver General Hospital (now Denver Health), a half-time paid academic position.

In late 1977 Dr. Stieg founded the Boulder Memorial Hospital Pain Clinic, the first multidisciplinary outpatient and inpatient pain treatment program in the state of Colorado. Duties included patient care, medical education of nurses and other allied healthcare givers, program development, clinical research and medical supervision of the pain treatment teams. After leaving the Boulder Memorial Hospital 5 years later Dr. Stieg founded the Colorado Rehabilitation Institute in Boulder, an outpatient multidisciplinary pain treatment center. Duties continued to be care of patients, program development, and training of allied health personnel, clinical research, and medical supervision of the treatment teams.

Over the subsequent years Dr. Stieg has founded, directed, seen patients and taught in a variety of other clinical settings and geographical locations in Boulder, Broomfield and Denver, Colorado, Pittsburgh, Pennsylvania and (currently) Aurora, Colorado, serving patients with traumatic brain injuries, chronic pain and related addiction disorders. Professional duties and clinical private practice has continued the same throughout these settings, which have been privately owned, hospital based, or within academic institutions (University of Pittsburgh 1987 to 1989). Currently Dr. Stieg sees patients in a private practice in Aurora, Colorado 3 days per week and also serves as Co-Medical Director of the Centennial Rehabilitation Associates, a private institution in Aurora that offers several outpatient programs for patients with traumatic brain injuries, chronic pain and, often, concurrent psychiatric disorders, including addiction to prescription and illicit drugs.

Dr. Stieg continued academic teaching on a volunteer basis until 2007 when he retired from the neurology staff at The University of Colorado Health Sciences Center. While at The University of Pittsburgh as an Associate professor of Anesthesiology and Neurology Dr. Stieg maintained residences in Pittsburgh and Berthoud, Colorado and continued to consult with those Colorado clinics which he had established.

In 1994 Dr. Stieg was recruited by The Colorado Compensation Insurance Authority as Medical Director of that quasi-governmental insurance company providing workers' compensation benefits to Colorado employees. The company changed its name to Pinnacol Assurance during his 8-year tenure. During that time Dr. Stieg's duties included development of a statewide PPO (Preferred Provider Organization) -like organization consisting of primary care and specialty physicians specially trained to offer workers' compensation care in Colorado. He also greatly expanded the in-house nursing and large part-time Physician Advisory Panel at Pinnacol

Assurance. He served the Division of Workers' Compensation in the state of Colorado as a taskforce member of four different committees that developed medical treatment guidelines for Traumatic Brain Injury, Chronic Pain and Complex Regional Pain Syndrome for the workers' compensation system. Throughout his 8 years at Colorado Compensation Insurance Authority and Pinnacol Assurance, Dr. Stieg maintained a clinical practice, seeing pain patients in various clinical settings.

Dr. Stieg has been a strong advocate of volunteerism and has spent much of his career serving a variety of not for profit organizations (see curriculum vitae for details) as a writer, editor, website developer, teacher, researcher, and member of numerous committees and boards of directors. In 1994 he served as the 10<sup>th</sup> president of the American Academy of Pain Medicine.

## **VOLUNTEER ACTIVITIES**

### **National Pain Foundation**

*A non-profit Colorado based corporation that provides Web- based information for pain patients and care givers*

1999-2003 Founding member, Treasurer, & Board of Directors

2004-2006 Vice-Chair, Board of Clinical Directors

2006 Co-Chair for Programs, Board of Directors

2007-2010 Website Editor – In Chief

### **Arapahoe House**

*A non profit Colorado based corporation providing drug and alcohol treatment centers*

1992-Present Numerous fund-raising committees/functions

2002-2003 CO-President, Foundation Board

### **Pain Consortium, COPIC Insurance**

*A non profit group that provides education to health care providers about pain treatment*

2000-Present Participating member and guest lecturer

## **American Pain Foundation**

2010 – Executive Advisory Board Member

**LICENSURES AND BOARD CERTIFICATIONS**

1964           Diplomat National Board of Medical Examiners  
 1971-Present   State of Colorado  
 1971            American Board of Psychiatry and Neurology  
 1992            American Board of Pain Medicine  
 2009            American Board of Addiction Medicine

**MEMBERSHIPS IN PROFESSIONAL AND SCIENTIFIC SOCIETIES**

1967-Present   Member, American Academy of Neurology  
 1971-Present   Member, Colorado Medical Society  
 1994            Member, Workers' Compensation Advisory Committee  
 1994-Present   Member, Denver Medical Society  
 1994-1998      Alternate Delegate to Colorado Medical Society  
 1971-Present   Member, American Medical Association  
 1994            A.M.A. President's Council

**COLORADO SOCIETY OF CLINICAL NEUROLOGISTS**

1973-Present   Member  
 1975-1976      Vice-President  
 1983-1984      President

**WESTERN U.S.A. PAIN SOCIETY**

1981-Present   Member  
 1983-1984      President

**AMERICAN PAIN SOCIETY**

1978-Present Member

1988 Chairman, Ad Hoc Committee for the Directory of Pain Management Facilities

1987-1990 Membership Committee

1988-1990 Nominating Committee

1990 Chairman, Publications Committee

1990-1992 Treasurer

1992 Chairman, Long-Range Planning Task Force

**AMERICAN ACADEMY OF PAIN MEDICINE**

1983-Present Founding Member

1983-1992 Liaison Secretary to American Pain Society

1987-1989 Treasurer

1992 Fellow, American College of Pain Medicine

1993 President-Elect

1994 President

1989-1999 Editorial Staff, Clinical Journal of Pain

1999-Present Editorial Staff, Pain Medicine

2000-2003 Director of Development

2009-Present Liaison with past President's Council, Board of Directors

1978-1994 Member International Association for the Study of Pain (IASP)

- 1983-1989 Surveyor, Commission on Accreditation for Rehabilitation Facilities
- 1987-1988 Member, Ad Hoc Committee to rewrite standards for pain treatment facilities, Commission on Accreditation for Rehabilitation Facilities
- 1985-1991 Member, American Association for the Study of Headaches
- 1989-1992 Member, Colorado Head Injury Foundation
- 1989-1992 Member, National Head Injury Foundation
- 1991 Fellow, American Academy of Disability Evaluating Physicians
- 1992 Editor in Chief, Journal of Disability
- 1984-2001 Member, American College of Physician Executives

### **HONORS AND AWARDS**

- 1997 Phillip M. Lippe Award, American Academy of Pain Medicine
- 2009 Pioneer in Pain Medicine, Western Pain Society

### **GRANTS**

- 1987-1990 National Institute of Arthritis and Musculoskeletal and Skin Diseases Grant No. 1 RO1AR38698-01. Co-investigator, Project Title: "Chronic Low Back Pain: Biobehavioral Factors and Maintenance and Treatment."
- 1987-1990 Baltimore Therapeutic Company. Associate Investigator, Project Title: "Evaluating the Clinical Utility of the Work Simulator for Chronic Pain Patients."

### **PUBLICATIONS**

Stieg, R.L., Double Blind Study of Belladonna - Ergotamine - Phenobarbital for Interval Treatment of Recurrent Throbbing Headache. Headache, 120-124, July 1977.

Stieg, R.L., Williams, R.C., Timmermans-Williams, G., Tafuro, F. & Gallagher, L.,. Cost Benefits of Interdisciplinary Chronic Pain Treatment. Clinical Journal of Pain, 1, 189-193, 1986.

Stieg, R.L., Chronic Pain. In F. Buerra & J.A. Aldrete (Eds.), Emotional and Psychological Responses to Anesthesia and Surgery. 203-222. New York: Grune & Stratton, 1980.

Stieg, R.L., Gallagher, L. & Williams, R., Multidisciplinary Pain Treatment Centers. Journal Of Occupational Medicine, 23, 94-102, 1981.

Stieg, R.L. & Williams, R., Chronic Pain as a Biosociocultural Phenomenon: Implications for Treatment. Seminars in Neurology, 3, 370-376, 1983.

Stieg, R.L., Pain and the Disability Process. Colorado Trial Talk, 27, 3-4. 1983.

Brenna, S.F., Crue, B.L. & Stieg, R.L., Comments on the Classification of Chronic Pain: Its Clinical Significance. Bulletin of Clinical Neurosciences, 49, 67-81, 1984.

Williams, R.C. & Stieg, R.L., Validity and Therapeutic Efficacy of Individual Patient Goal Attainment Procedures in a Chronic Pain Treatment Center. Clinical Journal of Pain, 2, 219-228.

Stieg, R.L. & Turk, D.C., Chronic Pain Syndrome: Demonstrating the Cost-Benefit of Treatment. Pain Management, 2, 58-63, 1988.

Stieg, R.L., Why be Concerned with Chronic Pain Treatment. Risk Management, 1, 28-30, 1987.

Turk, D.C., Rudy, T.E. & Stieg, R.L., Chronic Pain and Depression: I. "Facts". Pain Management, 1, 17-25, 1987.

Turk, D.C. & Stieg, R.L., Chronic Pain: The Necessity of Interdisciplinary Communication Clinical Journal of Pain, 3, 163-167, 1987.

Rudy, T.E., Turk, D.C. & Stieg, R.L., Quantifying Medical/Physical Findings in the Assessment of Chronic Pain Patients. (Abstract) Pain, (Suppl. 4): S165, 1987.

Stieg, R.L., Flor, H., Rudy, T.E. & Turk, D.C., Significant Others Perceptions of and Responses to Chronic Pain Patients (Abstract) Pain, (Suppl. 4): S165, 1987.

Turk, D.C., Rudy, T.E. & Stieg, R.L., The Disability Determination Dilemma: Toward a Multi-axial Solution. Pain, 34: 217-229, 1988.

Rudy, T.E., Lieber, S.J., Turk, D.C. & Stieg, R.L., Evaluating the Clinical Utility of the BTE Work Stimulator for Chronic Back Pain Patients. (Technical Report). Center for Pain Evaluation and Treatment Institute, University of Pittsburgh School of Medicine, Pittsburgh, PA, 1988.

Sorkin, B., Rudy, T.E., Hanlon, R. & Stieg, R.L., "Geriatric and Younger Chronic Pain Patient: Differences Appear Less Important than Similarities". J. Geront 45:64-68, 1988.

Kinsman, R., Dirks, J., Wunder, J., Carbaugh, R. & Stieg, R.L., "Multidimensional Analysis of Peak Pain Symptoms and Experiences". 51:101-112. Psychotherapy and Psychosomatics, 1989.

Rudy, T.E., Turk, D.C., Stieg, R.L. & Brody, M.C., “Quantification of Biomedical Findings of Chronic Pain Patients: Development of a General Pain-Specific Physical Pathology Index”. Pain. 42:167-182, 1990.

Stieg, R.L. “Advances in the Management of Chronic Pain”. Internal Medicine for the Specialist. 11:111-113, 1990.

Stieg, R.L. “The Cost-Effectiveness of Pain Treatment: Who Cares?” Clinical Journal of Pain 6:301-304, 1990.

Stieg, R.L. “The Futility of Physical Testing in the Assessment of Disability” APS Journal, 3 (3): 185-188, 1994.

Cherington, M. Martoraro, F. Siebuhl, L Stieg, R.L. & Yarnell, P. “Childhood Lightning Injuries On the Playing Field”, J.EM.MED. (12) 39-41, 1994.

Stieg, R.L. “Pain and the 4<sup>th</sup> Ed. of the A.M.A. Guides to the Evaluation of Permanent Impairment: A Fresh Look at an Old Problem”. DISABILITY, 4:1-8, 19

Stieg, R.L. “A.A.P.M. President’s Message” (Ed.) Cl. J. Pain 10 (2): 95-97, 1994.

Stieg, R.L. “President’s Message: Organized Medicine’s Role in the Health Care Reform Debate” Cl. J. Pain 10 (3): September 1994.

Stieg, R.L. “President’s Message: Free Choice of Care: Have We Ever Really Had it? Do We Want It?” Cl. J. Pain 10 (4): December 1994.

Stieg, R.L. & Shepard, T.A. “Health Care Reform: Pain Medicine and the Insurance Industry” (book chapter) In: Cohen MJM, Campbell JN (Eds). Pain Treatment, Centers at a Crossroads: A Practical and Conceptual Reappraisal. Progress in Pain Research and Management. IASP Press, Seattle, 1996.

Stieg, R.L. “Workers’ Compensation”, AAPM Newsletter, April 1995.

Stieg, R.L. “Managed Care in the Workers’ Compensation Arena”, Pain Medicine Network, August 1995.

Stieg, R.L. “Measuring Outcomes: The Key to Quality Management.” J. Back Musculoskeletal Rehab 7:97-101, 1996.

Stieg, R.L. “Access to Health Care: A Key Issue in Understanding Healthcare Policy.” Pain Med. Network, March 1998.

Stieg, R.L., Lippe, PM & Shepard, T.E. “Roadblocks to Effective Pain Treatment.” Med. Cl. N.Am. 83 (3): 809-821, 1999.

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Stieg, R.L. "Medical/Legal Evaluations" Pain Medicine and Management: Just the Facts. Staats, P. and Wallace, M (eds). McGraw-Hill. Pub. Div. Philadelphia, 2003, pp 368-371, 2005.

Stieg, R.L. "Disability and Impairment in the Patient with Pain". Neurosurgical Pain Management. Follett, KA (ed) Saunders. Philadelphia, pp 262-264, 2004.

Stieg, R.L. "Transcending Your Pain." Series of papers for patients in pain. National Pain Foundation ([www.nationalpainfoundation.org](http://www.nationalpainfoundation.org)), 2003-2010.

Stieg, R.L. Harden, N. & Wilson, P. "Complex Regional Pain Syndrome" ([www.nationalpainfoundation.org](http://www.nationalpainfoundation.org)), 2003 revised July 2006.

Webster, L.R., Stieg R.L., et. al. "An analysis of the root causes for opioid-related overdose deaths in the United States" Pain Medicine, 12 (2) s26-35, 2011

Dyer, A.R. & Stieg, R.L. "Pain and Spirituality" Comprehensive Treatment of Chronic Pain by Medical, Interventional and Integrative Approaches. Deer, T.R. et al (eds). Springer. New York, pp.927-934, 2013.