

# Cassandra Lynn Hall Valdivia RN, BSN, LNC, CNLCP

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## *Life Care Planner, Legal Nurse Consultant*

### EDUCATION

Kelynco – Setting the Standards in Nurse Life Care Planning - 2008

Kaplan University – Legal Nurse Consultant Distance Education Program - 2001

Lynchburg College- Lynchburg, Virginia - Bachelors of Science in Nursing – May 10, 1997

### PROFESSIONAL EXPERIENCE

- **2005-Present Songer, Valdivia and Associates Legal Nurse Consultants:** Owner/Lead Consultant; Development of Life Care Plans for Plaintiff and defense with defense of plans in deposition and court; Review and analysis of medical records for medical-legal cases, RN Testifying Expert, Coordination of Case Management Services within the Central Valley California area.
- **Jan 2008- Pres. Community Medical Centers – Emergency Department:** Quality data collection aggregation, analysis, Joint Commission Preparation, Coordination of direct patient care for assigned patients within the department, communication with physicians and residents regarding patient status, and education of patients for discharge from the emergency department and admission to the hospital. Levels of care from Medical Surgical to Critical Care ICU.
- **2005-Jan 2008 Community Medical Centers – Peer Review:** Chart review and Summarization, report design, data collection, and analysis, working directly with medical staff on privileging criteria, conversion of privileging criteria into ICD-9 and CPT codes for reporting purposes.
- **2003-2004 Community Medical Centers – Quality Management:** Maintenance of JCAHO Core Measure Data, reporting to Directors, clinical staff, and Medical Directors. Education of clinical and Medical staff on care initiatives within the hospital system including design, and creation of poster presentations, Power Point presentations, and one on one conversations with MD. Working with clinical staff on improving clinical care, including research of problems identified, data collection, analysis, reporting, including the collection of time-motion studies for Six Sigma analysis. Analysis of contracts and payment. Preparation and analysis of clinical data for insurance companies. Crisis support of Case Management department.
- **2000-2003 Community Medical Centers – Case Management:** Clinical review of all Patients on telemetry for medical necessity, discharge needs, and placement into nursing homes, home health and acute rehabilitation. Providing clinical information to insurance companies regarding medical necessity and discharge needs. Coordination of care of patients with MDs. Patient population included: Post-operative Open Heart; Chest Pain; Acute Myocardial Infarction; Medical Telemetry; Heart disturbances: Bradycardia, SVT, etc.; New pacemakers; Interventional cardiology; ICU step down.
- **1999-2000 Community Medical Centers – Intensive Care Unit:** Staff nurse. Clinical care of critically ill patients.

- **1997-1999**      **Bryan Memorial Hospital (BryanLGH) – Progressive Care Unit:**  
Staff nurse. Care of critically ill patients, including patients requiring support on Ventricular Assist Devices, and Biventricular Assist Devices awaiting heart transplant. Other populations cared for: s/p Open Heart including recovery of Off pump cases; Acute Myocardial Infarction; Interventional Cardiology; Pacemakers; Heart Rhythm disturbances: SVT, Bradycardia, etc.; pre-transplant patients requiring vasoactive drip maintenance.

### PUBLICATIONS

- **2008**      **American Association of Legal Nurse Consultants – Contributing Author: Legal Nurse Consulting Principles and Practice, 3<sup>rd</sup> Edition:**  
Report Writing.
- **2008**      **Elsevier/Mosby – Peer Reviewer:** Joint Commission/OSHA Compliant Electronic Courses: Ergonomics in the workstation; End of life Care; Decreasing Risk of Inpatient Suicide; Preventing Patient Falls; Nutritional Care; Joint Commission Tracer Methodology; Influenza Vaccination Program; Guidelines for Isolation Precautions; Admission Assessment; Abuse and Neglect.
- **2007**      **Elsevier/Mosby – Peer Reviewer:** Joint Commission/OSHA Compliant electronic courses: Emergency Management Plan; Hazard Communication; Incident Reports; Latex Allergies; Nutritional Care; Patient Confidentiality; PI Process Paths and Clinical Pathways; Radiation Safety; Admission Assessment; Blood Transfusion; Fire Safety; and Speak-Up Patient Involvement.
- **2007**      **McGraw/Hill - Contributing Author: Hurst Reviews: NCLEX-RN Review:**  
Physiological Integrity, Basic Care and Comfort: Alternative and Complementary Therapy; Assistive Devices; Elimination; Mobility/Immobility; Non-Pharmacological Comfort Interventions; Nutrition and Oral Hydration; Palliative/Comfort Care; Personal Hygiene; and Rest and Sleep.
- **2007**      **McGraw/Hill – Contributing Author: Hurst Reviews: NCLEX-PN Review:**  
Physiological Integrity, Basic Care and Comfort: Alternative and Complementary Therapy; Assistive Devices; Elimination; Mobility/Immobility; Non-Pharmacological Comfort Interventions; Nutrition and Oral Hydration; Palliative/Comfort Care; Personal Hygiene; and Rest and Sleep.

### LICENSURES AND CERTIFICATIONS

- Registered Nurse – California Board of Registered Nursing – 1999 - Present
- Certified Nurse Life Care Planner – 10/31/08-Present
- Basic Life Support (CPR) – 12/3/07 - Present
- Advance Cardiac Life Support (ACLS) – 6/28/08 - Present
- Neonatal Resuscitation Program (NRP) – 7/7/08 – Present
- Pediatric Advance Life Support (PALS) – 7/31/08-Present

### PROFESSIONAL DEVELOPMENT

- American Association of Life Care Planners – 2008-Present
- American Association of Legal Nurse Consultants – 2005-Present
- Xi Upsilon Chapter Sigma Theta Tau – 1999-Present
- Central Valley Chapter AACN – 1999-Present
- American Association of Critical Care Nurses – 1997-Present
- Sigma Theta Tau – 1996-Present