

# Linnda Durré, Ph.D.

## Curriculum Vitae

### OCCUPATIONS

Licensed Mental Health Counselor, Private Practice, State of Florida, April 2000 to Present, License #MH6058  
Licensed Marriage, Family and Child Counselor, Private Practice, State of California, July 21, 1978, License #M12566 (Must Renew)  
Former Adjunct Professor, Psychology Department, Stetson University, Deland, FL & Rollins College, Winter Park, FL  
Certified Clinical Intern Supervisor, DOH Provider #50-2109, State of Florida  
Supervisor of a Registered Psychological Assistant – Private Practice  
Intern Supervisor – Undergraduate Students  
Television and Radio Talk Show Host and Co-Producer/Producer  
Media Guest and Commentator  
Consultant to Attorneys, Judges, Lawmakers, and State Legislatures  
Expert Witness, Qualified in Six States (FL, CA, CT, GA, WA, AR)  
Business and Corporate Consultant  
International Speaker and Keynote Speaker  
Workshop and Seminar Leader  
Motivational Speaker & Corporate Trainer  
Career Consultant & Executive Recruiter  
Sports Performance Coach and Consultant  
Published Writer and Author  
Internet, Newspaper, and Magazine Columnist

### EDUCATION

Ph.D. California School of Professional Psychology, San Diego, CA: Psychology, July 1977 (now Alliant University)  
M.A. California School of Professional Psychology, San Diego, CA: Psychology, August 1975 (now Alliant University)  
B.A. Pacific Oaks College, Pasadena, CA: Human Development, June 1970

### DOCTORAL DISSERTATION

"Sexual Relationships Between Female Clients and Male Therapists." Registered with University Microfilms.  
California School of Professional Psychology, (now Alliant University) San Diego, CA: July 1977

### DOCTORAL COMMITTEE MEMBER

"A Study of the Relationships Between Anxious Attachment, Ego Functioning, and Female Client's Vulnerability Toward Sexual Involvement With Their Male Therapists," Laurie Stone, California School of Professional Psychology, Los Angeles, CA: Aug 1980

### DOCTORAL DISSERTATION READER

"Integrating Sex Therapy and Couple Therapy in the Treatment of Hypoactive Sexual Desire Disorder: An Attachment Based Approach," Cameron Gridley, California School of Professional Psychology, San Francisco, CA: May 2006

### BOARD OF DIRECTORS

Children Mending Hearts, Toluca Lake, CA – September 2017-Present, Board of Directors and Internship Coordinator  
Florida Student Art Festival, Orlando, FL, Secretary, August 2014-August 2015  
The Bridge Foundation, Apopka, FL, June 2004-2016, Charter Member and Vice-President  
President, Franklin County Art Council, Lake Placid, NY, September-October 1993  
The Getaway Youth Center. Saranac Lake, NY, 1993-1994

### ADVISORY BOARD MEMBER

The International Society for Performance Improvement, Workplace Psychology Advisor, Ft. Lauderdale, FL: 2012-2017  
The Golden Rule Foundation, Community Advisory Board, Maitland, FL: March 2004-2007  
The Golden Rule Foundation, Quantitative Systems Method of Outcome and Design, Subcommittee Facilitator, 2005-2006  
Winter Park Tech, Medical Secretary Board, Winter Park, FL: October 2004-2006, Chairperson  
Winter Park Tech, Medical Secretary Board, Winter Park, FL: October 2003-October 2004  
Southern California Neuropsychiatric Institute. Educational Advisory Board, La Jolla, CA: July 1985-July 1987

P.O. Box 1093  
Winter Park, FL 32790

[Linnda.Durre@gmail.com](mailto:Linnda.Durre@gmail.com)  
[www.SurvivingTheToxicWorkplace.com](http://www.SurvivingTheToxicWorkplace.com)  
FL LMHC #MH6058

Cell 321-948-0164  
Cell 818-271-0204

**SEMINARS, WORKSHOPS, LECTURES, STUDY, AND ASSOCIATION WITH OUTSTANDING PSYCHOTHERAPISTS, PSYCHOLOGISTS, PSYCHIATRISTS, PHYSICIANS, AND PROFESSORS**

Leonard Goodstein, Ph.D. – Psychologist, Former CEO of the American Psychological Association – Reviews of my two books – *Great Relationships™ Manual: A Guide to Share Yourself With Your Partner* (We Publish Books, 2005), and *Surviving The Toxic Workplace - Protect Yourself Against the Co-Workers, Bosses, and Work Environments That Poison Your Day*, (McGraw Hill, January 2010) as well as a book blurb on cover.

Recommendation letters for my being a TV and radio talk show host and advice commentator; as well as a testimonial blurb on the back cover of my book, *Surviving The Toxic Workplace – Protect Yourself Against the Co-Workers, Bosses, and Work Environments That Poison Your Day*, (McGraw Hill, January 2010). Professional and personal friendship with Dr. Leonard Goodstein and his wife, Jeanette Goodstein, Ph.D., for 30+ years.

Carl R. Rogers, Ph.D. – Attendance at Psychotherapy Seminar at C.S.P.P. (now Alliant University), San Diego, CA with Dr. Carl R. Rogers as guest speaker.

For several years, I led many seminars and workshops on Assertiveness Training, Stress Management, Time Management, and Consciousness Raising at Dr. Carl Rogers’ Center for the Studies of the Person, La Jolla, CA

Theodore Blau, Ph.D. – Former president of the APA – American Psychological Association; “The Psychologist as Expert Witness”, Continuing Education Seminar, San Diego, CA

Albert Ellis, Ph.D. – Psychologist, Author, Founder of RET; I interviewed Dr. Ellis at his office in New York City for my 400 page doctoral dissertation, “Sexual Relationships Between Female Clients and Male Therapists,” © 1977 University Microfilms.

Scott Peck, M.D. – Psychiatrist and author of best-selling books, “The Road Less Traveled” and “People of the Lie” - Lecture

Miriam Polster, Ph.D. – Personality Development in Literature, Independent Study, Semester Long, C.S.P.P., (now Alliant University), San Diego, CA

Louis Gluck, M.D. – Expert on Neonatology, C.S.P.P. (now Alliant University) Internship, University Hospital, Neonatology ICU, University of California, San Diego, CA

Charlotte White, Ph.D. – Supervisor, University Hospital, Neonatology ICU, Follow up Developmental Testing of At Risk Neonates; University of California, San Diego, CA

Leo Kurlander, M.D. – Psychiatrist and Supervisor for Field Placement at University Hospital, Neonatology ICU, University of California, San Diego, CA

James Simkin, Ph.D. – Gestalt Psychologist, Weekend Workshop Sponsored by CSPP San Diego, now Alliant University; at his home in Big Sur, CA

Elizabeth Kubler Ross, M.D. – Psychiatrist, Author of *On Death and Dying* - Seminar on Death and Dying, San Diego, CA

Harold Bessell, Ph.D. – Psychological Assistant, Pre-Doctoral and Post-Doctoral Licensing Hours, 1975-1978, Author of *The Parent Book*, La Jolla, CA

Robert D. Hess, Ph.D. – Professor of Education at Stanford University - Research Assistant, National Evaluation of Head Start with and for the Department of Education, Washington, D.C.; I also wrote the chapter introductions for his textbook published by Houghton Mifflin, *Teaching Young Children*, Stanford University, Stanford, CA, Summer 1969

Eric Berne, Ph.D. – “Games People Play” Workshop, Pacific Oaks College, Pasadena, CA, 1969

Marilou Conner, M.A. – Professor and Mentor at Pacific Oaks College, Pasadena CA, 1968-2005

Leib Lehmann, Ph.D., Psychologist, Los Angeles, CA, 1997-Present

**SEMINARS, WORKSHOPS, LECTURES, STUDY, AND ASSOCIATION WITH OUTSTANDING PSYCHOTHERAPISTS, PSYCHOLOGISTS, PSYCHIATRISTS, PHYSICIANS, AND PROFESSORS (con't.)**

George Dillinger, M.D. – Psychiatrist, Board Certified in Psychiatry and Neurology, Yale Medical School, Menninger Clinic, Faculty Member at C.S.P.P. (now Alliant University) and in Private Practice. Took all classes at C.S.P.P. that he taught. After my Ph.D. graduation, I took his private classes, workshops and seminars.

Marianne Wolman, M.A. – Professor and Mentor at Pacific Oaks College, Pasadena, CA, 1968-1994  
First grade pupil of Anna Freud in Vienna, Austria. Escaped the Nazis, written about in *Crossing Over*, by Ruth Wolman

Stanley Coopersmith, Ph.D. – Lecture at Pacific Oaks College, “Self-Esteem,” Pasadena, CA

Lois Murphy, Ph.D. – Psychologist, Author, Researcher; Lecture at Pacific Oaks College, Pasadena, CA

Mardy Grothe, Ph.D. – Psychologist, Marriage Counselor, Management Consultant, Author of nine (9) books, including *Problem Bosses*, *Problem Employees*, *Can this Partnership Be Saved*; and other management and business books.  
I was one of two editors for one of his books, *Ifferisms - Quotation Lover's Guide to Things You Should Never Do, Never Say, or Never Forget*, Harper Collins, 2011; I was also quoted on page 253 of his book.

Michael Cipollaro, MBA – Faculty member at and founder of the Center for Entrepreneurship at the Crummer Graduate School of Business at Rollins College, Winter Park, FL for nine years; formerly with Gerber, McCormick, and other Fortune 500 companies.

***SURVIVING THE TOXIC WORKPLACE:***  
***Protect Yourself Against the Co-Workers, Bosses, and Work Environments That Poison Your Day,***  
 By Linnda Durré, Ph.D.

Published by McGraw Hill, January 26, 2010 – 256 pages

Combined eight (8) Five Star Reviews on Amazon and Barnes and Noble's Websites - [www.amazon.com](http://www.amazon.com) and [www.bn.com](http://www.bn.com)

Amazon List: #16 out of 25 - "Books to Learn the Rules of the Workplace" - [http://www.amazon.com/Learn-Rules-Workplace/lm/R3K1CX5YJSD0GQ/ref=cm\\_lmt\\_srch\\_f\\_2\\_rsrtrs0](http://www.amazon.com/Learn-Rules-Workplace/lm/R3K1CX5YJSD0GQ/ref=cm_lmt_srch_f_2_rsrtrs0)

Amazon List: #6 out of 8 - "Books to Humanize the Workplace" - [http://www.amazon.com/Humanize-The-Workplace/lm/R2GET6UC4IWIX9/ref=cm\\_srch\\_res\\_rpli\\_alt\\_1](http://www.amazon.com/Humanize-The-Workplace/lm/R2GET6UC4IWIX9/ref=cm_srch_res_rpli_alt_1)

Foreign Edition Published in South Korea, Published by Boogie Books, 2010, KCC-Korea Copyright Center, Inc., Seoul, South Korea

Foreign Edition Published in The Czech Republic, Prah Publishers, 2012, Translated by Svatoslav Gosman

Interviews newspapers and/or magazines, online and/or hard copy include: Forbes, Wall Street Journal, Investors' Business Daily, Inc. Magazine, Business Week, Job Week, Entrepreneur Magazine, USA Today, Sydney (Australia) Herald, Pasadena Star News, New Jersey Star Ledger, AOL, Monster, Yahoo, Toronto Globe and Mail, LA Times, Law Office Administrator, Medical Office Manager, Toronto Sun, Orlando Magazine, and many others

Video interviews on website from my appearances on Canada AM, Daytime (nationally syndicated), Fox 35 Orlando, Fox 5 San Diego, Speech at Tulsa Chapter of Oklahoma Ethics Consortium;

Selected as a Pledge Special for Public Television, by WMHT, PBS Affiliate, Albany, NY, To Be Arranged

Business columnist online and/or hard copy who has written for: Forbes, AOL, Monster, Yahoo, Management Issues, Orlando Business Journal, American Cities Business Journals, Orlando Leisure Magazine, eBossWatch, and others

PowerPoint and Lectures with Book Signings at:

Rollins College, MBA Program, Crummer Graduate School of Business, Leaders on Leadership Seminar, Winter Park, FL:

Keynote Speaker, November 18, 2010

Barnes and Noble

Colonial Store, Orlando, FL

Ft. Lauderdale, FL

Miami, FL

Tampa, FL

Stamford, CT

Borders

Winter Park, FL

Miami, FL

Greenwich Chamber of Commerce, Greenwich, CT

Winter Park Public Library, Winter Park, FL

Glendale Public Library, Glendale, CA

Palm Desert Public Library, Palm Desert, CA

Sherman Oaks Public Library, Sherman Oaks, CA

**LICENSES, AWARDS, CERTIFICATES, AND CONTINUING EDUCATION - PAST AND/OR PRESENT  
(TO BE UPDATED)**

January 14, 2016	Sharing Success Stories in Counseling – Bert Bertram, Ph.D., CFAMFT, First United Methodist Church, Winter Park, FL
November 20, 2015	Reigniting Passion & Love – Brenda Faiber, MS, MHCCF, All Saints Episcopal Church, Winter Park, FL
November 05, 2015	Legal and Ethical Practices – Alicia Homrich, Ph.D., CFAMFT, First United Methodist Church, Winter Park, FL
October 16, 2015	Building Brain Capacity: The Joy Bucket – Dawn Whitestone, LMHC, MHCCF, All Saints Episcopal Church, Winter Park, FL
September 03, 2015	Brain Chemistry of Addiction – William Leach, M.D., CFAMFT, First United Methodist Church, Winter Park, FL
August 21, 2015	Fright, Flight, Freeze, and Chronic Pain, Laura Rampil, D.O., MHCCF, All Saints Episcopal Church, Winter Park, FL
August 06, 2015	Spirituality in Counseling – CFMFTA, First United Methodist Church Winter Park, FL
July 17, 2015	Psychopharmacology & New Drugs – Patricia Ann W. Brown, Ph.D., ARNP, CFAMFT, Winter Park, FL
May 15, 2015	The Law of Attraction – Ruth Stern, M.A. – MHCCF, All Saints Episcopal Church, Winter Park, FL
March 28, 2015	Unusual Paraphilias – Online Course, PD Resources
March 20, 2015	Emotional Therapy – Georgia Howar-Faire – All Saints Episcopal Church, Winter Park, FL
March 16, 2015	Florida Mental Health Rules and Laws – Online Course, PD Resources
March 06, 2015	Inside the Manipulators’ Mind – Dr. Alan Godwin – Kirkman Holiday Inn, Orlando, FL
February 25, 2015	Autism Spectrum – Florida Hotel & Conference Center – Orlando, FL
February 21, 2015	Ethics and Boundaries – Continuing Education – Meredith Neill, Valencia College, Orlando, FL
February 21, 2015	Prevention of Medical Errors – Continuing Education – Carol Millenson, Valencia College, Orlando, FL
February 21, 2015	Domestic Violence - Continuing Education – Valencia Community College, Orlando, FL
February 06, 2015	Restoring Life After Sexual Trauma – Dr. Melissa Bradley, Universal Crowne Plaza Hotel, Orlando, FL
March 23, 2013	Ethics and Boundaries – Continuing Education, Meredith Neill, Valencia College, Orlando, FL
March 23, 2013	Prevention of Medical Errors – Continuing Education Carol Millenson, Valencia College, Orlando, FL
January 2013	Parenting Communication – Presented by Behavioral Support Services, Orlando, FL
August 2012	Alumni Profiles, Pacific Oaks College, Pasadena, CA: Cover Photo Montage and Article
Feb 9-11, 2012	Family Mediation Training – Completed, USF, Continuing Education, Gregory Firestone, Ph.D.
Feb 16-18, 2012	Family Mediation Training – Completed, USF, Continuing Education, Gregory Firestone, Ph.D.
March 18, 2011	Ten Best-Ever Anxiety Reducing Techniques – Margaret Wehrenberg, Psy.D. - Online
February 12 2011	Domestic Violence - Continuing Education – Valencia Community College, Orlando, FL
February 12, 2011	Prevention of Medical Errors – Continuing Education – Valencia Community College, Orlando, FL
February 12, 2011	Boundaries and Ethical Issues in Psychotherapy - Continuing Education, VCC, Orlando, FL
December 9, 2010	Bi-Polar Disorder – Continuing Education – Jay Carter, Psy. D., Orlando, FL
June 04 & 05, 2010	Emotional Release Therapy, Altamonte Springs, FL (16 credits of CEUS) with Ruth Stern
Feb 27 & 28, 2009	Certified Clinical Intern Supervisor – DOH Provider #50-2109 – Continuing Education – Alicia Homrich, Meredith Neill, Roberta Marowitz, and Ruth Edwards, VCC, Winter Park, FL
February 21, 2009	Domestic Violence - Continuing Education – VCC, Winter Park, FL
February 21, 2009	Boundaries and Ethical Issues in Psychotherapy – Continuing Education, VCC, Winter Park, FL
February 21, 2009	Prevention of Medical Errors – Continuing Education - Orlando, FL – VCC, Winter Park, FL
September 25, 2008	Motivational Interviewing – Continuing Education – David Kiehl, Ph.D. – Orlando, Florida
May 23, 2008	Anger Control for Children, Teens and Adults - Continuing Education – Isadore Kalmen, Ph.D.
May 9, 2008	A.D.H.D.: Treatment, Meds & Holistic Alternatives - Continuing Education - Jim West, Ph.D., Orlando, FL
March 17, 2007	Rules and Laws Re: Psychotherapy – VCC, Continuing Education, Alicia Homrich, Ph.D., Orlando, FL
March 3, 2007	Therapist as Coach: Jungian Depth Coaching – VCC, Continuing Education - Carol Millenson, Orlando, FL
November 17, 2006	Domestic Violence – Continuing Education - Orlando, FL
November 17, 2006	Ethical Issues in Psychotherapy & Preventing Medical Errors, Continuing Education, Orlando, FL
November 1, 2006	Memory, Aging and Sleep – Continuing Education – Michelle Albers, Ph.D., RD, Orlando, FL
August 11, 2006	Bi-Polar Disorder – Continuing Education – Jay Carter, Psy. D., Orlando, FL
March 19, 2005	Sexual Behavior and Values – Continuing Education – Philip Toal, Ed.D., LMHC, Orlando, FL
March 18, 2005	Anger and Violence – Continuing Education – Janet LeBlanc, LMHC, Orlando, FL
March 18, 2005	Anger Management: Behavioral Practicum – Continuing Education - Janet LeBlanc, LMHC, Orlando, FL
March 12, 2005	Domestic Violence – Continuing Education - Kathy Booker, LMHC, Orlando, FL
March 12, 2005	Reporting of Medical Errors – Continuing Education - Carol Millenson, Orlando, FL
August 9, 2004	Anger, Aggression and Violence – Continuing Education - Jeffrey Baker, Ph.D., Orlando, FL
June 17, 2004	The Over-Indulged Child - Continuing Education – Kathleen Kralick, Ph.D., Orlando, FL

**LICENSES, AWARDS, CERTIFICATES, AND CONTINUING EDUCATION - PAST AND/OR PRESENT  
(continued)**

November 21, 2003	Playwrighting Master Class with Edward Albee, Rollins College, Winter Park, FL
August 15, 2003	The Unattached Child – Continuing Education – Larry Shyers, Ph.D., Orlando, FL
August 15, 2003	Psychopharmacology for MHP – Continuing Education – Patricia Economidis, M.S., ARNP-BC
March 21, 2003	Domestic Violence – Continuing Education – Larry Shyers, Ph.D.
March 21, 2003	Reporting of Medical Errors – Continuing Education – Larry Shyers, Ph.D.
November 15, 2002	Spirituality in Psychotherapy - Continuing Education – Christine Rosenthal, M.A., LMHC
October 25, 2002	Working with Clients After the Affair - Continuing Education - Regina Proskine, LMFT
August 13, 2002	Women's Health Update – Continuing Education - Michelle Albers, Ph.D., R.D.
May 11, 2002	Borderline Personality Disorder – Continuing Education - Larry Shyers, Ph.D.
April 27, 2000	Licensed Mental Health Counselor, State of Florida (#MH6058)
May 2000	Domestic Violence Course, Continuing Education
May 31, 1996	Emerging Business Award Nomination, Bellevue Chamber of Commerce, Bellevue, WA
February 1996	Outstanding Instructor, Discover University, Seattle, WA
July 1994	Certified Marriage and Family Therapist, State of Washington (#852)
July 1994	Certified Mental Health Counselor, State of Washington (#2619)
June 1994	AIDS Course for Continuing Education
1993	Elementary Teaching Certificate, K6, State of New York
1989	Child Abuse: Detection, Treatment, and Reporting Course, Continuing Education
February 1987	National Board of Certified Counselors
Fall 1978	“60 Minutes” Segment: “50 Minutes,” Award for Best Contribution to the Field of Psychology by the APA - American Psychological Association - at their Annual Convention, Toronto, Canada
July 1978	Licensed Marriage, Family and Child Counselor, State of California (#M12566) – Needs Renewal
July 1975-Feb 1983	Registered Psychological Assistant, State of California
Feb 1981-Feb 1983	Gay Parnell, Ph.D., Psychologist (Post-Doctoral Hours)
July 1975- Jan 1979	Harold Bessell, Ph.D., Psychologist (Pre-Doctoral and Post-Doctoral Hours)
May-October 1979	Gay Parnell, Ph.D., Psychologist (Post-Doctoral Hours)
1978	The Psychologist as Expert Witness - Theodore Blau, Ph.D., Continuing Education
1976-1977	California School of Professional Psychology (now Alliant University) Scholarship and Work-Study Program, Library Assistant Teaching Assistant, Advanced Psychological Assessment and Psychodiagnostics
1973	California School of Professional Psychology, Scholarship (now Alliant University)
1973-1977	National Direct Student Loan (NDSL) and Federally Insured Student Loan (FISL)
1974-1975	California School of Professional Psychology (now Alliant University) Scholarship Work-Study Program Student Assistant for the Growth Series Teaching Assistant, Developmental Psychology
1973-1975	Standard Teaching Certificate, Elementary 101, K-9, State of California
1972-1973	Outstanding Volunteer Contribution, New Jersey State Diagnostic Center, Menlo Park, NJ
1972	Elementary Teaching Certificate, K-6, State of New Jersey
1969-1970	Pacific Oaks College, Research Fellowship
1969, 1973, 1975	Children’s Center Teaching and Supervision Certificate, State of California
1969	Pacific Oaks College, Teaching Fellowship
1968-1970	Pacific Oaks College, Work-Study Program
1966-1968	Ohio State University, School of Education, Bland L. Stradley Scholarship
1966-1970	New Jersey State Scholarship
1965	Girls State Representative, Metuchen High School, Metuchen, NJ at Rutgers University, NJ Appointed Director of Motor Vehicles in Mock Government at Girls State New Jersey, 1965
1965	National Honor Society, Inductee, Junior Year, Metuchen High School, Metuchen, NJ, 1965

**LISTINGS AND MEMBERSHIPS, PAST AND PRESENT**

Mensa International, 1979  
 American Psychological Association  
 California Psychological Association  
 American Association of Marriage and Family Therapists  
 California Association of Marriage and Family Therapists  
 National Board for Certified Counselors, 1987  
 Outstanding Young Women of America, 1979  
 The Dictionary of International Biography, 1976 and 1980  
 The International Authors and Writers Who's Who  
 Who's Who in the West, 1979 and 1980  
 Who's Who in California, 1981  
 Who's Who Among San Diego Women  
 The World's Who's Who of Intellectuals  
 The World's Who's Who of Women  
 The World's Who's Who of Human Services Professionals, 1987  
 Who's Who of Young American Professionals, 1988  
 Who's Who of La Jolla, 1988  
 Writers Guild of America, West, 1970  
 Women's Committee, Writers Guild of America, 1991  
 National Organization for Women  
 Film Society, Writers Guild of America  
 American Society of Composers, Authors, and Publishers (ASCAP)  
 American Federation of Television and Radio Artists (AFTRA)  
 Business and Professional Women's Club, Lake Placid, NY  
 Bellevue Chamber of Commerce, Bellevue, WA, 1996  
 Winter Park Chamber of Commerce, Winter Park, FL, 2000-2005  
 Florida Motion Picture and Television Association, Orlando Chapter, Orlando, FL  
 United Film and Television Artists, Orlando, FL – Charter Member 2004-2007  
 MHCCF - Mental Health Counselors of Central Florida - 2015-Present  
 CFAMFT – Central Florida Association of Marriage and Family Therapists - 2015-Present

**VOLUNTEER WORK**

Children Mending Hearts – Toluca Lake, CA, 2017-Present  
 The Golden Rule Foundation – Member – 2004 –Present  
 The Golden Rule Foundation, Community Advisory Council Member, Maitland, FL: January 2005-Present  
 The Golden Rule Foundation, Community Advisory Council, Facilitator, Maitland, FL: January 2005-2007  
 The Golden Rule Foundation, Community Advisory Council, Maitland, FL: March 2004-Present  
 The Bridge Foundation, Vice President of the Board of Directors, Co-Founder and Charter Member, Apopka, FL  
 Winter Park Public Library, Winter Park, FL: Seminar Series, Fall 2000-2004  
 University High School, Orlando, FL: Mentor Program  
 Harbor House, Orange County Center Against Domestic Violence, Orlando, FL: Speaker's Bureau, July 2000-2007  
 Julian Street Inn, San Jose, CA: July 1999, Food Server at Homeless Shelter  
 Odyssey Theater, Los Angeles, CA: March 1999, Usher, Clerical Support, and Phone Contacts  
 Horses in the Hood, Los Angeles, CA: Consultant, November 1997, Director and Founder, Kathy Kusner  
 WMFE Radio and Television Pledge Drives, PBS and NPR Station, Orlando, FL: 1996-2005  
 Women in Communications, Seattle, WA: Matrix Convention, Speaker Chairperson  
 Women's Business Exchange, Seattle, WA: Table Leaders Committee, Assistant to the Chairperson  
 Women's Business Owners, Seattle, WA: Speakers Committee, Member; Hospitality Committee, Chairperson  
 Bellevue High School, Bellevue, WA: Mentor Program  
 Lake Placid High School, Lake Placid, NY: Mentor Program, Coordinator, Dean Dietrich  
 PBS Series, "Healing and the Mind with Bill Moyers," Adirondack Medical Center, Saranac Lake, NY: Group Leader, February 1993  
 The Getaway Youth Center, Saranac Lake, NY: Group Facilitator  
 Lake Placid Public Library, Lake Placid, NY and Saranac Lake Free Library: Children's Weekly Story Hour, Reader  
 WCFE Pledge Drive, PBS Station, Plattsburgh, NY: December 1992, January 1993, March 1993  
 Women's Committee, Writers Guild of America, West, Los Angeles, CA: June 1991-September 1992  
     Women's Filmmakers' Program, Publicity Sub-Committee, Member; Fund-Raising Sub-Committee, Member  
     SAG/WGA Direct Access Program, Hospitality Sub-Committee, Co-Chairwoman  
 KCET Pledge Drive, PBS Station, Los Angeles, CA: August 1992, March 1992  
 Cocaine Hot Line, San Diego, CA: Coordinator and Volunteer May 1986-September 1986  
 Love and Sex Addiction Hot Line, San Diego, CA: Coordinator and Volunteer May 1986-September 1986  
 The Difference-Makers, San Diego, CA: Consultant, 1985-1986, Director, Helice Bridges  
 Strong on Self-Defense, San Diego, CA: Consultant, Fall 1986, Director, Sandy Strong  
 La Jolla High School, La Jolla, CA: Mentor Program, School Years 1984-1985 & 1983-1984, Coordinator, Peggy Harmon  
 Werner Erhard and Associates, San Diego Area Center, San Diego, CA: On-Call Therapist for Trainings and Six Day Training, 1980-1989  
 New Jersey State Diagnostic Center, Menlo Park, NJ: Award for Outstanding Volunteer Contribution, 1972-1973  
 John F. Kennedy Hospital, Edison, NJ: Bookmobile Worker, 1971  
 Foothill Free Clinic, Pasadena, CA: Receptionist, 1970  
 Unitarian Church, Columbus, OH: Big Sister Program, 1966-1967



**PUBLICATIONS, BOOKS, NEWSPAPER, INTERNET, MAGAZINE, E-ZINE, AND ON LINE COLUMNS  
(TO BE UPDATED)**

eBossWatch.com, Column, “Difficult Bosses –Column #41 – “Edna the Envious,” June 04, 2015  
<http://blog.ebosswatch.com/2014/03/coping-with-a-toxic-boss-edna-the-envious/>

eBossWatch.com, Column, “Difficult Bosses –Column #40 – “Delia the Delicate Flower,” October 07, 2014  
<http://blog.ebosswatch.com/2014/03/coping-with-a-toxic-boss-delia-the-delicate-flower/>

eBossWatch.com, Column, “Difficult Bosses – Column #39 – “Aggie the Agreeer,” June 17, 2014  
<http://blog.ebosswatch.com/2014/06/coping-with-a-toxic-boss-aggie-the-agreer/>

eBossWatch.com, Column, “Difficult Bosses – Column #38 – “Virgil the Virtual Boss,” March 10, 2014  
<http://blog.ebosswatch.com/2014/03/coping-with-a-toxic-boss-virgil-the-virtual-boss/>

eBossWatch.com, Column, “Difficult Bosses – Column #37 – “Snyder the Sniper,” November 27, 2013  
<http://blog.ebosswatch.com/2013/11/coping-with-a-toxic-boss-snyder-the-sniper/>

Management Issues, “When Should You Quit a Toxic Company? September 05, 2013  
<http://www.management-issues.com/opinion/6748/when-should-you-quit-a-toxic-company/>

Management Issues, “How to Survive a Toxic Company”, July 22, 2013  
<http://www.management-issues.com/opinion/6712/how-to-survive-a-toxic-workplace/>

eBossWatch.com, Column, “Difficult Bosses – Column #36 – “Orin the Orator,” June 21, 2013  
<http://blog.ebosswatch.com/2013/06/coping-with-a-toxic-boss-orin-the-orator/>

eBossWatch.com, Column, “Difficult Bosses – Column #35 – “Denny the Distorter,” May 30, 2013  
<http://blog.ebosswatch.com/2013/05/coping-with-a-toxic-boss-denny-the-distorter/>

*Surviving the Toxic Workplace: Protect Yourself Against the Co-Workers, Bosses, and Work Environments That Poison Your Day,*  
Business and Communication Self-Help Book, Prah Publishers, Czech Republic, Publication Date: April 2012,  
<http://www.survivingthetoxicworkplace.com/>

eBossWatch.com, Column, “Difficult Bosses – Column #34 – “Robert the Rule Monger,” March 28, 2013  
<http://blog.ebosswatch.com/2011/11/coping-with-a-toxic-boss-Robert-the- Rule Monger/>

eBossWatch.com, Column, “Difficult Bosses – Column #33 – “Christine the Cruel,” April 22, 2012  
<http://blog.eBossWatch.com /2011/11/coping-with-a-toxic-boss-christine-the-cruel/>

eBossWatch.com, Column, “Difficult Bosses – Column #32 – “Hy the Hider,” November 18, 2011  
<http://blog.eBossWatch.com /2011/11/coping-with-a-toxic-boss-hy-the-hider/>

eBossWatch.com, Column, “Difficult Bosses – Column #31 – “Eric the Erratic One,” October 21, 2011  
<http://blog.eBossWatch.com /2011/10/coping-with-a-toxic-boss-eric-the-erratic-one/>

eBossWatch.com, Column, “Difficult Bosses – Column #30 – “Winnie the Whiner,” October 04, 2011  
<http://blog.eBossWatch.com /2011/10/coping-with-a-toxic-boss-winnie-the-whiner/>

eBossWatch.com, Column, “Difficult Bosses – Column #29 – “Blaine the Blamer,” September 14, 2011  
<http://blog.eBossWatch.com /2011/09/coping-with-a-toxic-boss-blaine-the-blamer/>

eBossWatch.com, Column, “Difficult Bosses – Column #28 – “Sandy the Snob,”  
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Incest - Part 1: It Crosses All Social Barriers	April 26, 1993
Envy, Gossip, and Rumors	April 12, 1993
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Letter from a Reader: "I Had a Child from an Affair"	January 18, 1993
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## WORK EXPERIENCE

### **PSYCHOTHERAPIST, PRIVATE PRACTICE – IN CALIFORNIA, STATE OF WASHINGTON, & FLORIDA**

July 21, 1978-Present Individual psychotherapy with adults, adolescents and children; marriage, relationship, and couple counseling; family counseling; play therapy with children and adolescents; art therapy with adults, adolescents, and children; group counseling with adults, adolescents, and children; supervision of psychological assistant; undergraduate intern supervision. Court reports, CMEs, incapacity, etc.

Dealing with: cognitive, emotional, physical, and behavioral changes; childhood and life trauma, life transitions, anxiety, depression, phobias, addictive behavior, drug and alcohol abuse and addiction, recovery, co-dependence, children of alcoholics, adult children of alcoholics, children and families on Medicaid; dysfunctional and abusive parents and families; career counseling and career changes, separation and divorce, women's issues, anger management, assertiveness training, consciousness raising, men's issues; dream interpretation, loss, grief, and mourning; death and dying, journal writing, interpersonal communication skills, stress management, decision making, guided imagery and creative visualization, health and well-being, weight gain and loss, eating disorders, sexuality, gay issues, gender dysfunction, sex discrimination, sexual abuse, sexual harassment, rape, incest; child neglect, abuse and molestation; childhood sexual abuse, family dynamics, child rearing, school adjustment, parent education, domestic violence, self-confidence, self-concept, self-esteem, and self-image; values, ethics, morals, and spirituality issues.

### **BUSINESS AND CORPORATE CONSULTATION, TRAINING, SEMINARS, AND/OR SPEECHES**

July 1977-Present Consultation with Fortune 500 companies, corporations, businesses, government agencies, organizations, offices, non-profit organizations, professional and trade associations, groups, and clubs, dealing with customer service training, productivity levels, motivation, job satisfaction, absenteeism, time efficiency, sexual harassment, sex discrimination, diversity training, stress management, fund raising, income production, corporate expansion, product viability, conflict resolution, high turnover rates, task efficiency, office morale, personality conflicts, turf wars, interpersonal communication skills, personnel problems, employee benefits, decision making, creative problem solving, policy and procedures, child care, through team building, task forces, large and small group training and counseling, education seminars, individual counseling and study groups, with members of the boards of directors, advisory boards, presidents, executives, founders, owners, upper and middle management, advisors, administrative staff, and employees.

### **PROFESSIONAL CONSULTATION**

July 1977-Present Consultation for and with individual clients in corporations, businesses, companies, organizations, offices, non-profit organizations, educational systems, legal, law enforcement, and correctional systems, medical and hospital settings on interpersonal communication, achievement, success, motivation, dealing with difficult people, assertiveness training, stress, incapacity and productivity

July 1977-Present Consultation for and with individual clients and companies for script writing, media, acting, screenplay writing, TV and film production, writing, newspaper and magazine columns, public relations, book promotion and publicity, Internet publicity, media marketing

### **4-WAY HEALTH & FITNESS, LLC**

April 2015-  
September 2016 Senior Partner and Founding Member. A holistic and comprehensive consulting company working with individuals, companies, and corporations to provide a comprehensive and fully integrated package of health and wellness products and direct business consulting services incorporating the four elements of health and wellness: Physical, Mental, Emotional and Spiritual. Directing and assisting in all functions of the organization, including but not limited to, individual and group counseling, seminars, PowerPoint presentations, speeches, workshops, lectures, sales and marketing, business development, business structure and operations, new product development, and policies & procedures.

### **MEDIA CONSULTATION**

June 1975-Present Working with and networking for clients for media exposure, publicity and public relations for their books, films, TV series, cable movies, premieres, companies, businesses, websites, agencies, and non-profit organizations through my media contacts and press releases.

**SPORTS PERFORMANCE CONSULTATION & COACHING**

July 1978-Present Working with professional, college, and amateur athletes and weekend aspirants concerning peak performance, identifying and eliminating negative messages from parents, teachers, coaches, siblings, family, and others; positive thinking, optimum mental health, communication, visualization and manifestation techniques, self-discipline, reward strategies, meditation, relaxation, and success motivation. Working with teams on cooperation, team spirit, racial harmony, acceptance, healthy competition, inspiring each other, pressure, and having a spiritual base for life. Working with families of athletes on coping with sudden wealth and fame, handling the media, critics, fans, hangers on, stalkers, temptations, groupies; drug and alcohol abuse and addiction, stress, and co-dependence. Working with elementary, middle, and high school athletes and teams. Working with the Orlando Magic, and players in the NBA, NFL, NHL, MLB, golf, tennis, hockey, swimming, lacrosse, field hockey, soccer, and other sports.

**EXPERT WITNESS & CONSULTANT TO ATTORNEYS AND LEGAL SYSTEMS**

July 1977-Present Applying forty years of research and expertise in the area of sexual abuse in therapy by psychotherapists, psychiatrists, psychologists, social workers, counselors, ministers, priests, rabbis, and other mental health professionals. Testifying across the U.S. in a variety of civil cases.

Working with law firms, state licensing boards, state governments, state legislatures, and judicial systems across the country as consultant and as an expert witness, involving cases against psychotherapists accused of sexual abuse of their clients; working both in the prosecution of such cases, and in the formulation of proposed legislation.

Consultation to attorneys and plaintiffs, research, supplying bibliographies, giving depositions and expert witness testimony, and education of and consultation to therapists and other experts.

Other expert witness and case consultation includes divorce, relocation, child custody, disability, emotional distress, rape, sexual harassment, sex discrimination, personal injury, psychological and psychiatric malpractice. Qualified in six states as an expert witness – GA, CA, WA, AR, CT, FL

**MEDIA GUEST AND COMMENTATOR**

1975- Present Guest appearances on hundreds of international, national, regional, and local television and radio shows, and interviewee in national and local newspapers, newsletters, e-zines, websites, blogs, and magazines, discussing a variety of topics: relationships, communication, marriage counseling, sexuality, A.D.D., ADHD, post-partum depression, manic depression, anxiety, phobias, depression, visualization, goal setting, risk taking, networking, stress management, time management, health, overcoming failure, fear of success, conquering addictions, 12 Step Programs, drug and alcohol recovery, career changes, life transitions, confronting sexual harassment and discrimination, parenting, teenagers, aging, life span changes, relocation, empty nest syndrome, separation, infidelity, divorce, effects of PTSD from war, terrorism and capture; plus many other contemporary and psychological topics.

1975-Present Appearances include Oprah, 60 Minutes, The O'Reilly Factor, Good Morning America, The Today Show, Canada AM, The Home and Family Show, AM LA, Hour Magazine, The Home Show, The Daily Buzz; Canada AM, ESPN Radio, and the local and/or national news shows on NBC, ABC, CBS, PBS, NPR, Fox News and CW. Appearances on local Orlando TV and/or radio stations: Central Florida News 13, WESH, WOFL, WFTV, WKMG, WMFE, WDBO, Clear Channel, and WEUS.

May 2005-Feb 2006 Weekly psychotherapist on "The Daily Buzz" for nine months discussing contemporary issues. I wrote the weekly segments and Q & A for the hosts and myself.

**PSYCHOTHERAPIST & FAMILY COUNSELOR-BEHAVIORAL SUPPORT SYSTEMS – INDPNT. CONTRACTOR**

May 2012 –  
Spring 2013 Working as an Independent Contractor with Behavioral Support Systems of Orlando, seeing children and families through Medicaid; doing individual, sibling, parent, grandparent, and/or family counseling; consulting with their pediatricians, physicians, child psychiatrists, teachers, principals, school staff and personnel; uncompensated report writing, filling out treatment plans, Medicaid forms, CFARS, court reports, and other necessary documents; making uncompensated court appearances to fight against children being forced to return to unfit parents despite repeated warnings to the court, Guardian Ad Litem, defense and court attorneys, and judges.

**FIELD PLACEMENT AND INTERNSHIP SUPERVISOR AND/OR MENTOR**

- June 2014 – Present Independently supervising and mentoring students in film, with assignments about producing, cinematography, directing, and writing; networking him with cinematographers, producers, writers, filmmakers, and directors at Full Sail, in Los Angeles, NY, Florida, and nationally.
- September 2012-  
September 2013 Supervising a student from Full Sail University, Winter Park, FL, in film, with assignments about cinematography, directing, and writing; networking him with cinematographers, producers, filmmakers, and directors, at Full Sail, in Los Angeles, CA, NY, Florida, and nationally.
- January 2010-  
Present Mentoring a health services professional for media consultation, writing, authorship, an networking to schedule media appearances, locally, nationally and internationally; and co-writing two books together.
- January 2001-May 2013 Supervising undergraduate psychology students from University of Central Florida, overseeing their field placements hours and observation hours in infant centers, day care centers, private nursery schools, kindergarten, elementary schools, middle schools, and high schools; psychiatric hospitals, Lakeside Alternatives; at criminal and civil court cases; weekly meetings and exams.
- January 5, 2002-2010 Supervising undergraduate students from the University of Central Florida, majoring in marketing, journalism, and digital media. Projects ranged from collating press kits, creating electronic press kits, making cold calls to community agencies, business associations, clubs, and companies; lining up speeches, sending out children’s books to children’s book agents, doing Internet research, organizing and alphabetizing mailing labels, data entry, PowerPoint presentations, generating marketing ideas for sponsors, underwriters, topics, and guests for my TV and radio shows; editing & developing flyers and brochures, attendance at weekly staff meetings.
- September 2004-  
May 2009 Supervising students from Valencia Community College, with interests in media, film, marketing, computer graphics, digital media, communications, psychology, education, business, journalism, TV, radio, publicity, marketing, and public relations.
- August 2002-  
December 2005 Supervising a student from the Connecticut School of Broadcasting in Tampa, Florida, in the field of digital media with interests in media, film, TV, radio, editing, and communications, working on editing for my various media projects and doing Internet research for my various media projects.
- January 5, 2001-2006 Supervising students from Winter Park Tech. Duties include filing, organizing, collating, press kits, clerical and office skills, receptionist duties, communication skills, voice modulation and telephone manners, appearance, proper office behavior, and etiquette.
- April–May 2006 Supervising a student from Valencia Community College, with an interest in psychology, tutorial in Developmental Psychology, overseeing their field placements hours and observation hours in infant centers, day care centers, private nursery schools, kindergarten, elementary schools, junior high schools, and high schools.
- July 31, 2003-  
December 12, 2003 Supervising a senior from the University of Central Florida, majoring in psychology with an interest in film. Discussing options for his career, including private practice, working with clients in clinical settings, scriptwriting, directing, producing, casting, and studying films and character development, all from a psychological perspective.
- Fall 2002-  
Spring 2004 Supervising a senior at Rollins College, majoring in psychology at a field placement at Lakeside Alternatives, a community agency for both in patients and out patients in a clinical setting, with individual therapy, large and small group therapy, intake procedures, for drug and alcohol rehabilitation, for temporary Baker Acted clients, rehabilitation groups, special interest groups, report writing, and psychodiagnostic testing.

**TRAINING GROUPS**

- July 1978-May 1997 Group training and course work on individual, couple, family, and group counseling techniques for MFCC interns to qualify for licensure training hours.

**ADJUNCT OR ASSOCIATE OR ASSISTANT PROFESSOR OF PSYCHOLOGY**

Spring 2016	Adjunct Professor, Great Experiments in Psychology, Stetson University, Deland, FL
Fall 2013	Adjunct Professor, Play Therapy, Chicago School of Professional Psychology, Los Angeles, CA
Spring 2005	Adjunct Professor of Developmental Psychology at Seminole Community College, Lake Mary, FL
Spring 2003	Adjunct Professor of Life Span Development at Rollins College, Winter Park, FL
Fall 2002	Adjunct Professor of Life Transitions at Rollins College, Winter Park, FL
Spring 2002	Adjunct Professor of Life Transitions at Rollins College, Winter Park, FL
Fall 2001	Adjunct Professor of Life Span Development at Rollins College, Winter Park, FL
Spring 2001	Adjunct Professor of Life Span Development at Rollins College, Winter Park, FL
Fall 2000-August 2001	Assistant Professor of Psychology, Sociology, and Critical Thinking at DeVry, Orlando, FL
Summer 2000	Adjunct Professor, Life Span Development and Life Transitions, Rollins College, Winter Park, FL
January 1997	Adjunct Professor of Life Transitions at Rollins College, Winter Park, FL This is a course I designed, dealing with all psychological and aging transitions, including: childbirth, adolescence, college, leaving home, marriage, mid-life crisis, empty nest syndrome, separation, divorce, coming out gay, religious conversion, retirement, terminal illness, and death.
August 1996- December 1996	Adjunct Professor of Developmental Psychology at Valencia Community College, that included re-requisite of General Psychology, Orlando, Florida. Designed to survey theory and research on development from conception through death. Emphasized biological and social variables, which influence human behavior.

**AUTHOR, WRITER, EDITOR & NEWSPAPER, ONLINE, E-ZINE, AND MAGAZINE COLUMNIST (see Publications)**

1965-Present  
Beginning in high school as an award winning writer in classes, writing for the school's literary magazine, *The Scriblerian*; writing newspaper, magazine, web and e-zine columns and articles: *Orlando Leisure Magazine*, *Orlando Business Journal*, *Forbes*, *Management Issues*, *AOL*, *Yahoo*, *Monster*, *Medical Office Manager*, *Law Office Administrator*; novels, self-help books, poems, newsletters, books, essays, interviews, humor articles, celebrity profiles, advice columns, *MOWs*, screenplays, TV scripts, cable movies, TV series. Sold a TV series to Aaron Spelling in 1970. Admitted to Writers Guild of America. Written and hosted five segments for the Disney Channel.

Columns include: *eBossWatch.com*, about dealing with difficult bosses since 2010.

<http://blog.ebosswatch.com/category/coping-with-a-toxic-boss/>

Books include: *Surviving the Toxic Workplace: Protect Yourself Against the Co-Workers, Bosses, and Work Environments That Poison Your Day*, Business and Communication Self-Help Book, McGraw-Hill Publishers, Publication Date: February 19, 2010. Available on/at Amazon, Barnes and Noble, Books a Million, Nook, Kindle, and McGraw Hill websites.

First book: *Great Relationships™ Manual: A Guide To Share Yourself With Your Partner*, We Publish Books, Rancho Mirage, CA, December 2005. Available on Amazon.

Writing the weekly segments for my appearances on "The Daily Buzz" for myself and the hosts.

Script editor for *Called Girl*, *Blind Spot*, *Slip Knot*, *Future Perfect*, *The Sibs*, *The Creed The Busser*, *Hurdles*, *Called Girl*, *Blind Spot*, *Slip Knot*, *Future Perfect*, *The Sibs*, *The Creed The Busser*, *Hurdles*, *Homesick*, *Falling Up*, *Moon Fall*, *A Timely Affair*, *Trusting in Heaven*, *Roommate Unwanted*.  
Book editor for two books by Dr. Mardy Grothe: *Ifferisms* and *Neverisms* (Harper Collins)

**TELEVISION AND RADIO TALK SHOW HOST AND PRODUCER/CO-PRODUCER**

- September 8, 2009-  
July 01, 2010      Host and producer of “The Linnda Durre’ Show” on 810 AM WEUS in Orlando, Florida, leased and operated by Communicom Corporation, Inc., Denver, CO. from September 08, 2009 to February 08, 2010 and then owned and operated by BIG 810 AM and owner Carl Como Tutera from February 09, 2010 to July 01, 2010. Daily, hour-long, live call-in talk and interview show, featuring celebrities and people of note. Guests included Oscar, Emmy and Golden Globe winner, Louis Gossett Jr., 7 time Emmy and 5 time Golden Globe winner, Edward Asner; film producer Michael Medavoy, Tony winning Broadway producer, Hillard Elkins; Ruben Studdard, American Idol winner; singer/songwriter Peter Cetera; 15 time Grammy winner David Foster; country legend Lynn Anderson; comedians Colin Mochrie, Rich Natole, and Elon Gold; actors Lydia Cornell, Cynthia Morgan, Paul Petersen, Devin Oatway, Doug Davidson; athletes-Arnold Palmer, Earl “The Pearl” Monroe; coaches Jay Gruder and Lou Comeau; musicians Kenny G., Ottmar Liebert, and Bands - Mirror Pal, Colourslide, Built to Be Broken, Four Year Strong, Underwhelmed.
- July 1, 2003-  
September 23, 2003      Host and producer of "Personal Success Hotline with Dr. Durre'," WCEU, Channel 15, PBS Affiliate, Daytona Beach, Florida. Weekly series for seven weeks discussing all aspects of success: planning, vision, goal setting, drive, ambition, visualization, commitment to excellence, risk taking, ethics, communication skills, networking, handling stress, optimum health, achieving balance, overcoming obstacles and failures, conquering addictions and bad habits, career changes, confronting harassment and discrimination, financial success, positive mental attitude, and success as a lifestyle. Interviewing guests on the show as well as taking calls from listeners.
- September 9, 2000-  
January 6, 2001      Host and co-producer of “The Dr. Linnda Durre’ Show” on News Talk 580 AM WDBO Radio in Orlando, Florida, owned and operated by Cox Communications. Weekly, hour-long, live call-in talk and advice show, dealing with calls from listeners on a variety of psychological topics: marriage, in-laws, children, teenagers, family, sex, communication, work, neighbors, motivation, depression, anxiety, bipolar disorder, drug and alcohol abuse and addiction, rehab, relationships, school performance, anger management, stress reduction, time efficiency, assertiveness, dealing with bullies at school, test taking, college preparation, vocational choices, health, etc.
- July 2000-  
January 2001      Substitute host for “The Bob Rose Show” and “Birdsong” on News Talk 580 AM WDBO Radio in Orlando, Florida, when regular hosts were on vacation, ill, or had other commitments.
- March 1996-  
May 1997      Host and co-producer of “Ask The Family Therapist” on America’s Health Network (AHN), which was associated with Mayo Clinic and which aired from Universal Studios, Orlando. It was a two hour, live call-in talk show, presenting a variety of topics on mental health, psychology, and contemporary issues. I interviewed guests, answered questions from a national call-in audience, and researched sources. Some shows featured guests and experts, some did not. Working with producers and associate producers in researching issues. I was selected in a national search from 200 applicants and vetted by Mayo Clinic. AHN was owned by A.H. Belo and was associated with Mayo Clinic and IVI Publishing, before being sold to Fox and then Discovery Health.
- April 1993-April 1994      Host and co-producer of “Let’s Talk with Dr. Linnda Durre’” on WCFE-FM, the NPR affiliate in Plattsburgh, NY. Weekly hour long, live, call-in talk and interview show, on a variety of topics.
- July-October 1989  
May 1986      Host for the pilot of “Meet Your Match,” produced by Jacalone and Bunzel Productions.  
Pilot finalist for “Good Advice,” a television call-in, advice show, produced by Andy Friendly.

**EXECUTIVE RECRUITER**

- January – March 2000      Working with Janus Recruiting and in my own private practice with individual clients, companies, and businesses to find suitable candidates for a various of executive positions, through entry level positions, in industry, hospitality, business, and other careers. Working with candidates, analyzing test results, reviewing/editing resumes, coaching on interviewing, appearance, and business image.
- March 2000-Present      Referring clients to Janus Recruiting for various positions as well as to work with clients directly in my own private practice as an executive recruiter, doing vocational counseling, goal setting, visualization, meditation, and motivational counseling to achieve the desired results.

**COLLEGE INSTRUCTOR**

1993-1994 Teaching life skills courses on assertiveness training, couples communication, changing careers, decision-making, stress management, and getting organized, at North Country Community College, Saranac Lake, NY.

**MOTIVATIONAL SPEAKER, SEMINAR LEADER, AND TEACHER**

July 1978-Present Giving speeches, workshops, seminars, and classes to a variety of groups, organizations, associations, corporations, businesses, professional groups, schools, colleges, universities, and non-profit agencies concerning positive thinking, optimum mental health, communication, visualization and manifestation techniques, prosperity consciousness, success motivation, domestic violence, child abuse, interpersonal communication skills, family dynamics, setting limits, dealing with teenagers, assertiveness training, stress management, time efficiency, anger management, and a variety of other topics. Represented by nine speakers bureaus/speakers agents.

**GREAT RELATIONSHIPS™ WORKSHOPS**

April 2000-Present Workshops for couples on interpersonal and family psychodynamics, reviewing and assessing former relationships, communication techniques, how to process clearly and directly, conflict resolution, agreeing to disagree, assessing compatibility, learning acceptance, describing qualities of highly successful relationships; evaluation of individual, family, parental, mate, and couple strengths and weakness. Trademark granted 1995. Book trademark granted 2004.

July 1978-May 1997 Workshops for singles on interpersonal and family psychodynamics, reviewing and assessing former relationships, describing qualities of highly successful relationships, seeking better selection criteria; evaluation of individual, family, parental and former mate strengths and weaknesses; visualization and manifestation techniques. Based on book: *Great Relationships*™

**POST-GRADUATE WORK EXPERIENCE****GAY PARNELL, Ph.D., PSYCHOLOGIST****SAN DIEGO, CA****REGISTERED PSYCHOLOGICAL ASSISTANT**

May 1979-October 1979 Completion of my post-doctoral hours towards licensing. Individual and group psychotherapy, marriage and couple counseling, family therapy, play therapy with children and adolescents, psychodiagnostics, report writing, consultation, research, journal articles, professional writing, and supervision.

February 1981-  
February 1983

**HAROLD BESSELL, Ph.D., PSYCHOLOGIST****LA JOLLA, CA****REGISTERED PSYCHOLOGICAL ASSISTANT**

August 1977-  
January 1979 Completion of my post-doctoral hours towards licensing. Individual and group psychotherapy, marriage and couple counseling, family therapy, play therapy with children and adolescents, psychodiagnostics, report writing, consultation, and supervision.

**GRADUATE WORK EXPERIENCE**

[NOTE: Many of these positions held concurrently with other positions and with graduate studies.]

**WESTERN INSTITUTE OF SAN DIEGO****SAN DIEGO, CA****PSYCHOLOGICAL INTERN**

January 1977-  
July 1977 Individual and group psychotherapy with adults, adolescents, and children. Marriage, couple, and family counseling. Individual and group counseling with clients referred from the Drug Diversion Program and Probation Department. Community outreach, report writing, staff meetings. Supervision by Gary Lancaster, Ph.D., Licensed Psychologist; and Jeanne McAllister Priddy, Agency Director.

**JUAREZ-LINCOLN ELEMENTARY SCHOOL  
CHULA VISTA, CA  
COMMUNITY AIDE**

November 1976- December 1976      Emergency School Aid Act (ESAA). Community organization in initial establishment of community school: in-staff training, attending meetings and workshops, parent participation and education classes, career education for children and adults, coordination and supervision of volunteers. Supervision by Patricia Allen, Community Services Director; Joseph Cummings, Licensed Psychologist; Nancy Belluci, M.A., School Psychologist; Fred Huntington, Ed.D., Teacher and ESAA Coordinator.

**JUAREZ-LINCOLN ELEMENTARY SCHOOL  
CHULA VISTA, CA  
PSYCHOLOGICAL INTERN**

January 1976- July 1976      Individual and group psychotherapy and counseling with children, parents, and families. Classroom observation, intervention, consultation with teachers and staff. Facilitator of gifted children's affective programs, including classes. Individual, group, and family counseling, and parent participation programs for the gifted children's program. Supervision by Nancy Belluci, M.A., School Psychologist; Joseph Cummings, Ph.D., Licensed Psychologist; and Fred Huntington, Ed.D., ESAA Coordinator.

**UNIVERSITY HOSPITAL  
SAN DIEGO, CA  
PSYCHOLOGICAL INTERN**

September 1975- December 1975      Intensive care unit of pediatrics and neo-natology ward headed by Louis Gluck, M.D., working with high-risk infants and their parents. Follow up testing of premature and high-risk infants, developmental assessment administering Bayley Scales and other measures, report writing, parent counseling, medical rounds, lectures, and in-staff training in a multi-disciplinary environment of a university hospital. Supervision by Charlotte L. White, Ph.D., Program Director, and Leroy Kurlander, M.D., Child Psychiatrist.

**HAROLD BESSELL, Ph.D., PSYCHOLOGIST  
LA JOLLA, CA  
REGISTERED PSYCHOLOGICAL ASSISTANT**

July 1975- August 1975      Completion of my pre-doctoral hours towards licensing. Individual and group psychotherapy, marriage, relationship, and couple counseling; family therapy, play therapy with children and adolescents, psychodiagnostics, report writing, record keeping, and consultation.

**CENTER FOR THE STUDY OF THE PERSON – CARL ROGERS, Ph.D.  
LA JOLLA, CA**

July 1975-August 1990      Conducting workshops and seminars on assertiveness training, consciousness raising, time management, stress management, and other topics.

**U.S. NAVAL DRUG REHABILITATION CENTER  
NAVAL AIR STATION, MIRAMAR, SAN DIEGO, CA  
NAVY PSYCHOLOGIST AND DRUG COUNSELOR**

January 1975- July 1977      Full time employment and internship. Group and individual psychotherapy, psychological assessment, and in-take interviews, working with poly-drug abusers, mostly male, ages approximately 18-25. Working with Naval staff, CPOs, Navy officers, Navy psychologists, Navy drug counselors, and administration staff. Presentation of lectures for in-service training at both the Drug Rehabilitation Center and the Drug Counseling and Education School. Supervision by Lt. William Chalstrom, Navy Psychologist.

**TOWNHOUSE FOUNDATION  
SANTEE, CA  
CONTRACT COUNSELOR / CONSULTANT**

July 1974- December 1974      Out-patient pilot program development and design for residential treatment home/center for emotionally disturbed adolescent boys. Supervision by James Schultz, Director; Richard Simpson, Executive Director; Dennis Holman, Site Supervisor; and Susan Klitzer, Site Supervisor.

**TOWNHOUSE FOUNDATION****SANTEE, CA  
COUNSELOR**

July 1974- Residential treatment home/center for emotionally disturbed adolescent boys. Individual and group psychotherapy, family therapy, crisis counseling, planning and supervision of activities, art therapy teacher and coordinator, and staff meetings. Supervision by James Schultz, Director; Richard Simpson, Executive Director; Dennis Holman, Site Supervisor; and Susan Klitzer, Site Supervisor.  
December 1974

**YMCA, HUMAN DEVELOPMENT DEPARTMENT****SAN DIEGO, CA  
CONTRACT COUNSELOR**

June 1974- Individual and group counseling with clients referred through the California Youth Authority, who were on probation. Drug and alcohol counseling. In-service training, and supervision by David Chamberlain, Ph.D., Licensed Psychologist; Breffni Barrett, Ph.D., Agency Director; and Eliot Weinstein, Ph.D.  
December 1974

**CENTER FOR WOMEN'S SERVICES AND STUDIES****SAN DIEGO, CA  
TRAINEE**

June 1974- Eight-week training course in feminist counseling, including rape, problem pregnancy, birth control, family planning, and consciousness raising. Supervision and instruction by Laurie McKenzie, Coordinator, Counseling Services and Training.  
September 1974

**SAN DIEGO COUNTY JAIL, WOMEN'S SECTION****SHERIFF'S DEPARTMENT, SAN DIEGO, CA  
PSYCHOLOGICAL TRAINEE**

April 1974- Individual and group counseling, multi-media art therapy workshops, psychological testing, and counseling with female inmates, sentenced and unsentenced for county, state, and federal offenses. Supervision by Quincy White, M.A., Counseling Director.  
August 1974

**SOUTHWOOD MENTAL HEALTH CENTER****CHULA VISTA, CA  
ON-CALL PSYCHIATRIC AIDE**

February 1974- Private mental hospital, working with adults and adolescents; counseling, staffing, charting, supervision of activities, occupational and recreational therapy. Supervision by staff.  
June 1974

**U.S. NAVAL DRUG REHABILITATION CENTER****NAVAL AIR STATION, MIRAMAR, SAN DIEGO, CA  
PSYCHOLOGICAL TRAINEE**

January 1974- Internship. Individual and group counseling, attendance at staff meetings and seminars, some psychological testing, working with poly-drug abusers, mostly male, ages 18-25. Supervision by Lt. William Chalstrom, Navy Psychologist.  
April 1974

**MILDRED HAGAN TUTORING SERVICE****LA JOLLA, CA  
PRIVATE TUTOR**

September 1973- Working with elementary and junior high school students in a variety of subjects: English, spelling, math, reading, testing skills, memory training, proficiency tests, and self-esteem building.  
April 1974

**POST-CREDENTIAL WORK EXPERIENCE****SCOTCH PLAINS-FANWOOD BOARD OF EDUCATION  
SCOTCH PLAINS, NJ****FIRST GRADE TEACHER**

January 1972- Suburban public elementary school. Beginning by replacing out-going teacher on pregnancy leave for five months, and then having my own first grade class the following year. Supervision by Carl M. Kumpf, Principal.  
June 1973



**NEW JERSEY STATE DIAGNOSTIC CENTER  
MENLO PARK, NJ**

**VOLUNTEER ART TEACHER & ART THERAPIST**

December 1972- Multi-media art workshops, one evening a week, with emotionally disturbed children and  
June 1973 adolescents, ages 8-18. Separate classes for males and females. Supervision by Morton Cullity,  
Director of Recreation, and Jeffrey Berger, Ph.D., Staff Clinical Psychologist.

**WORK EXPERIENCE WHILE A STUDENT AT NEWARK STATE COLLEGE**

**CREATIVE NURSERY SCHOOL**

**HIGHLAND PARK, NJ**

**ASSISTANT TEACHER AND HEAD TEACHER**

September 1971- Nursery school teacher, five mornings a week, for two groups of four year olds (MWF and Tu Th)  
January 1972 and head teacher for an afternoon group of four year olds (Tu Th). Supervision by Kathleen  
Muller, Director.

**POST-BACCALAUREATE EXPERIENCE**

**GLENDALE ART FORUM**

**GLENDALE, CA**

**INSTRUCTOR AND PROGRAM COORDINATOR**

September 1970- Multi-media art classes for pre-schoolers and five to nine year olds. Working with markers, clay,  
February 1971 crayons, pencils, paper, etc., for collage, sculpture, drawing, etc.

**CALIFORNIA INSTITUTE OF TECHNOLOGY**

**YMCA, WINNETT STUDENT CENTER**

**PASADENA, CA**

**GROUP FACILITATOR TRAINEE**

September 1970- Led groups of students from Cal Tech and other local area colleges. Staff meetings, reading,  
February 1971 in-service trainings. Group supervision and training with on-staff psychologists, Nancy Beakel,  
Ph.D. and Ian Hunter, Ph.D.

**PASADENA HEAD START**

**PASADENA, CA**

**SUBSTITUTE TEACHER AND SUBSTITUTE HEAD TEACHER**

June 1970- Working at various Head Start sites in Pasadena. Supervision by individual site directors and  
February 1971 Jean Walls, Director.

**WORK EXPERIENCE WHILE A STUDENT AT PACIFICOAKSCOLLEGE**

**SIERRA MADRE COMMUNITY NURSERY SCHOOL**

**SIERRA MADRE, CA**

**SUBSTITUTE TEACHER AND SUBSTITUTE HEAD TEACHER**

January 1970- Working with varied age groups in various classrooms, two year olds, three year olds, and four  
June 1970 year olds. Supervision by Lillian Burke, Director.

**PASADENA WELL-BABY CLINIC**

**PASADENA, CA**

**PHYSICIAN'S ASSISTANT**

January 1970- Research project on non-verbal communication between mother and child(ren). Bi-lingual skills  
June 1970 used. Supervision by Joan Martin, R.N.

**PACIFIC OAKS COLLEGE**

**PASADENA, CA**

**SENIOR PRACTICUM SUPERVISOR**

October 1969- Chosen as one of three senior students to observe and consult with new junior practicum  
June 1970 students. Group supervision with the coordinator. Supervision by Susan Garfinkle, Coordinator  
of Practicum Supervision.

**PACIFIC OAKS COLLEGE  
PASADENA, CA  
RESEARCH FELLOW**

September 1969- Working with a Mexican-American family involving the parents in their children's and  
June 1970 grandchildren's learning, studying modes of communication, and doing further research in infant  
development. Supervision by Elizabeth J. Jones, Ph.D., Dean of Faculty and Director of Federal  
Project, "Involving Parents in Children's Learning."

**PACIFIC OAKS COLLEGE  
PASADENA, CA  
SUBSTITUTE TEACHER AND SUBSTITUTE HEAD TEACHER**

September 1969- Working with varied age groups in various classrooms. Supervision by individual head teachers  
June 1970 and Mary Pieters, Director of Children's School.

**STANFORD UNIVERSITY  
PALO ALTO, CA  
IN ASSOCIATION WITH THE U.S. OFFICE OF EDUCATION, DEPARTMENT OF HEALTH, EDUCATION,  
AND WELFARE; WASHINGTON, D.C.  
RESEARCH ASSISTANT TO ROBERT HESS, PH.D.**

June 1969- Coding and tabulating over 3,000 protocols for the national evaluation of Head Start from selected  
September 1969 sites across the country. Also wrote parts of the chapter introductions to the supplementary  
teachers' manual, "An Activities Handbook for Teachers of Young Children," by Robert D. Hess,  
Ph.D., and Doreen Croft, which accompanied their textbook, *Teachers of Young Children*,  
published by Houghton-Mifflin in 1972.

**SIERRA MADRE COMMUNITY NURSERY SCHOOL  
SIERRA MADRE, CA  
TEACHING FELLOWSHIP AS HEAD TEACHER**

February 1969- Specially selected as head teacher for Sierra Madre Cooperative Nursery School, teaching MWF  
June 1969 and Tu Th classes of four-year olds. Supervision of parent staff members and volunteers. Staff  
meetings, progress reports, curriculum development, parent conferences, and field trips.  
Supervision by Lillian Burke, School Director, and Polly McVickar, Pacific Oaks College  
Supervisor.

**PASADENA HEAD START  
PASADENA, CA  
SUBSTITUTE TEACHER AND SUBSTITUTE HEAD TEACHER**

January 1969- Working at various Head Start sites in Pasadena. Supervision by individual site directors and  
June 1970 Jean Walls, Director.

**PACIFIC OAKS CHILDREN'S SCHOOL  
PASADENA, CA  
PRACTICUM STUDENT**

September 1968- Beginning as a junior, taking my first practicum in the kindergarten. Supervision by Molly  
January 1969 Scudder, head teacher.

**AMERICAN FRIENDS SERVICE COMMITTEE  
PASADENA, CA  
CHILD CARE SUPERVISOR**

May 1968-June 1970 Supervisor of child care for American Friends Service Committee retreats and religious services.

**PRE-PACIFIC OAKS COLLEGE WORK EXPERIENCE  
THE MIDTOWN SCHOOL  
LOS ANGELES, CA  
TEACHING ASSISTANT**

June 1968- Working in a progressive nursery school in the Hollywood Hills in the four year old group, for the  
August 1968 summer session. Supervision by Molly Edmundson, head teacher.

**CASA MONTESSORI  
PASADENA, CA  
DAY CARE COUNSELOR**

March 1967- In charge of after-school day care and also a part-time substitute teacher, at a private Montessori  
June 1967 school in Pasadena while attending UCLA. Supervision by staff.

**RECREATION DEPARTMENT  
BOROUGH OF METUCHEN  
METUCHEN, NJ  
PLAYGROUND COUNSELOR**

Summer 1967 In charge of crafts, athletics, swimming, etc., at two different sites for the summer parks program.  
Supervision by Joseph Germain, Director of Recreation.

**MIDDLESEX COUNTY CAMP PROGRAM  
ROOSEVELT PARK, NJ  
CAMPCOUNSELOR AND HEAD OF DRAMATICS DEPARTMENT**

Summer 1966 Summer camp for disadvantaged children, ages 6-13. Working with each cabin, presenting  
weekly plays and skits, and as a cabin counselor with my own cabin of six-year-olds.  
Supervision by John Fitzpatrick, Director, and senior staff members.