

APRAJITA NAKRA, D.P.M., FACFAS

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www.EliteExperts.org

WORK EXPERIENCE

Elite Experts

Chief Medical Officer

Gilbert, Arizona

2014 - Present

Advanced Ankle and Foot

Medical Director

Gilbert, Arizona

2004 to Present

East Valley Foot and Ankle Specialists

Partner

Mesa, Arizona

2000 - 2004

EDUCATION

Doctor of Podiatric Medicine

New York College of Podiatric Medicine

New York, New York

1997

Magna cum Laude

Bachelor of Science

University of Toronto

Toronto, Canada

1993

**POST GRADUATE
EXPERIENCE/TRAINING**

**Board Certification - Reconstructive Foot and
Ankle Surgery**

American College of Foot & Ankle Surgeons

August 2007

Certification in Total Ankle Replacement

Certified in all Total Ankle Systems.

(STAR, Wright Medical, Tornier, Zimmer, DePuy Synthes)

2008 to Present

**POST GRADUATE
EXPERIENCE/TRAINING**
(Continued)

Master Techniques in Peripheral Nerve Surgery

John Hopkins University Medical School
Institute of Peripheral Nerve Surgery- 2004

Medical Mission Trips

Nigeria (2014), Ecuador (2008, 2009, & 2010), Philippines (2009),
Thailand (2009), Nicaragua (2003), Peru (2002), Mexico (1999)

Advanced Ilizarov and Taylor Spatial Frame Methods

Smith and Nephew
Cancun, Mexico - 2002

Reconstructive Surgery of the Foot and Ankle

Three-Year Surgical Residency

Emory Northlake Regional Medical Center
Atlanta, Georgia 1997 - 2000

Arthroscopic Surgery of the Foot and Ankle

American College of Foot and Ankle Surgeons
Chicago, Illinois - 2000

Reconstructive Plastic Surgery of the Foot and Leg

Georgetown University Medical Center
Washington, DC - May 2000

Techniques in Vascular Microsurgery

University of Louisville
Louisville, Kentucky - June 1999

Atlanta Leg Lengthening & Deformity Correction Center

Northlake Regional Medical Center
Tucker, Georgia
July 1997-June 2000

AO Basic and Advanced Course

2000 and 2001

**LEADERSHIP
PROFESSIONAL
POSITIONS**

Medical Executive Committee Member

Arizona Orthopedic and Surgical Specialty Hospital
2005 - Present
Warner Park Surgery Center
2005 - 2014

Board Member

Arizona Foundation Board of Trustees
2014 - Present

**LEADERSHIP
POSITIONS/
PROFESSIONAL
MEMBERSHIPS
(Continued)**

Board Member

Arizona Care Network (Dignity Health)

2015 - Present

Board Member

Arizona State Physicians Association

2015 - Present

Active Faculty Member

The Podiatry Institute

Atlanta, Georgia

2000-Present

Active Faculty Member

Midwestern University

College of Health Sciences

Glendale, Arizona

2004 - Present

Maricopa Medical Center

Podiatric Medicine and Surgery Residency Program

Phoenix, Arizona

2004-Present

Member

American College of Foot and Ankle Surgeons

2000 - Present

American College of Foot and Ankle Pediatrics

2014 - Present

American Academy of Podiatric Sports Medicine

2011 - Present

Co-Secretary

American College of Foot and Ankle Surgeons

Division IV

2010 - 2011

"EXPERT" in "Ask the Expert" Series

American Podiatric Medical Association

September 2009, March 2011

"EXPERT" in "Ask the Expert-Health" Column

The Arizona Republic

2007 - 2010

President

Arizona State Podiatric Medical Association

2007-2009

**NATIONAL
LECTURE EXPERIENCE**

**Orthobiologics – Foot and Ankle Surgical Reconstruction
and Wound Care Applications**

American Podiatric Medical Association

2014 To Present

Science and Management Symposium (SAM)

Orlando, Florida – Jan 2014

Midwest Regional Conference, Chicago -April 2014

National Conference, Hawaii-July 2014

2013 Symposium on the Geriatric Foot and Ankle

“Surgical Management of the Geriatric Flatfoot deformity”

New York, New York- October 2013

**Postgraduate “Mini-Residency” Continuing Education
Ankle, Rear foot and Forefoot Cadaver Surgery (Instructor)**

The Podiatry Institute

Tucker, Georgia

1997 to Present

**Dignity Health- Health Span Speakers’ Bureau
Cutting Edge Options for Ankle Pain & Arthritis**

Chandler, Arizona

2012 to Present

Advances in Podiatric Medicine and Surgery

The Podiatry Institute

1999 to Present

2015:

Phoenix, Arizona; Portland, Oregon; Atlanta, Georgia; Chicago, Illinois

2014:

Schaumburg, Illinois; Fort Myers, Florida; Philadelphia, Pennsylvania;

Falls Church, Virginia; San Antonio, Texas; San Diego, California;

Phoenix, Arizona; Atlanta, Georgia

2013:

Schaumburg, Illinois; College Park, Maryland; Atlantic City, New Jersey;

San Diego, California; Kansas City, Missouri; Portland, Oregon;

Overland Park, Kansas; Atlanta, Georgia; Newport, Rhode Island;

Phoenix, Arizona

2012:

Decatur, Georgia; San Diego, California; Galveston, Texas;

Napa Valley, California; Atlanta, Georgia; Phoenix, Arizona

Stem Cells and Orthobiologics

Blackstone Medical

Phoenix, Arizona - September 2007

Role of External Bone Stimulators in Bone Healing

**NATIONAL
LECTURE EXPERIENCE**
(Continued)

Annual Arizona State Medical Seminar
Sedona, Arizona - January 2007

Peripheral Arterial Disease and Peripheral Neuropathy

Annual Proceedings
Institute of Peripheral Nerve Surgery
Albuquerque, New Mexico - November 2006

Peripheral Arterial Disease - Diagnosis and Treatment

"Silverhawk" Technique
Scottsdale, Arizona - October 2006

**INTERNATIONAL
LECTURE EXPERIENCE**

The First Conference on Diabetic Foot Disease

Lagos, Nigeria - March 2014

Amrita Institute of Medical Sciences

Kochi, India - June 2009, September 2012

Indian Diabetes Association

Third National Workshop on "The Diabetic Foot"

Keynote Speaker
Lucknow, India - November 2008

Global Lecture Series on The Foot and Ankle

Lima, Peru - March 2002
Manila, Philippines - July 2009
Bangkok, Thailand - July 2009

PUBLICATIONS

American College of Foot & Ankle Surgeons - Phoenix 2015

Poster Presentations

- "Immediate Weightbearing after 1st MPJ arthrodesis" - Nakra, McGlamry, Brosky et al
- "Locking Pin Fixation for Austin Bunionectomy" - Nakra, McGlamry, Hopkins et al

Editor - 4th Edition of McGlamry's *Comprehensive Textbook of Foot and Ankle Surgery*. Lippincott, Williams & Williams, 2012

The bestselling textbook globally for Reconstructive Foot and Ankle Surgery

Reviewer - *The Journal of Foot and Ankle Surgery*, American College of Foot and Ankle Surgeons.

2012-Present

Official Publication of the American College of Foot and Ankle

PUBLICATIONS
(Continued)

Surgeons

Miller S, Nakra A: **Morton's Neuroma** – A clinical Dilemma.
In *Comprehensive Textbook of Foot Surgery, Third Edition*.
Williams & Wilkins, 2000

Cicchinelli L, Nakra A: **Juvenile Hallux Abducto Valgus**.
In *Comprehensive Textbook of Foot Surgery, Third Edition*.
Williams & Wilkins, 2000

LaPointe S, Nakra A, Peebles C: **The Reliability of Clinical &
Caliper Based Calcaneal Bisection**. JAPMA Mar 2001.