

## **GLEND A E. FLEMISTER, M.D., F.A.C.P., F.C.C.P.**

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### **Medical Health Solutions**

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### **EDUCATION and TRAINING CERTIFICATIONS**

Northern Illinois University, DeKalb, IL; received Bachelor of Science  
Loyola University Stritch School of Medicine, Maywood, IL; received Doctor of Medicine  
Columbus Hospital, Chicago, IL; Internal Medicine Internship  
Michael Reese Medical Center, Chicago, IL; Internal Medicine Residency  
Hines Veterans Affairs Hospital, Hines, IL; Pulmonary Medicine and Critical Care Fellowship

### **CURRENT CERTIFICATIONS**

Internal Medicine – certified 1988 American Board of Internal Medicine. (ABIM) no expiration.  
Pulmonary Medicine – certified through 2023 ABIM: enrolled in maintenance of certification program  
Critical Care Medicine – certified through 2025 ABIM: enrolled in maintenance of certification program

### **CURRENT LICENSURE**

State	License No.	Expiration.
Illinois	036.052261	07/01/2017
Kentucky	40782	03/01/2017
New Mexico	MD2015-0575	07/01/2019
Oklahoma	31562	06/01/2017

NPI National Provider Identifier No. 170015005

### **EMPLOYMENT HISTORY**

**Aetna Insurance, Inc. Mid America, Chicago, IL, 01/2003-07/2013**  
**Medical Director**

Provided clinical leadership for the utilization management process of all ages, including pre-authorization, denials and appeals, specialty and sub-specialty reviews with medical determinations using nationally published and recognized clinical guidelines.

Utilization review to included evaluation of the health history, diagnosis, pharmaceutical utilization, and medical device review for appropriateness of medical services. This includes medically necessary services and location of services: in-patient, out-patient, in-home health service.

Theses reviews encompassed concurrent reviews and retro-active reviews involving acute care, long term care as well as chronic care. Reviews were with all plans of business including HMO, PPO, Specialty networks, and joint collaborative projects as well as Medicare.

I conducted appeal reviews and hearings, from physicians, patients, hospitals and other vendors or providers as well as peer to peer reviews. I provided assessment of risk management in medically and surgically complex cases, to achieve the best clinical outcomes while controlling cost as measured through data analysis.

For 2 years, I coordinated medical with psychological/behavioral health plan benefits for improved patient outcomes.

Administering case reviews consistent with the Health Insurance Portability and Accountability Act with providers, patients and staff.

I was on the Aetna's clinical Policy Bulletin Committee, clinical policy research, analysis and clinical program development, and applied principles in utilization reviews.

Provided clinical direction and guidance to nurses and other staff for utilization and interpretation of protocols.

Involved with credentialing and re-credentialing of physicians.

Worked with pharmacy for pharmacy benefits, and special pharmacy committees to monitor and assess best practice analysis, patient compliance, safety, and cost effective utilization.

Supported and provide clinical expertise in disease management, case management, and re-admission programs.

Data analysis to identify opportunities for quality improvement and positive effective delivery of healthcare.

Engaged in quality metrics to assist in achieving NCQA accreditation.

Collaborated with other functional areas that interface with medical management including facility and network relations, contracting, member services, sales, benefits and claims management, healthcare delivery, national medical services and national accounts to achieve quality care.

### **Special Projects and Committees:**

#### **--Aetna's Clinical Policy Bulletin**

As a member of this committee for 7 years we review, updated and revise Aetna policies, procedures, and covered benefits. All policies are vetted in this committee, including all medical, surgical, device, technology and claims issues. New protocols and national guidelines were address at this meeting. This evaluated new as well as prior coding issues, medical standards of care, and assessed coding logic, (combinations codes, deletions), for reformatting policies.

#### **--Condition Analysis in Pulmonary Medicine.**

I reviewed pulmonary topics for trending. This includes drug therapy, procedures, new techniques, and how this will impact Aetna. For example, I reviewed two (2) years of drug therapy for the drug, Xoliar. This was to assure drugs were being used correctly, monitor outcomes, and grandfather members into the system that did not have the appropriate prior approval. Another example was to assess the effect the Aetna would experience with the change from CFC to HFA inhaler drugs as the FDA required the pharmaceutical companies to change.

#### **--Specialty Society Committee**

I advise and provided to the Subspecialty Society Committee and to Aetna senior leadership subspecialty information from national group, and leaders in the medical and surgical field. I had direct intervention with Cardio-Pulmonary Exercise & Testing, Bronchial Thermoplasty, Allergy Standards, etc. providing national guidelines and protocols.

#### **--Comparative Effectiveness Research (CER) Workgroup Meeting**

As a member of this committee I identified, evaluated and compared research opportunities and how these studies may impact Aetna, as well as coordinate comparative research activities within Aetna. This group collaborates with other areas such as medical informatics to provide resources to study and assess outcomes. Additional information from international groups, NIH, and universities are used to assure we are abreast of current trends and monitor effects. One such study is that is ongoing is diagnostic indications and procedures for Alzheimer's Disease, modeling implications, treatment strategies, impact on disease with various diagnostic modalities.

--Ingenix Health Technology

As a member of the committee, I brought the Ingenix data to Aetna and incorporate this new information technology and drug therapy so that it may be integrated into current management systems. Such examples include bronchial thermoplasty technology and the use of oncology drugs.

--Lectures

I have represented Aetna at local and national meetings, grand rounds and webinars. One national meeting was the World Congress where I was the chairperson, a workshop leader and presented a major lecture, "Avoiding Hospital Re-admission and Improving Patient Care Strategies that work". Other lectures included the National Organ Donation, and community service organizations. Topics have included HIV and Aids, Asthma Control, Ventilator Management, Chronic Obstructive Lung Diseases, (demographics, treatment strategy, outcomes, projected cost etc), Medical Genomics, and Medical Devices Strategies.

Served as a subject matter expert in Pulmonary Medicine and Critical Care Medicare to the Aetna staff, as well as performing second and third level appeal reviews in these areas. This is to assure the member receives entitled benefits per plan policy but also to assure best medical practices and guidelines are utilized, minimize any litigation issues, and comply with state and national laws.

**8/2013 – 10/1/2014**

Consultation services for multiple managed care organizations and insurance companies, including part time temporary employment at Aetna and AllMed in medical reviews.

**10/6/2014-10/2015**

Blue Cross Blue Shield Enterprise, Chicago, IL. Medical Director; Pharmacy Division involving the multi-state, (Montana, Oklahoma, New Mexico, Texas, Illinois).

**11/01/2015-05/07/2016**

**Next Level Health Care**

Interim CEO as company transition from a healthcare management organization to a management care organization

**10/01/2013-current**

**Medical Health Solutions:** Consultation services to companies and manufactures in various areas, (pharmacy genomics, medical devices, medical management, etc.), regarding healthcare, compliance and educational issues. Sub-specialty medical reviews in Pulmonary and Critical Care Medicine.

**Prior Professional Experience**

**1979 to 2002**

Practice limited to pulmonary medicine, critical care medicine and internal medicine in Joliet, Illinois. The practice includes the chronic and acute care of asthma, allergy, sleep disorders and other pulmonary diseases. Lectures educational seminars, expert medical litigation and testimony in subspecialty areas. Initiating Pulmonary Rehabilitation Department and Pulmonary Function & Pulmonary Stress Testing. Further information available upon request.

**PROFESSIONAL ASSOCIATIONS**

American College of Chest Physicians  
Society of Critical Care Medicine  
American College of Physicians  
American Thoracic Society  
American College of Physician Executives  
Institute of Medicine of Chicago  
Chicago Asthma Consortium

