

Lauren W. Rich

Professional Experience

**Department of Veterans Affairs Eastern Oklahoma
PTSD Psychotherapist**

2016-Present

- Interviewing Veterans & families to establish facts as part of a comprehensive psychosocial assessment
- Evaluating & Diagnosing Veterans for viable treatment options: inpatient, outpatient, group & individual
- Interpreting & explaining treatment programs, benefit programs, and general medical care provided by the VA
- Facilitating the ongoing CORE psychoeducation group regarding symptoms of PTSD
- Utilizing advanced practice skills to implement treatments such as Prolonged Exposure, (EMDR) Eye Movement & Desensitization Reprocessing, and Cognitive Processing Therapy

**Department of Veterans Affairs Eastern Oklahoma
Mental Health Intensive Case Manager (MHICM)**

2014-2016

- Provided high quality, intensive case management to reduce the number of hospitalizations for those who are chronically or severely mentally ill (SMI: Schizophrenia, Delusional Disorders, etc.)
- Facilitated individual in home therapy relating to social skills, increasing daily functioning, and working to prevent episodes of psychosis
- Coordinated appointments, medications, finances, etc. for the Veteran to maintain stability
- Engaged Veterans of underserved populations through homeless outreach

**Department of Veterans Affairs Central Arkansas
Case Manager**

2013-2014

- Offered resources and guidance pertaining to employment, sobriety maintenance, housing and mental health
- Facilitated conversations for Veterans regarding financial debt, tax issues, VBA Benefits, warrants or fines
- Managed weekly group therapy, in addition to specialized education for employment applications, resumes, etc.

Choices for Life, Tulsa, Oklahoma

Therapeutic Foster Care Psychotherapist 2010-2011

- Provided intensive therapy to foster children and their families, both foster and biological
- Completed court reports and appeared for testimony in various county courts in Oklahoma
- Advocated for children regarding services needed and appropriate placement

Citizen Potawatomi Nation, Shawnee, Oklahoma
Indian Child Welfare Case Manager **2009**

- Provided case management services to families seeking reunification
- Facilitated in removal of children & served parents court orders for custody
- Presented cases in tribal court for review, gave testimony, & served as an expert witness
- Collaborated with other jurisdictions around the country regarding CPN children in their custody

Cleveland County CASA Norman, Oklahoma
Advocate Supervisor **2008**

- Supervised a caseload of 30 volunteers and the progress of their cases
- Acted as an advocate for victims of child abuse and neglect, providing support to children and speaking on their behalf
- Ensured that the court-approved plans for the child were being implemented
- Constructed and presented an Indian Child Welfare module as part of each volunteers required training

Victim Witness & Crisis Intervention Experience

Federal Bureau of Investigation, Headquarters
Honors Intern **2007**

- Facilitated trainings on the EAU (Employee Assistance Unit) to over 100 upper management employees
- Created a referral database of D.C. area social work and mental health specialists
- Organized and assisted Unit Chief with the annual EAU conference held at Quantico, VA
- Assisted Clinical Psychologists with research and organization of agents' trauma, and psychological disorders

Federal Bureau of Investigation, OKC, Oklahoma
Intern

2007-2008

- Performed general duties such as mailings to victims, research of current statutes, and briefings with agents
- Attended regional NCMEC (National Center for Missing & Exploited Children) meetings
- Prepared and organized discovery documents for federal trials
- Responded to crime scenes with the Violent Crimes Unit
- Security clearance required

St. John Medical Center, Tulsa, Oklahoma Psychotherapist
2013

2011-

- Performed suicidal and homicidal assessments on all floors, primarily in the emergency room
- Assessed and triaged patients for psychotic issues, homelessness, drug abuse, domestic violence, child welfare and adult protective services; provided necessary crisis intervention services when applicable
- Completed appropriate evaluations and documentation in order to legally commit suicidal patients

Private Practice

Rich Consulting LLC, Muskogee, Oklahoma
Owner & Psychotherapist 2015- Present

- Assess pre/post-trial sex offenders, utilizing the ABLE Assessment, STATIC 99, and other evidence-based assessments relating to risk levels and recidivism
- Facilitate a twice monthly group for federal Sex Offenders in Tahlequah, OK, focusing heavily on prevention of reoffending, utilizing the most effective Evidence Based Practice
- Communicate with federal probation offices regarding clients and their status, concerns for relapse, compliance, etc.
- Serve as a consultant of AWCounseling Services, Little Rock, AR regarding sex offender cases, assessments and professional practice since 2013

Volunteer Experience

Women's Resource Center, Norman, OK, Volunteer
2010

2006-2008, 2009-

- Provided direct, in-person response to victims of sexual assault
- Supported victims during Sexual Assault Nurse Examinations (SANE)
- Assisted in collection of possible evidence such as victim's clothing and provided necessary replacements to victims
- Present during forensic interviews performed by local law enforcement agencies
- Completed narrative reports that were filed with the district attorney's office, if necessary

Cleveland County CASA Norman, OK
Volunteer 2009-2010

- Acted as an advocate for victims of child abuse and neglect
- Provided support to children and speaking on their behalf

Junior League of Tulsa & Little Rock 2012-2015

Leadership Tulsa- N. Tulsa Development Committee 2013

Certifications and Memberships

- Licensed Clinical Social Worker, Oklahoma
- Licensed Certified Social Worker, Arkansas
- Certified Sex Addiction Therapist Candidate, International Institute for Trauma & Addiction Professionals
- Certified Sex Offender Therapist, National Association of Forensic Counselors
- Certified Trainer: Franklin Covey's 7 Habits and Championing Diversity programs
- Certified Trainer of Myers Briggs Type Indicator (Personality Assessments)
- Association for Treatment of Sexual Abusers, Member

Education

- The University of Kansas, Lawrence, Kansas
Master of Social Work 2009
- The University of Oklahoma, Norman, Oklahoma
Bachelor of Arts in Social Work 2008