

# Sussex Pain Relief Center (SPRC)

## Changing the Way We Treat Pain

### WHAT MAKES OUR PRACTICE DIFFERENT?

#### **WE BELIEVE IN TREATING THE WHOLE PATIENT, MIND, BODY, AND SOUL**

A range of services are provided in-house in order to provide comprehensive, integrated pain treatment to restore the patient's physical, mental, and social well-being

- Interventional spinal injections
- Physical Therapy, Biofeedback, Mirror therapy, Aquacare Physical Therapy
- Cognitive Behavioral Therapy (CBT), Kathleen McCormick, LCSW
- Medical Massage Therapy, Laudi Francois, LMT
- Acupuncture, Robert Laduca, DC
- Chronic Pain Support Group, Kathleen McCormick, LCSW
- **The Delaware Chronic Pain Self-Management Program by DHSS**
- Diagnostic ultrasound and joint injections
- PRP (Platelet-Rich Plasma Injections)
- EMG/NCV
- W/C, Auto injury, IME, Deposition
- Opioid Risk Management
- AAAHC certified

#### **PAIN RELIEF THROUGH INNOVATION**

SPRC is an evidence-based practice utilizing the latest available technologies to deliver effective, long-lasting pain relief to our patients.

- Spinal cord stimulator trial and permanent implantation, for chronic neuropathic pain and CRPS
- Radiofrequency Ablation Neurotomy for chronic axial neck, back, thoracic pain and knee pain
- PRP injections for long term pain relief of joint pain tendon pain, performed under U/S guidance

#### **Expert Witness: IME, Chart Review, NR**

Dr Antony has decades of experience in the evaluation and treatment of work-related injuries, auto injuries, and personal injuries. <https://www.experts.com/Expert-Witnesses/Pain-Management-Expert-Witness-Manonmani-Antony>

Dr. Antony is both SEAK trained (SEAK is an ACCME-accredited continuing education which trains physicians on non-clinical careers) and CEDIR/AMA *Guides* 6<sup>th</sup> ed. certified. This expertise renders Dr Antony uniquely qualified to evaluate medical conditions related to occupational exposures, and musculoskeletal disorders.

#### **Sussex Regen Specialists**

##### **Alternatives to Surgery: Using Your Own Stem Cells to Heal Your Body**

The future of long-lasting pain relief is here. If you suffer from chronic joint or spine pain, then you know all the ways it can impact your life. Of course you don't want to deal with surgery and all that it comes with but at the same time, you're tired of surviving day-to-day using pain meds. Now you have an amazing new option for pain relief in with the innovative non-surgical treatments provided by board-certified physicians at Sussex Regen Specialists. You now have a team of professionals dedicated to improving your quality of life using regenerative medicine.

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### **Board-Certified, Fellowship-trained Interventional Pain Physician Team**

**Most of our physicians are double board-certified (if not triple-board certified) and all are fellowship-trained and board-certified in Pain Medicine.**

Dr. Manonmani Antony, MD

Interventional Pain Specialist

Pain-fellowship trained at University of Maryland, Baltimore, MD

ABA-Board Certified in subspecialty Pain Medicine and Anesthesiology,

ABIPP-Board Certified in Interventional Pain Management

CEDIR/AMA Guides 6<sup>th</sup> ed. certified. CBA-ASA (Certified Business Administration)

2014 Delaware Minority Small Business Person of the Year (SBA), CAC-committee member

Founder and CEO, Phone: 302-519-0100, E-mail: drmantony@gmail.com

Dr. Bawna Jha, MD, DABPN

Interventional Pain Specialist

Pain Fellowship trained at Penn State Hershey Medical Center, Hershey, PA

ABPN-Board Certified in subspecialty Pain Management

Adult Neurology Diplomat, American Board of Psychiatry and Neurology

Dr. Yan GU, MD, PhD. DABPMR

Interventional Pain specialist

Pain Fellowship trained at Temple University, Philadelphia, PA

ABPMR-board certified in Pain Medicine and PM&R

Dr. William Barrish, MD

PM&R, Electro-diagnostic Medicine

Performs EMG/NCV only.

Debra Hayes, APRN (5+ years of experience in Pain Management previously at Spine and Pain Center, Dover)

Joan Haynes, APRN (2+ years of experience in Interventional Pain Management)

Dr. John W. Dettwyler, PHD, clinical psychologist

Carin Pepper, RN

### **Accessible Locations**

- Georgetown
  - The office is situated in Georgetown in a convenient location on Route 113, accessible from many major surrounding cities. The office building (7,960 sf /2.76 acres) is owned by SPRC
- Lewes
  - **34434 King Street Row #1, Lewes, Delaware 19958**

### **AAHC Accredited for OBS (Office Based Surgery), 2015-2018**

**ACCREDITATION IS A SIGN THAT THIS HEALTH CARE ORGANIZATION MEETS OR EXCEEDS NATIONALLY-RECOGNIZED STANDARDS.**

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### Compliance with Guidelines

**SPRC is in strict compliance with all national and state guidelines described below.**

- State prescription monitoring program (PDMP)
- ASIPP-American Society of Interventional Pain Physicians opioid guidelines, interventional pain treatment guidelines
- MU / MIPS / MACRA compatible

### Accept all insurances

- Medicaid
- Medicare
- All commercial insurances
- Workers Comp and Auto Injury

### Affiliated with Local Hospitals

- Beebe Medical Center, 424 Savannah Road, Lewes, DE 19958
- Nanticoke Memorial Hospital, 801 Middleford Road, Seaford, DE 19973

### Member, Nanticoke Surgical Center – Multi Specialty Surgery Center

**Pain Management, Orthopedics, ENT, Podiatry, General Surgery, Eye surgery**

**“Benefits of Ambulatory Surgery Centers: Focus, Economics and Patient Satisfaction”**

Compelling economics: ASCs are able to provide lower-priced procedures because they have a lower cost structure than a traditional hospital. ASCs are generally free standing and located in the suburbs, which provide patients with better access.

- Nanticoke Surgical Center, 400 Health Services Drive, Seaford, DE 19973 P 302-536-6094, F 302-990-3081, <https://nanticokesc.com>

### For appointments, please call 302-514-7246

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Active patients > 3,500

### **INTERVENTIONAL PAIN PROCEDURES: (performed under Fluoroscopy or Ultrasound)**

- Epidural Steroid Injection - Interlaminar
  - Lumbar
  - Cervical
  - Thoracic
- Lumbar Transforaminal Epidural Steroid Injection (SNRB)
  - Level(s):
- Cervical Selective Nerve Root Block / Cervical Transforaminal Epidural Steroid Injection
  - Level(s):
- Diagnostic Facet Blocks (Medial Branch Blocks), first / second
  - Lumbar
  - Cervical
  - Thoracic
- Radiofrequency Neurotomy (RF) - percutaneous Neurotherm 1100.
  - Cervical
  - Lumbar
  - Thoracic
  - SI Joint
  - knee Joint
  
  - Occipital Nerve ( TON) ( for chronic headache)
- Spinal Cord Stimulator Trials / Permanent Implants
  - Cervical
  - Lumbar
- Implantable Intrathecal Pumps
- Provocation Discography:
  - Cervical
  - Lumbar
- Sacroiliac Joint Injection
  - Right
  - Left
  - Bilateral
- Sympathetic Nerve Block(s)
  - Stellate
  - Lumbar SGB
  - Celiac PB
  - Hypogastric B
- Joint Injection(s): ORTHOVISC series , PRP-Platelet Rich Plasma Injection - U/S guidance
- EMG/Nerve Conduction Study
  - Upper Ext.
  - Lower Ext.
  - Left
  - Right
  - Both
- Peripheral Nerve Blocks-U/S guidance
- Knee joint/ US
- Shoulder Joint /US
- Hip Joint / US
- Trochanteric bursa Injection /US
- Piriformis Injection / US
- Diagnostic Ultrasound / Hip, Shoulder, Knee, Ankle, Tendons, Bursas
- Regenerative PRP injection

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*SUSSEX PAIN RELIEF CENTER is a comprehensive pain treatment center where fellowship-trained, board-certified physicians and nurse practitioners provide the highest quality of pain management.*

### Upcoming New Businesses at SPRC

#### **Telemedicine at SPRC**

**“Telehealth as a solution to reduce the cost of care and increase overall system capacity.”**

Telehealth initiatives hold exciting potential to address health care access issues in Delaware and the region, whether from shortfalls in critical health care specialties, or in under-served geographic locations. Telehealth also provides innovative ways to meet the demands of an aging population, reduce inappropriate use of emergency departments, prevent hospital readmissions, and bring care to the most appropriate setting and more.

#### **Innovative Rx: Lifestyle Medicine at SPRC**

**“Treating the Patient as a Whole Person”**

Acupuncture to improve overall well-being, regenerative medicine for aesthetics / cosmetics, BHRT - Natural hormone replacement therapy to improve the quality of life and providing nutraceuticals and therapeutic yoga.

*“Our mission is to provide state-of-the-art interventional pain management techniques, in a safe and caring environment with an emphasis on cost effectiveness in order to restore a patient's physical, mental, and social well-being.”*