

Curriculum Vitae
Prudence L. Gourguechon, MD
Psychiatrist & Psychoanalyst

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Education & Training

- 1995 Graduate, Institute for Psychoanalysis, Chicago
Post graduate training in subspecialty of psychoanalysis
- 1983 Chief Resident, Psychiatry, Northwestern University Medical School
- 1979-1983 Resident in Psychiatry, Northwestern University Medical School
- 1979 M.D., University of Michigan Medical School
Medical Doctor
- 1973 B.A., Yale University
Honors: Cum Laude
Major field of study, psychology

Certifications & Licensure

- 1997 Certified in Psychoanalysis, 1997
- 1985 Board Certified in Psychiatry, American Board of Psychiatry and Neurology
- 1980-current Medical License, State of Illinois
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Consultation Experience

- 2006–Present **Independent Expert Witness**
Specialization in the evaluation and assessment of psychological injury including mental anguish and emotional distress in cases involving trauma, discrimination, or disability.
- Expert psychiatric evaluation of psychological and psychiatric injury claims including diagnosis, treatment needs and long-term sequelae of trauma including PTSD and moral injury.
 - Discrimination matters involving age, race, gender and sexual preference; Sexual Harassment; Sexual Abuse; Psychological Injury; Moral Injury; FMLA; ADA compliance; Workplace Harassment and Discrimination.
 - IME examiner, psychiatric disability, fitness for duty.

See case history file for list of expert witness engagements.

- 2017–Present **President and Consultant , Invantage Advising**
 Consulting with business leaders on the psychology that underlies critical business behaviors, decisions, and strategy.
- Consultation to leaders in business and finance on critical decisions and transitions, leader assessment and development, entrepreneurship, the psychology of investing, business relationships, retirement and succession. Developed a unique tool for assessing essential traits and capacities of leadership candidates.
 - Pre-employment executive assessment, leader development mentoring.
 - Consultation to groups in businesses and not for profits on conflict and resistance to change.
- 2005-2017 **Prudence Gourguechon, M.D., S.C.** Independent Consultant.
 Consultation on decision-making, executive search, personnel conflicts, marketing and messaging, member communications and legal consulting. Clients included manufacturing firms, marketing agency, not for profits, professional associations.
- 2017-Present **Senior Contributor - Leadership Strategy, Forbes.com**
 Authored articles on the psychology of including leadership failure and dysfunction, sexual misconduct, #MeToo movement and consequences. www.forbes.com/sites/prudygourguechon.

Clinical Experience

- 2017-present **Part-time private practice, psychiatry**
 Areas of focus including trauma, substance abuse, professional issues, ageing and emerging adults with serious mental illness.
- 2017-present **Consultant, Yellowbrick Consultation and Treatment Center, Evanston IL**
 Treatment center serves emerging adults ages 18-30 and provides comprehensive neuropsychological treatment. I have provided consultation on organizational issues, hiring and strategy as well as direct patient care.
- 1983-2017 **Full-time private practice of psychiatry and psychoanalysis**
 Extensive experience diagnosing and treating patients with PTSD and trauma related disorders, depression, anxiety disorders, psychosis, bipolar disorder and personality disorders.
- Second opinions, supervision, consultation
 - Extensive study of PTSD symptoms, consequences, and diagnostic challenges
 - Deep experience in the adult sequelae of childhood sexual abuse and neglect.
 - Extensive knowledge of treatment challenges for patients with trauma history, depression and anxiety.
 - Special interest in obsessive compulsive disorder and other severe anxiety disorders.
- 1983-1985 **Unit Chief, Northwestern Memorial Hospital**
 General inpatient psychiatry. Responsible for oversight of psychiatry unit with 20 patients suffering depression, psychosis and severe personality disorders as well as monitoring the work of psychiatrists, medical students and residents.

Selected Accomplishments

- 2018 Chaired Jury Committee judging submissions to paper prize on mental health aspects of incarceration. Seidenberg Paper Prize, 2018, Chicago Psychoanalytic Institute
- 2008-2015 Designed, founded and led Service Members and Veterans Initiative of the American Psychoanalytic Association in response to the growing mental health crisis among service members, veterans and their families
- 2010-2015 Engaged in Congressional lobbying, blogging and served as interorganizational liaison on issues related to mental health of service members and veterans
- 2011-2013 Developed comprehensive communications plan for International Psychoanalytical Association to improve its ability to communicate clearly and consistently with its members and the public.
- 2015 Wrote and spearheaded approval of an action paper by the Assembly of the American Psychiatric Association, "Promoting Military Cultural Competency Among Psychiatrists."
- 2015 Successfully lobbied the American Medical Association in partnership with colleague Harold Kudler, MD to include military history in the social history section of the CPT manual resulting in the addition of military history to the 2015 CPT code.
- 2018-present Experienced disability examiner evaluating diagnosis, functional capacity, and rehabilitation potential. Retained by Social Security Administration, Mednick Associates, Dane Street, State of Illinois Secretary of State among others.
- 2017 Developed a unique 5-point tool to assess a leader's ability to carry out high level responsibilities using evaluation of executive functions and ego functions.

Selected Professional Appointments

- 2019–2020 Dean, Chicago Psychoanalytic Institute
- 2008-2010 President, American Psychoanalytic Association
- 2008 Founder, Service Members and Veterans Initiative, American Psychoanalytic Association
- 2010-2014 Head, Psychoanalysis and Social Issues Department, American Psychoanalytic Association
- 2014-2017 Representative to American Psychiatric Association Assembly from the American Psychoanalytic Association
- 2008-Present Member, Advisory Board, Yellowbrick Consultation and Treatment Center, Evanston, IL

Academic Appointments

- 2019-2020 Dean, Chicago Psychoanalytic Institute (July 2019-June 2020)
- 1997-Present Faculty, Institute for Psychoanalysis, Chicago, Illinois (Courses: Psychopathology, Community application of psychoanalysis)
- 1983-1997 Faculty, Northwestern University Medical School Department of Psychiatry and Behavioral Sciences
- 2020-Present Guest Faculty, Northwestern University Medical School Department of Psychiatry and Behavioral Sciences (Course: Fourth Year Resident Case Conference)

Awards

- 2014 Distinguished Service Award, American Psychoanalytic Association

Organizational Memberships

American Psychoanalytic Association (Past President)
International Psychoanalytical Association
American Medical Association
Society of Physician Entrepreneurs
Family Firm Institute
International Society for Traumatic Stress Studies
American Society of Clinical Psychopharmacology

Selected Professional Publications and Presented Papers

- 2011 The Citizen Psychoanalyst: Psychoanalysis, Social commentary, and Social advocacy. *J American Psychoanalytic Assoc.* 2011 Jun;59(3):445-70
- 2011 *The Psychology of the Girl with the Dragon Tattoo.* Chapter: "Mistrustful" BenBella Books, 2011
- 2010 "The Unexpected Revelation of Trauma in Ongoing Therapy: A Model for Disintegration and Integration?" Presented at conference "Trauma: Intersection of Narrative, Neuroscience and Psychoanalytic Perspectives." George Washington University, March 2010
- 2009 "The Dead Mother Series of Egon Schiele: Psychoanalytic Use of An Artist's Image." *Hektoen International: A Journal of Medical Humanities. Vol 2, 2009.*
- 2001 "Integrating Behavior Modification and Pharmacotherapy with the Psychoanalytic Treatment of Obsessive-Compulsive Disorder: a case study." *Psychoanalytic Inquiry*, Vol. 21, Number 2, 2001
- 1990 "Origins of Ambition." *Progress in Self Psychology, Volume 6.* Pp 113-128. 1990. Routledge, NY

Books

- 2018 *Uncommon Perspectives on the Psychology of Investing: The Role of Emotion in Investing.* By Prudence Gourguechon. Insight Series from Invantage Advising. [Amazon.com](https://www.amazon.com).
- 2021 *Uncommon Perspectives on the Psychology of Leadership: A Leader Assessment and Development Approach That Marries Perspectives from Psychoanalysis and the US Army.* By Prudence Gourguechon. Insight Series from Invantage Advising. In press.

Selected Writing for the Public on the Psychology of Culture, Business, Work, Relationships and Public Behavior

- 2017-present [Forbes.com](https://www.forbes.com/sites/prudygourguechon) Leadership Channel. (<https://www.forbes.com/sites/prudygourguechon>)
75+ articles on leadership and the psychology of business.
Examples:
- “UBH slammed by Judge for Fiduciary Failure. Can the Case Help us Understand Corporate Greed?” 3/7/19.
- “Moral Injury—The Devastating Impact of Leader Malpractice” 12/11/20.
- “What No COVID Risk? No Climate Change? How To Overcome Toxic Denial.” 10/19/20
- “Because ‘No’ Was Psychologically Impossible, CBS’s Moonves Should Not Get his 120M.” 1/20/19.
- “3 Facts About Mental Illness To Wrap Up The Kanye West- Don Lemon Kerfuffle.” 10/14/18.
- 2019 Chapter: “Is the Commander in Chief Fit to Serve? A Nonpartisan Test from Marrying U.S. Army Leadership Standards with Psychoanalytic Theory” in *The Dangerous Case of Donald Trump, 2nd Edition*, Bandy X. Lee, Ed. McMillan, 2019.
- 2017 Los Angeles Times Opinion. “Is Trump Mentally Fit to be President? Let’s Consult the US Army Field Manual.” 6/16/17
- 2011-2017 *Huffington Post* essays. Examples:
“Watching us Watching Watertown.” 4/20/13.
“Everybody’s Mother: What Hillary Clinton and Other Women in Power Need to Know about the Unconscious.” 2/14/16.
- 2009-2011 Psychology Today online. Multiple essays on psychological meaning of cultural and social events.
Examples:
“Fort Hood: Looking for Meaning When There is None.” 11/6/09.
“Shooting in Alabama: Stress Does Not Cause Massacres.” 2/13/10.
- 2008-2010 Letters to the Editor,
“What is it about 20-something’s?”, *New York Times Magazine*, 9/5/10
“Mind over Meds”, *New York Times*, 4/25/10
“Mental Health Care is Essential for our Iraq Veterans”, *New York Times*, 1/21/08
- 2008 “A psychoanalytic lesson in the politics of female power” *Denver Post*, August 25, 2008

2008 Opinion Piece: Guest Commentary: [“The hidden wounds of war. Of vets, mental disorders and the right to privacy.”](#) (With James Pyles, Esq)

Selected Press Interviews & Clips

2018 “Quick physical intervention stopped violent intentions; could it stop violence?” Jen Chistensen. CNN.com. July 5, 2018

2018 “10 Things We Keep Getting Wrong About Gun Violence.” Lindsey Holmes. Huffington Post. March 7, 2018

2015 “Experts: Docs should ask about Patients' Military History”, Militarytimes.com and Navytimes.com. February 16, 2015

2014 “Will You Be My Therapist? Expert Advice on Finding the Right One: Chicago Psychiatrist Prudence Gourguechon on How to Get the Most from Psychotherapy”, Elizabeth Bernstein, “Bonds”, Wall Street *Journal* September 22, 2014

2013 “After Divorce or Job Loss Comes the Good Identity Crisis”, Elizabeth Bernstein, “Bonds” Wall Street *Journal* July 30, 2013

2012 “Dealing with Dysfunction”, Sheila M. Nielsen, *Legal Management*, March 2012

2012 “Time for a Good Old-Fashioned Nervous Breakdown”, Melinda Beck, *Wall Street Journal* 2/28/12

Speaking Engagements

2019 “Political Leadership and the Role of Psychiatry” Panel Participant, American Psychiatric Association 2019 Annual Meeting May 20, 2019.

2019 “Take Control of Your Finances—When Life Throws You a Curve Ball” Winnetka Women’s Exchange May 8, 2019.

2019 Illinois Women’s Conference March 28, 2019. “Understanding Your Worth: Building a Financial Planning Strategy” Panel Presentation with Treasa Moran, Katie Banks, and Lindsey Paige Markus, Esq.

2019 “The Psychology of Money” seminar with Treasa Moran, Financial Advisor at Morgan Seminar. February 26, 2019

2019 “Consulting to Entrepreneurs.” Case presentation, American Psychoanalytic Association, Psychoanalytic Organizational Consulting Workshop. January 2019.

2018 Non-Clinical Careers for Physicians. Plenary Address: “How to Conquer Your Career Transition Fears.” SEAK. October 20, 2018.

2018 “The Mind of the Entrepreneurial Doc.” Society of Physician Entrepreneurs, Chicago Chapter. September 11, 2018, 6:30 p.m.

- 2017 Facilitator, Snap Learning Session on “Conversations,” Family Firm Institute Global Conference Chicago, October 25-28, 2017
- 2017 Expert Panelist, AMA Physician’s Innovation Network Virtual Panel: “Giving Physicians a Seat at the Health Care Innovation Table”. October 2-19, 2017.
- 2017 Perdue Northwest Friday University. “Objectivity, Analysis, and Discernment in the Age of Trump” with political scientist Richard Rupp and communications scholar Lisa Goodnight. October 13, 2017.

Multimedia

- 2019 Quoted on *CNN Tonight with Don Lemon* on Gaslighting and AG Barr. May 1, 2019.
- 2019 *MSNBC, The Last Word with Lawrence O’Donnell*. Interviewed re “Trump’s Day of Strange and Confusing Statements.” April 2, 2019
- 2019 WGN Radio Chicago, The John Williams Show, March 18, 2019. Discussion of Trump’s Tweets and George Conway’s Opinions.
- 2018 How to Understand and Plan for the New Retirement. Northwestern Alumni Career Webinar Series. June 7, 2018.
- 2017 Talk Like a Girl Podcast: Is POTUS Crazy? Who Can Say? October 8, 2017.20
- 2017 I joined a conversation about the Goldwater Rule that addresses psychiatrists’ making comments about public figures on CNN’s Smerconish, July 29, 2017.
- 2017 The Last Word with Lawrence O’Donnell. July 5, 2017. 25th Amendment: Is Donald Trump Fit To Serve? | The Last Word | MSNBC www.youtube.com
- 2016 *Correct the Record “The Details Don’t Matter”* October 2016 featuring Dr. Gourguechon’s views on Donald Trump’s relationship to the truth.
- 2016 Featured in *Correct the Record* Video, “How Bad of a Businessman is Donald Trump? Here’s How”. June 2016.
- 2016 Psychoanalysts Analyze Bullying Tactics Used by Donald Trump. *Correct the Record*. 2016
- 2015 The Citizen Psychoanalyst in Today’s Troubled World October 14, 2015
- 2009 MedPage Today “APsaA: Psychoanalysts Emphasize Need for Long-Term Care for Vets with PTSD” by Kristina Fiore (January 2009)
- 2008 WBUR “Here and Now”-Archives March 26, 2008 “Presidential Dreams”