



**MASTER  
INVESTIGATOR IV (ret.)  
RACHAEL FROST**

**Frost ICED**  
Investigation, Consultation,  
Education & Development

**Chief Executive Officer**

39252 Winchester Road  
Suite 107-169  
Murrieta, CA 92563

cell 949.413.9111  
rachael@frostICED.com

## **EXPERT WITNESS**

Expert witness in court and case evaluation for Intimate Partner Violence (IPV), stalking, restraining order violations, strangulation, sexual assault, and threat assessment and management. Testified in numerous Family, Civil, and Criminal law cases as an expert witness for domestic violence, stalking, and strangulation. Developed additional investigators and their expert witness technique and knowledge.

Thorough case evaluation available to address offender and victim behavior for complete review and recommendations for investigation and case development. Testimony regarding victimology and abuser qualifiers and actions is often recommended as “blind testimony” depending on timeframes, case content, etc., with pre-testimonial discussion limited to requested areas of testimony. Determination regarding type of testimony derived from initial attorney/client consultation. Testimony may also include specific behavior and threat assessment concerns.

## **WORK EXPERIENCE**

Twenty-year law enforcement veteran (retired 2019) specializing in personal and intimate partner violence-related cases, grants, program development, and training programs. Fifteen years as a detective, three years in the Internal Affairs Department addressing officer misconduct, domestic violence, etc., and person’s crime specialist.

Obtained more than \$3.5 million in Federal and State grant funds to address domestic violence-related issues across Riverside County. Developed the multi-disciplinary domestic violence response program and threat assessment training for local county agencies and beyond. Assisted with Department policy development, domestic violence and strangulation reporting, strangulation protocol, etc.

Currently, owner and operator of Frost ICED (Investigation, Consulting, Education, and Development), specializing in training, case evaluation and investigation, expert witness, workplace violence, leadership and messaging to effectively integrate staff in program development, and aspects of violence recognition and response. Clients include the Air Force, corporations, law enforcement agencies, attorneys, and professional associations.

## **TRAINING**

Trained thousands of people across the United States in domestic violence, stalking, strangulation, sexual assault, child abuse, threat assessment and management, as well as leadership, messaging, and staff/client engagement programs.

## AWARDS

***Distinguished Service Medal*** (two-time recipient) from the Riverside Sheriff's Department for development and implementation of domestic violence, strangulation, and threat management programs.

***Investigative Excellence*** award from the Law Enforcement Appreciation Committee (LEAC) of the Inland Empire, California, for domestic violence-related investigation and programs.

***"Unsung Hero"*** award from Shelter for the Storm for contributions to domestic violence investigation, training, and law enforcement work with domestic violence cases.

***Making A Difference*** award from the Riverside County Family Justice Center for domestic violence programs and grant development and production across multidisciplinary fields

***Master Investigator*** first female to obtain the rank within the Riverside Sheriff's Department (2014)

***Officer of the Year*** (two-time recipient)

## CERTIFICATIONS/QUALIFICATIONS

**Grant Writer and Program Developer**, obtained in excess of \$3.8 million in grants from the Office of Violence Against Women, and the California Office of Emergency Services, assisted staff with additional grant applications in a variety of disciplines; developed related countywide programs to address domestic violence, stalking, strangulation, sexual assault, and threat assessment and management.

**Behavioral Analysis Training Institute (BATI) and FBI-trained Interview and Interrogator**, and BATI Cognitive Interview and Forensic Statement Analysis trained.

**Threat Assessment Professional**, graduate Advanced Threat Assessment Academy training, Gavin de Becker & Associates; developed the Riverside Sheriff Department's Domestic Violence Threat Management program; and, trained as a Community Emergency Response Team (CERT) Trainer (National Fire Academy-trained).

**Critical Infrastructure Threat Assessment Specialist (ACAMS/Digital Sandbox/CalCop)** to include location and processes assessment specialties.

**Defensive Tactics and Use of Force Instructor** (ret., Riverside County Sheriff's Department) to include conducting training, as well as use of force and officer-involved shooting investigations through law enforcement Internal Affairs Bureau.

**Forensic Sciences Certification**, Grossmont College, San Diego (two-year program)

## MEMBERSHIPS and ASSOCIATIONS

**Association of Threat Assessment Professionals**, Communications Chairperson for Association, Law Enforcement Steering Committee member

**Cadre of Experts member**, End Violence Against Women International  
Providing expert training and witness availability, etc., as needed to government, public and private agencies, in the areas of sexual assault, domestic violence, threat management, and related fields

**Alliance for Hope**, Masters staff member, Law Enforcement Steering Committee member (Strangulation), and trainer

**California Homicide Investigators Association**, member

**California Sexual Assault Investigators Association (CSAIA)**, member

**Kids Court**, Chief Financial Officer and Board Member

Kids Court is a nonprofit organization specializing in curriculum that exposes children to the court system prior to testifying to minimize their trauma and improve cognitive function within the court room setting and beyond

## PRESENTATIONS

Presentations are specific to each environment while addressing the consistent messaging components of all my designed training programs. Specific environments and considerations include Workplace, Family Law, Law enforcement, and agency trainer for investigations of and human resources applications for domestic violence, sexual assault, stalking, restraining order violations, strangulation, and threat assessment and management. Below, a sample of presentations provided:

**“Domestic Violence Threat Management,”** California Sexual Assault Investigators Association, Annual Conference, San Luis Obispo, CA; End Violence Against Women International Annual Conference, Washington D.C, Riverside County agency training

**“Tactical Response to Community Violence: Threat Management and Warning Behaviors,”** Ben Clark Training Center, Woodcrest, CA

**“Threat Management: Recognizing Warning Behaviors,”** Riverside County agency training (Utilities facilities, medical and mental health, human resources, etc.)

**“Turning Challenges into Strategies: Investigating the Consent Defense,”** Federal Bureau of Investigation and UCLA Violent Crime Behavioral Analysis Unit Seminar, UCLA; California Sexual Assault Investigators Association, San Luis Obispo, CA; United States Air force

## **PRESENTATIONS** *(continued)*

***“Those Who Kill: Exploring the Non-Fatal Strangulation Correlation with Suspects Who Murder Police Officers and Commit Mass Homicide,”*** Association of Threat Assessment Professionals Annual Conference, Anaheim, CA; Pueblo County, CO, Domestic Violence Conference;

***“Frog in a Pot: Domestic Violence, Threat, and Mass Homicide,”*** End Violence Against Women International Annual Conference, Chicago, IL; U.S. Air Force staff, Offut, NE; Association of Threat Assessment Professionals, Orlando, FL; Altus Air Force Base, Oklahoma, Laughlin Air Force Base, Texas, Association of Threat Assessment Professionals Winter Conference, Orlando, FL, End Violence Against Women International Annual Conference, Washington, DC; Several corporations focusing on workplace violence and intimate partner harm; and more.

***“Shadow of Death: I Will Fear No Evil, Except for the One Who ‘Loves’ Me,”*** Association of Threat Assessment Professionals’ Winter Conference.

## **PROFESSIONAL TRAINING**

*Complete training available upon request*

### ***Domestic Violence, Sexual Assault, Strangulation and Child/Persons’ Crimes***

Annual training at conferences for California Homicide Investigators Association, California Sexual Assault Investigators Association, Violent Crime Behavioral Analysis Unit Seminar, and End Violence Against Women International, training at the National Family Justice Center conferences to include stalking and strangulation training, Domestic Violence for Investigators, Advanced Officer training in Domestic Violence and Sexual Assault, Officer-Involved Domestic Violence, OVW-Domestic Violence Investigations, 80-hour Homicide instruction, Beginning and Advanced Child Abuse and Sexual Assault Investigation, Advanced Strangulation Institute Training, Child Homicide and False Allegations of Kidnapping, Human Trafficking Prosecution, and Child Abduction Response.

### ***Threat Assessment and Management***

Specialized training to include annual conference for the Association of Threat Assessment Professionals and the annual Inland Empire Terrorism Response Conference, successful completion of the Advanced Threat Assessment and Management Academy from Gavin de Becker & Associates, Domestic Terrorism Operations and Sovereign Citizens, Critical Infrastructure Asset Protection, Counter Terrorism and Threat Management, Threat and Risk Assessment Infrastructure, Post-Blast Investigations, Campus and School Violence Threat Management, Advanced Threat Assessment and Management, Safety in Our Schools, Behavioral Analysis Threat Assessment: Preventing Active Shooter, Behavioral Analysis Threat Assessment (Advanced), and Joint Regional Intelligence Center training to include Countering Violent Extremism and Terrorism and Benghazi.

### **Law Enforcement Specialties**

Advanced Peace Officer Standards and Training Certificate, Officer-Involved Shooting Investigations, Beginners and Advanced Interview and Interrogation (BATI and FBI), Cognitive Interview and Forensic Statement Analysis, Problem-Oriented Policing, Drug-Use Recognition, Crime-Free Multi-Housing instructor, CERT Train-the-Trainer, Mentoring and Coaching for Successful Law Enforcement, Identity Theft and Elder Abuse investigations, Bicycle Patrol certification, Public Records Act Compliance, and Pitchess Motions, etc.

## **WORK EXPERIENCE**

### **Frost ICED**

*Chief Executive Officer (2019)*

Specializing in expert witness, training, program development, and consultation regarding domestic violence, stalking, strangulation, restraining orders, sexual assault, threat assessment and management, and more.

### **Master Investigator - Advanced Officer Training Coordinator**

*Ben Clark Training Center (2019)*

*Riverside County Sheriff, CA*

### **Master Investigator - Project Developer/Investigator**

*Violence Against Women's Act "Arrestee" Grant (2015-2019)*

*Riverside County Sheriff, CA*

Developed, sought, and obtained two \$900,000 grants from the Office of Violence Against Women focused on Domestic Violence, Sexual Assault and Threat Management. Responsible for program development/ implementation for all programs related to domestic violence and threat management. Continual development of Threat Management Teams to include training of county, municipal and private agencies to recognize, respond and intervene in threat; created Strangulation, Domestic Violence and threat response materials and programs for public safety.

### **Project Developer/Investigator**

*California Office of Emergency Services Grant (2012-2014)*

*Riverside County Sheriff, CA*

Developed, sought and obtained the California Office of Emergency Services (Cal-OES) grant in excess of \$700,000. Responsible for administration, investigation of cases, and development of the Domestic Violence Threat Management team to include a specialization in domestic violence and sexual assault cases involving stalking and threat assessment, restraining order violations, child endangerment, strangulation, and more.

## **WORK EXPERIENCE** *(continued)*

### **Initial Program Development/Implementation** (2012 – 2019)

*Riverside County Sheriff, CA*

Developed proactive and reactive programs for the Riverside Sheriff's Department specific to domestic violence and threat management. Proposed, obtained funding for, and implemented countywide Threat Management Teams, training county, municipal and private agencies in conducting threat management in a team environment, identifying and responding to warning behaviors, and creating a network of response personnel to minimize confusion in a mass violence event.

### **Grant Writer/Investigator**

*Violence Against Women's Act "Arrestee" Grant (2013)*

*Riverside County Sheriff, CA*

Developed, sought and obtained the Violence Against Women's Act (VAWA) grant for \$900,000 to address specialized law enforcement and advocacy needs of the tribal and military communities as related to domestic violence. Operating within that grant as a threat assessment and response specialist. Proposed, developed and implemented programs for Riverside County in conjunction with grant writing needs of the Department related to domestic violence, stalking, sexual assault, child abuse and threat management.

### **Investigator**

*Violence Against Women's Act "Arrestee" Grant, Riverside County Sheriff (2006-2007)*

*Persons' Crimes, Riverside County Sheriff (2005 – 2007, 2010 - Present)*

Developed program application for OVW Grant specifications for countywide investigation of domestic violence cases and the Riverside Sheriff's Department's first Domestic Violence Investigations Unit. Investigative specialization in domestic violence cases, stalking and restraining order violations, sexual assault, child abuse, assaults, and threat assessment and management of high lethality threat cases. Assisted with grant application for 2007 OVW submission (awarded).

### **Investigator**

*Professional Standards Bureau at Sheriff's Administration (2007 – 2010)*

Responsible for conducting in-depth personnel investigations, assisting Department legal representatives with civil cases, responding to Officer-Involved Shooting incidents and conducting the associated policy and procedure investigations, etc. Promoted to Senior Investigator and obtained Advanced POST certificate.

### **Problem-Oriented Policing Team, Law Enforcement Patrol Functions**

*(June 2000 – December 2005)*

Responsible for deputy-rank development of the Temecula Citizen Corps, a community disaster response team. Trained by FEMA as a train-the-trainer for disaster response and SEMS. Trained and worked with Neighborhood Watch organizations and the volunteer staff of the Citizen Corps to integrate the program into the city's disaster response protocol. Conducted presentations, training

and managed volunteer staff as part of the program. Patrol deputy duties including investigating hundreds of property and persons' crimes, responding as part of emergency law enforcement services. As part of the Problem Oriented Policing Team, responsible for crime-free multi housing, developing and implementing community-oriented programs targeted at reducing crime in the contract city, graffiti reduction/identification programs, as well as all special enforcement actions assigned by supervision. Promoted to Investigator in 2005.

***Editor and Columnist***

*San Diego Commerce, a Daily Journal Corporation publication (April 1996 – January 2000)*

Responsible for content, layout and design development for the *San Diego Commerce*, a Business, Real Estate and Legal newspaper owned and operated by the Daily Journal Corporation, a publishing company headquartered in Los Angeles. Expanded the editorial section to include focus articles on businesses in San Diego, legal spotlights on law firms and attorneys, and partnered with the Riverside publication to improve outreach and content, receiving recognition from corporate board.

**AVAILABLE UPON REQUEST/FURTHER INFORMATION**

- Reviews and recommendations for all programs and services
- Training records
- All training presentations include access to specialized private training website complete with all PowerPoints
- Rate sheet for all programs, expert witness fees, case consultation, training and presentations (\*no hidden fees)
- Programs will be specifically designed for your agency, business, or school
- Trusted partners are utilized whenever possible to meet additional needs as required