

Curriculum Vitae

Richard M. Sobel, MD

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**Distinguished Life Fellow of the American Psychiatric Association
Subspecialty ABMS Certification in Pain Medicine
Harvard Medical School Trained
Past President – Greater Philadelphia Pain Society
Practitioner of the Year, Philadelphia Psychiatric Society**

Current Academic and Professional Activities

- Private Practice in General Adult Psychiatry and Pain Medicine
- Assistant Clinical Professor, Department of Psychiatry and Human Behavior, Jefferson Medical College; Philadelphia, PA
- Medical Staff, Thomas Jefferson University Hospital; Philadelphia, PA
- Consultant to Department of State, Office of General Counsel, Commonwealth of Pennsylvania, performing evaluations on practitioners brought before professional boards.
- Legal expert on behalf of both plaintiffs and defendants
- Independent Medical Evaluations and Peer Review

Licensure and Certification

- Pennsylvania Medical License # MD-035260-E, Granted 2/10/86
- Florida Medical License # ME78289, Granted 6/16/99
- Diplomate, American Board of Psychiatry and Neurology,

Specialty Certification in Psychiatry, Certificate # 29694, certified 11/87

- Diplomate, American Board of Psychiatry and Neurology,
Subspecialty Certification in Pain Medicine, Certificate # 149,
Certified 11/2003, Recertified 9/2013
- Diplomate, American Board of Psychiatry and Neurology,
Subspecialty Certification in Geriatric Psychiatry, Certificate # 500802
Certified 11/1991, Recertified 7/2001 - 12/2011 (expired)

Education and Postdoctoral Training

- 1976 B.S. Massachusetts Institute of Technology (Chemistry); Cambridge, MA
- 1977 M.S. Massachusetts Institute of Technology (Nutritional Biochemistry and Metabolism)
- 1981 M.D. Pennsylvania State University; Hershey, PA
- 1981-1982 Intern in Medicine; Allentown Affiliated Hospitals, Allentown, PA
- 1982-1985 Resident in Psychiatry; The Beth Israel Hospital, Boston, MA

Previous Hospital Appointments and Professional Activities

- 1984-1985 Associate Staff, Norwood Hospital; Norwood, MA
- 1983-1985 Associate Staff, Westwood Lodge Hospital; Westwood, MA
- 1984-1986 Consulting Psychiatrist, Southeast Human Resources, Inc., Brockton, MA
- 1985-1986 Consulting Psychiatrist, Goddard Medical Associates, Brockton, MA
- 1985-1986 Staff Psychiatrist, Westwood Lodge Hospital; Westwood, MA
- 1986-1987 Attending Psychiatrist, 13 Thompson Unit, Thomas Jefferson University Hospital;
Philadelphia, PA
- 1987-1989 Unit Director, 14 Thompson Unit, Thomas Jefferson University Hospital; Philadelphia, PA
- 1990-1991 Peer Review (telephone and file review); Health Related Services, Pittsburgh, PA
- 2013-Present Peer Review (telephone and file review); Dane Street, Walnut Creek, CA
- 2013-Present Peer Review (telephone and file review); Quality Assurance Reviews,
Southampton, PA

2014-Present Peer Review (telephone and file reviews); Independent Claim Consultants
Network, Haydenville, MA

Previous Academic Appointments

1982-1985 Clinical Fellow (Resident) in Psychiatry; Harvard Medical School
1986-1987 Instructor, Department of Psychiatry and Human Behavior, Jefferson
Medical College

Professional Societies

1983-Present American Psychiatric Association, member
1986-Present Pennsylvania Psychiatric Society, member
- *Appointed representative to the Safe and Effective Prescribing Practices and Pain Management Work Group of the Pennsylvania Department of Drug and Alcohol Programs (2014-present).*
1986-Present Philadelphia Psychiatric Society, member
- *Appointed liaison to the Greater Philadelphia Pain Society (2010-2018)*
- *Elected Councilor (2014-2017)*
1996-Present Greater Philadelphia Pain Society (chapter of the American Pain Society) member
- *Member, Board of Directors (2010-Present)*
- *Chair, Education Committee (2011-2013)*
- *President (2013-2016)*
2018-Present Pennsylvania Pain Society, member

Awards and Honors

1991 Recipient of Annual Robert Waelder Award for Excellence in Teaching in Psychiatry,
Thomas Jefferson University Hospital
2003 Awarded Fellowship status, American Psychiatric Association
2010 Awarded Distinguished Fellowship status, American Psychiatric Association
2013 Practitioner of the Year, Philadelphia Psychiatric Society

- 2014 Recipient of Dean’s Award for Excellence in Education at Jefferson Medical College
- 2016 Awarded Distinguished Life Fellowship status, American Psychiatric Association

Bibliography

1. Sobel, R. “Expert Opinion: Questioning the Efficacy of Atypical Antipsychotics in Alzheimer’s Disease”. Practical Neurology, May 2007, 6:5: 18-20
2. Sobel, R., Lotkowski, S., Mandel, S., “Update on Depression in Neurologic Illness: Stroke, Epilepsy, and Multiple Sclerosis”, Current Psychiatric Reports, October 2005, 7:5: 396-403
3. Sobel, R., Markov, D., “The Impact of Anxiety and Mood Disorders on Physical Disease: The Worried Not-so-well”, Current Psychiatric Reports, June 2005, 7:3: 206-212
4. Mandel, S., Sobel, R., Cho, R., Lotkowski, S., Manon-Espaillet, R., “Depression: The Missing Piece of the Puzzle”, Practical Neurology, December 2004, 3:12: 62-69
5. Gorton, G., Swirsky-Sacchetti, T., Sobel, R., Samuel S., Gordon, A., “Neurological Functions in Personality Disorder”, in Assessment of Neuropsychological Functions in Psychiatric Disorders, American Psychiatric Association Press, Inc., Washington D.C., 1999
6. Swirsky-Sacchetti, T., Gorton, G., Samuel, S., Sobel, R. et al., "Neuropsychological Functioning in Borderline Personality Disorder", Journal of Clinical Psychology, May 1993, 44-3: 385-396
7. Schwenk, E.B., Sobel, R.M., Tepper, R., "Student Nutrition Group Offers Preventive Medicine Course", Pennsylvania Medicine, 1979; 82-2: 14-15
8. Sobel, R.M., "Longitudinal Ecological Assessment of the Nutritional Status on a Rural Guatemalan Lowland Plantation", Thesis, Master of Science Degree, Massachusetts Institute of Technology, 1977

Presentations

1. Opioid Prescribing: Finding the Right Balance in the Face of the Opioid Epidemic. Presented at the Abington Hospital/Jefferson Health Symposium on Opioid Abuse. (November 2016)
2. Montgomery County Dental Society, Annual Meeting, Keynote Presentation: “Abuse, Addiction, and Diversion of Controlled Substances” (April 2016)
3. Rowan University School of Osteopathic Medicine, Department of Psychiatry Grand Rounds: “Abuse, Addiction, and Diversion of Controlled Substances” (December 2015)

4. Philadelphia Psychiatric Society Addictions Conference; Philadelphia, PA: "Pain and Sleep Issues". (March 2015)
5. Greater Philadelphia Pain Society; Philadelphia, PA: "Psychopharmacology of Pain in the Elderly." (April 2011)
6. Greater Philadelphia Pain Society; Philadelphia, PA: "Psychopharmacology of Co-Morbid Pain and Depression." (May 2006)
7. Medicine Grand Rounds, Bryn Mawr Hospital; Bryn Mawr, PA: "Off-Label Uses of Medications in Pain Management." (May 2005)
8. Neurology Grand Rounds, Albert Einstein Medical Center; Philadelphia, PA: "The role of GABA in Neurological Illness." (December 2004)
9. Continuing Education Presentation at Thomas Jefferson University Hospital series on Pain Management for clinical nurses: "Pain Management in the Geriatric Population." (June 2004)
10. CME Presentation: "Treating Residual Symptoms in the Depressed Patient: A Clinician's Dilemma", multiple venues in the United States. (2004)
11. CME Presentation: "Deconstructing Syndromes into Symptoms", multiple venues in the Eastern United States. (2004)
12. CME Presentation: "Treatment of Neuropathic Pain", multiple venues in Eastern United States. (2003)
13. CME Presentation: "The Psychopharmacology of Energy and Fatigue", multiple venues in Eastern United States. (2003)
14. CME Presentation: "How to Choose an Antidepressant", Clinical Practice Enrichment Series. Philadelphia, PA. (April 2003)
15. Neurology Grand Rounds, Hahnemann Hospital, Philadelphia, PA: "Depression in Neurological Illness" (March 2003)
16. CME Presentation: "Understanding Depression, Matching the Neurotransmitter to the Patient", Medical World Conferences, Philadelphia PA, Raleigh/Durham, NC. (June 2002)
17. Grand Rounds, Cooper Hospital/University Medical Center, Department of Psychiatry; Camden, NJ. "Achieving Remission in the Treatment of Depression." (April 2002)
18. Presentation, Central Jersey Psychiatric Society. Rumson, NJ. "The Pharmacology of Depression." (May 2001)

19. Grand Rounds, Department of Internal Medicine, Riddle Memorial Hospital; Ridley, PA. "Choosing an Antidepressant." (January 2001)
20. Presentation, Speaker Training Program, Philadelphia, PA. Wyeth Ayerst. "The Pharmacology of Depression." (October 2000)
21. Poster session, National Academy of Neuropsychology, Annual Conference; Las Vegas, Nevada; "Neuropsychological Functioning in Borderline Personality Disorder"; Swirsky-Sacchetti, T., Carey, M., Gorton, G., Samuel, S., Sobel, R. (November 1997)
22. Grand Rounds, Department of Family Medicine, Thomas Jefferson University Hospital; Philadelphia, PA. "How to Choose an Antidepressant." (January 1996)
23. Workshop, American Psychiatric Association Annual Meeting; New York, NY. "Structural and Cognitive Assessment of Borderlines." (May 1990)
24. Workshop, Hospital and Community Psychiatry Annual Conference; Philadelphia, PA. "The Psychiatric Inpatient Unit as Consultant to the Outside Therapist." (October 1989)
25. Psychiatric Grand Rounds, Thomas Jefferson University Hospital; Philadelphia, PA. "The Psychiatric Inpatient Unit as Consultant to the Outside Therapist." (March 1988)
26. Psychiatric Grand Rounds, Thomas Jefferson University Hospital; Philadelphia, PA. "Can the Length of Hospitalization be Shortened?" (September 1986)
27. Workshop, Canadian Group Psychotherapy Association; Ottawa, Canada; "Beginning a Psychotherapy Group; a Trainee's Experience." (October 1984)
28. Psychiatric Grand Rounds, Beth Israel Hospital, Boston, MA. "Case Report: Conversion Disorder, A Multidisciplinary Approach." (September 1984)