Biography

Dr. Lessin is a lifetime native of upstate New York. He graduated Summa Cum Laude from Union College and attended medical school at the Stanford University School of Medicine in Palo Alto, California. He did his 3 year Residency in General Pediatrics at Yale University Hospitals in New Haven, Connecticut. Dr. Lessin entered private practice after residency in 1982, joining the 4-physician Hudson Valley Pediatric Group. In 1997 he merged the now 8 member group with another similar group to form the then 16 member Children’s Medical Group. Over his career, he has built the group to encompass 9 offices in a 3 county region in NYS Mid-Hudson Valley with 24 clinicians caring for almost 30,000 children.

Dr. Lessin has always been active in organized Pediatrics on a state and national level, serving the American Academy of Pediatrics at all levels. He has reviewed and commented upon nearly every national policy statement published by the Academy over a 6 year period on a national review committee, and served in the editorial board of and was lead author on 2 national immunization policies and contributed on multiple others. He has served in leadership positions in his medical group, and the Section on Administration and Practice Management of the AAP. He founded and build an Independent Practice Association and grew it to 3000 physicians. All this while practicing full time general community Pediatrics.

He became interested in litigation support in the mid 1980's and began that career reviewing medico-legal actions. His first dozen years were spent doing exclusive defense work. In 1999 he began to review cases for plaintiff as well and has served in case review, deposition and trial in many cases over the years. His medico-legal work accounts for less than 10% of his time and less than 20% of his income. He has been qualified as an expert in multiple states across the country. He works for both sides and his opinions are based solely on the case materials reviewed. Dr Lessin has lectured to medical groups across the country on medico-legal issues and has also done webinars both physicians and Legal Nurse Consultants.