# Linnda Durré, Ph.D.

# **Curriculum Vitae**

## **OCCUPATIONS**

Licensed Mental Health Counselor, Private Practice, State of Florida, April 2000 to Present, License #MH6058

Licensed Marriage, Family and Child Counselor, Private Practice, State of California, July 21, 1978, License #M12566 (Must Renew)

Licensed Marriage & Family Therapist, Private Practice, State of Washington, 1994-1997, License #852 (Must Renew)

Licensed Mental Health Counselor, Private Practice State of Washington, 1994-1997, License #2619 (Must Renew)

Expert Witness Qualified in Nine States (FL, CA, CT, GA, WA, AR, TN, AL, IA), Case Consultant and Jury Selection Consultant

Presenter to Attorneys, Judges, Lawmakers, and State Legislatures in Family, Criminal, Employment and Personal Injury Law

Intern Supervisor Undergraduate Students from UCF, Rollins, Valencia Community College, Full Sail Univ., Winter Park Tech OCPS

Former Adjunct Professor, Psychology Department, Stetson University, Rollins College, Seminole State, and Valencia CC

Certified Clinical Intern Supervisor, DOH Provider #50-2109, State of Florida

Supervisor of a Registered Psychological Assistant - Private Practice, California

Published Writer and Author, Surviving the Toxic Workplace (McGraw Hill, 2010)

Television and Radio Talk Show Host and Co-Producer/Producer

Media Guest and Commentator

**Business and Corporate Consultant** 

International Speaker and Keynote Speaker

Workshop and Seminar Leader

Motivational Speaker & Corporate Trainer

Career Consultant & Executive Recruiter

Sports Performance Coach and Consultant

Internet, Newspaper, and Magazine Columnist

### **EDUCATION**

Ph.D. California School of Professional Psychology, San Diego, CA: Psychology, July 1977 (now Alliant International University)
M.A. California School of Professional Psychology, San Diego, CA: Psychology, August 1975 (now Alliant International University)
B.A. Pacific Oaks College, Pasadena, CA: Human Development, June 1970

## DOCTORAL DISSERTATION

"Sexual Relationships Between Female Clients and Male Therapists." Registered with University Microfilms. California School of Professional Psychology, (now Alliant University) San Diego, CA: July 1977

## DOCTORAL COMMITTEE MEMBER

"A Study of the Relationships Between Anxious Attachment, Ego Functioning, and Female Client's Vulnerability Toward Sexual Involvement With Their Male Therapists," Laurie Stone, California School of Professional Psychology, Los Angeles, CA: Aug 1980

## **DOCTORAL DISSERTATION READER**

"Integrating Sex Therapy and Couple Therapy in the Treatment of Hypoactive Sexual Desire Disorder: An Attachment Based Approach," Cameron Gridley, California School of Professional Psychology, San Francisco, CA: May 2006

#### BOARD OF DIRECTORS

Children Mending Hearts, Toluca Lake, CA – September 2017 to Present, Board of Directors and Internship Coordinator Florida Student Art Festival, Orlando, FL, Secretary, August 2014-August 2015

The Bridge Foundation, Apopka, FL, Charter Member and Vice-President, June 2004-2016

President, Franklin County Art Council, Lake Placid, NY, September-October 1993

The Getaway Youth Center. Saranac Lake, NY, 1993-1994

## ADVISORY BOARD MEMBER

The International Society for Performance Improvement, Workplace Psychology Advisor, Ft. Lauderdale, FL: 2012-2017

The Golden Rule Foundation, Community Advisory Board, Maitland, FL: March 2004-2007

The Golden Rule Foundation, Quantitative Systems Method of Outcome and Design, Subcommittee Facilitator, 2005-2006

Winter Park Tech, Medical Secretary Board, Winter Park, FL: October 2004-2006, Chairperson

Winter Park Tech, Medical Secretary Board, Winter Park, FL: October 2003-October 2004

Southern California Neuropsychiatric Institute. Educational Advisory Board, La Jolla, CA: July 1985-July 1987

P.O. Box 1093 Winter Park, FL 32790 Linnda.Durre@gmail.com www.SurvivingTheToxicWorkplace.com FL LMHC #MH6058 Cell 321-948-0164 Cell 818-271-0204

## <u>SEMINARS, WORKSHOPS, LECTURES, STUDY, AND ASSOCIATION WITH OUTSTANDING</u> PSYCHOTHERAPISTS, PSYCHOLOGISTS, PSYCHIATRISTS, PHYSICIANS, AND PROFESSORS

Leonard Goodstein, Ph.D. – Psychologist, Former CEO of the American Psychological Association – Reviews of my two books – *Great Relationships* <sup>TM</sup> *Manual: A Guide to Share Yourself With Your Partner* (We Publish Books, 2005), and *Surviving The Toxic Workplace - Protect Yourself Against the Co-Workers, Bosses, and Work Environments That Poison Your Day*, (McGraw Hill, January 2010) as well as a book blurb on cover.

Recommendation letters for my being a TV and radio talk show host and advice commentator; as well as a testimonial blurb on the back cover of my book, *Surviving The Toxic Workplace – Protect Yourself Against the Co-Workers, Bosses, and Work Environments That Poison Your Day*, (McGraw Hill, January 2010). Professional and personal friendship with Dr. Leonard Goodstein and his wife, Jeanette Goodstein, Ph.D., for 30+ years.

Carl R. Rogers, Ph.D. – Attendance at Psychotherapy Seminar at C.S.P.P. (now Alliant University), San Diego, CA with Dr. Carl R. Rogers as guest speaker.

For several years, I led many seminars and workshops on Assertiveness Training, Stress Management, Time Management, and Consciousness Raising at Dr. Carl Rogers' Center for the Studies of the Person, La Jolla, CA

- Theodore Blau, Ph.D. Former president of the APA American Psychological Association; "The Psychologist as Expert Witness", Continuing Education Seminar, San Diego, CA
- Albert Ellis, Ph.D. Psychologist, Author, Founder of RET; I interviewed Dr. Ellis at his office in New York City for my 400 page doctoral dissertation, "Sexual Relationships Between Female Clients and Male Therapists," © 1977 University Microfilms.
- Scott Peck, M.D. Psychiatrist and author of best-selling books, "The Road Less Traveled" and "People of the Lie" Lecture
- Miriam Polster, Ph.D. Personality Development in Literature, Independent Study, Semester Long, C.S.P.P., (now Alliant University), San Diego, CA and Theories of Personality Course at C.S.P.P.
- Louis Gluck, M.D. Expert on Neonatology and Head of Neonatology Department, Internship, NICU, University Hospital, UCSD, Neonatology while a graduate student at C.S.P.P. (now Alliant University)
- Charlotte White, Ph.D. Supervisor, University Hospital, UCSD, Neonatology, Follow up Developmental Testing of At Risk Neonates; University of California, San Diego, CA while a graduate student at C.S.P.P., San Diego, CA
- Leo Kurlander, M.D. Psychiatrist and Supervisor for Field Placement at University Hospital, Neonatology ICU, University of California, San Diego, CA
- James Simkin, Ph.D. Gestalt Psychologist, Weekend Workshop Sponsored by C.S.P.P. San Diego, now Alliant University; at his home in Big Sur, CA
- Elizabeth Kubler Ross, M.D. Psychiatrist, Author of On Death and Dying Seminar on Death and Dying, San Diego, CA
- Harold Bessell, Ph.D. Psychological Assistant, Pre-Doctoral and Post-Doctoral Licensing Hours, 1975-1978, Author of *The Parent Book*, La Jolla, CA
- Robert D. Hess, Ph.D. Professor of Education at Stanford University; I was a Research Assistant working on the National Evaluation of Head Start with and for the Department of Education, Washington, D.C., which he was supervising; I also wrote the chapter introductions for his textbook published by Houghton Mifflin, *Teaching Young Children*, Stanford University, Stanford, CA, Summer 1969
- Eric Berne, Ph.D. "Games People Play" Workshop, Pacific Oaks College, Pasadena, CA, 1969
- Marilou Conner, M.A. Professor and Mentor at Pacific Oaks College, Pasadena CA, 1968-2005, Deceased
- Leib Lehmann, Ph.D., Psychologist, Los Angeles, CA, 1997 to Present, Colleague

# <u>SEMINARS, WORKSHOPS, LECTURES, STUDY, AND ASSOCIATION WITH OUTSTANDING</u> PSYCHOTHERAPISTS, PSYCHOLOGISTS, PSYCHIATRISTS, PHYSICIANS, AND PROFESSORS (con't.)

- George Dillinger, M.D. Psychiatrist, Board Certified in Psychiatry and Neurology, Yale Medical School, Menninger Clinic, Faculty Member at C.S.P.P. (now Alliant University) and in Private Practice. Took all classes at C.S.P.P. that he taught. After my Ph.D. graduation, I took his private classes, workshops, and seminars.
- Marianne Wolman, M.A. Professor and Mentor at Pacific Oaks College, Pasadena, CA, 1968-1994 First grade pupil of Anna Freud in Vienna, Austria. Escaped the Nazis, written about in *Crossing Over*, by Ruth Wolman
- Stanley Coopersmith, Ph.D. Lecture at Pacific Oaks College, "Self-Esteem," Pasadena, CA, Author of *The Antecedents of Self-Esteem* and *The Formative Years: Principles of Early Childhood Education*
- Lois Barclay Murphy, Ph.D. Psychologist, Author, Researcher; Lecture at Pacific Oaks College, Pasadena, CA, Author of *Personality in Young Children: Volume 1 and 2*, Seminar
- Mardy Grothe, Ph.D. Psychologist, Marriage Counselor, Management Consultant, Author of nine (9) books, including *Problem Bosses, Problem Employees, Can this Partnership Be Saved;* and other management and business books. I was one of two editors for one of his books, *Ifferisms Quotation Lover's Guide to Things You Should Never Do, Never Say, or Never Forget,* Harper Collins, 2011; I was also quoted on page 253 of his book.
- Michael Cipollaro, MBA Faculty member at and founder of the Center for Entrepreneurship at the Crummer Graduate School of Business at Rollins College, Winter Park, FL for nine years; formerly with Gerber, McCormick, and other Fortune 500 companies.
- Elliott Grumer, M.D Psychiatrist, Former Head of Psychiatric Services, Good Samaritan Hospital, Phoenix, AZ; Seminar Leader for The Sedona Method Colleague and Friend for 48 years; Former Classmate at CSPP
- Richard Stanton, Ph.D. Psychologist, Licensed in the State of Illinois Colleague and Friend for 48 years; Former classmate at CSPP

#### SURVIVING THE TOXIC WORKPLACE:

Protect Yourself Against the Co-Workers, Bosses, and Work Environments That Poison Your Day, By Linnda Durré, Ph.D.

Published by McGraw Hill, January 26, 2010 – 256 pages

Combined eight (8) Five Star Reviews on Amazon and Barnes and Noble's Websites - www.amazon.com and www.bn.com

Amazon List: #16 out of 25 - "Books to Learn the Rules of the Workplace" - <a href="http://www.amazon.com/Learn-Rules-Workplace/lm/R3K1CX5YJSD0GQ/ref=cm\_lmt\_srch\_f\_2\_rsrsrs0">http://www.amazon.com/Learn-Rules-Workplace/lm/R3K1CX5YJSD0GQ/ref=cm\_lmt\_srch\_f\_2\_rsrsrs0</a>

Amazon List: #6 out of 8 - "Books to Humanize the Workplace" - <a href="http://www.amazon.com/Humanize-The-Workplace/lm/R2GET6UC4IWIX9/ref=cm">http://www.amazon.com/Humanize-The-Workplace/lm/R2GET6UC4IWIX9/ref=cm</a> srch res rpli alt 1

Foreign Edition Published in South Korea, Published by Boogle Books, 2010, KCC-Korea Copyright Center, Inc., Seoul, South Korea

Foreign Edition Published in The Czech Republic, Prah Publishers, 2012, Translated by Svatoslav Gosman

Interviews newspapers and/or magazines, online and/or hard copy include: Forbes, Wall Street Journal, Investors' Business Daily, Inc. Magazine, Business Week, Job Week, Entrepreneur Magazine, USA Today, Sydney (Australia) Herald, Pasadena Star News, New Jersey Star Ledger, AOL, Monster, Yahoo, Toronto Globe and Mail, LA Times, Law Office Administrator, Medical Office Manager, Toronto Sun, Orlando Magazine, and many others

Video interviews on website from my appearances on Canada AM, Daytime (nationally syndicated), Fox 35 Orlando, Fox 5 San Diego, Speech at Tulsa Chapter of Oklahoma Ethics Consortium;

Selected as a Pledge Special for Public Television, by WMHT, PBS Affiliate, Albany, NY, To Be Arranged

Business columnist online and/or hard copy who has written for: Forbes, AOL, Monster, Yahoo, Management Issues, Orlando Business Journal, American Cities Business Journals, Orlando Leisure Magazine, eBossWatch, TheLatest.com and other publications and outlets

PowerPoint and Lectures with Book Signings at:

Rollins College, MBA Program, Crummer Graduate School of Business, Leaders on Leadership Seminar, Winter Park, FL: Keynote Speaker, November 18, 2010

Barnes and Noble

Colonial Plaza Store, Orlando, FL

Ft. Lauderdale, FL

Miami, FL

Tampa, FL

Stamford, CT

Brick Plaza, Brick Township, NJ

**Borders** 

Winter Park, FL

Miami, FL

Greenwich Chamber of Commerce, Greenwich, CT

Winter Park Public Library, Winter Park, FL

Glendale Public Library, Glendale, CA

Palm Desert Public Library, Palm Desert, CA

Sherman Oaks Public Library, Sherman Oaks, CA

Book Tour Fall 2019: Metuchen Public Library, Metuchen, NJ

Springfield Public Library, Springfield, NJ

New Providence Public Library, New Providence, NJ

North Brunswick Public Library, North Brunswick, NJ,

## **Professional Presentations**

04/2019 - CFAMFT - Central Florida Assn. of Marriage and Family Therapists - Helping Clients In Toxic Workplaces

# CONTINUING EDUCATION - PAST AND/OR PRESENT (TO BE ENTERED & UPDATED - TBE)

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January 2022
                   TBE - To Be Entered - CFAMFT
January 2022
                   TBE – To Be Entered - MHCCF
November 2021
                   TBE - To Be Entered - CFAMFT
October 2021
                   TBE - To Be Entered - CFAMFT
September 2021
                   TBE - To Be Entered - CFAMFT
July 2021
                   TBE – To Be Entered - CFAMFT
April 2021
                   TBE - To Be Entered - CFAMFT
March 2021
                   TBE - To Be Entered - CFAMFT
February 2021
                   TBE – To Be Entered - CFAMFT
January 2021
                   TBE - To Be Entered - CFAMFT
November 2021
                   TBE – To Be Entered - MHCCF
October 2021
                   TBE - To Be Entered - MHCCF
September 2021
                   TBE - To Be Entered - MHCCF
July 2021
                   TBE - To Be Entered - MHCCF
May 2021
                   TBE - To Be Entered - MHCCF
March 2021
                   TBE - To Be Entered - MHCCF
February 2021
                   TBE - To Be Entered - MHCCF
January 2021
                   TBE - To Be Entered - MHCCF
June 18, 2021
                   Eating Disorders, MHCCF, Central Florida, Online Zoom
June 2021
                   Cultural Competency, CFAMFT, Central Florida, Online Zoom
May 2021
                   Sex Trafficking, CFAMFT, Central Florida, Online Zoom,
May 21, 2021
                   Hypnosis and Trauma, CFAMFT, Central Florida, Online Zoom
April 16, 2021
                   Therapeutic Martial Arts, MHCCF, Central Florida, Online Zoom
March 2021
                   Medical Errors, MHCCF, Central Florida, Online Zoom
                   Intergenerational Trauma, CFAMFT, Central Florida, Zoom Online
March 04, 2021
                   Bullying Tactics and How to Counteract Them, CFAMFT, Central Florida, Online Zoom
February 04, 2021
January 15, 2021
                   The Resilient Brain: Helping Adults and Kids Learn to Manage Life's Storms
November 2020
                   Keeping your License, Legal and Ethical Practice, Alicia Homrich, Ph.D. CFAMFT, Online Zoom
                   Medical Errors, MHCCF, Online Zoom
October 2020
                   BDSM 101 For Therapists, MHCCF,
October 16, 2020
                   Links Between Adverse Childhood Experience and Adult Well Being, MHCCF,
September 18, 2020
September 18, 2020
                   Laws and Rules of the Licensing Board, Leigh , CFAMFT, First United Methodist
                     Church, Winter Park, FL
September 18, 2020
                   Ethics and Boundaries, Bert Bertram, Ph.D., CFAMFT, First United Methodist
                     Church, Winter Park, FL
September 19, 2020
                   Domestic Violence, CFAMFT, Online Zoom
July 2020
                   TBE - To Be Entered - CFAMFT
June 28, 2020
                    Risk Management and Ethics
June 2020
                   TBE - To Be Entered - CFAMFT
May 2020
                   TBE - To Be Entered - CFAMFT
April 2020
                    TBE - To Be Entered - CFAMFT
March 2020
                    TBE - To Be Entered - CFAMFT
February 2020
                    TBE – To Be Entered - CFAMFT
January 2020
                    TBE - To Be Entered - CFAMFT
July 2020
                    TBE - To Be Entered - MHCCF
June 2020
                    TBE - To Be Entered - MHCCF
May 2020
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April 2020
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March 2020
                    TBE - To Be Entered - MHCCF
February 2020
                    TBE - To Be Entered - MHCCF
January 2020
                    TBE – To Be Entered – MHCCF
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Winter Park, FL

How to Be an Expert Witness, Linnda Durre', Ph.D., MHCCF, All Saints Episcopal Church,

November 15, 2019

#### CONTINUING EDUCATION - PAST AND/OR PRESENT (continued)

CONTINUING EDUCATION - PAST AND/OR PRESENT (continued)			
January 14, 2016	Sharing Success Stories in Counseling – Bert Bertram, Ph.D., CFAMFT, First United Methodist		
November 20, 2015	Church, Winter Park, FL Reigniting Passion & Love – Brenda Faiber, MS, MHCCF, All Saints Episcopal Church, Winter Park, FL		
November 05, 2015	Legal and Ethical Practices – Alicia Homrich, Ph.D., CFAMFT, First United Methodist Church,		
140 veiliber 03, 2013	Winter Park, FL		
October 16, 2015	Building Brain Capacity: The Joy Bucket – Dawn Whitestone, LMHC, MHCCF, All Saints		
	Episcopal Church, Winter Park, FL		
September 03, 2015	Brain Chemistry of Addiction – William Leach, M.D., CFAMFT, First United Methodist Church, Winter Park, FL		
August 21, 2015	Fright, Flight, Freeze, and Chronic Pain, Laura Rampil, D.O., MHCCF, All Saints Episcopal Church, Winter Park, FL		
August 06, 2015	Spirituality in Counseling - CFAMFT, First United Methodist Church Winter Park, FL		
July 17, 2015	Psychopharmacology & New Drugs – Patricia Ann W. Brown, Ph.D., ARNP, CFAMFT, Winter Park, FL		
May 15, 2015	The Law of Attraction – Ruth Stern, M.A. – MHCCF, All Saints Episcopal Church, Winter Park, FL		
March 28, 2015	Unusual Paraphilias – Online Course, PD Resources		
March 20, 2015	Emotional Therapy – Georgia Howar-Faire – All Saints Episcopal Church, Winter Park, FL		
March 16, 2015	Florida Mental Health Rules and Laws – Online Course, PD Resources		
March 06, 2015	Inside the Manipulators' Mind – Dr. Alan Godwin – Kirkman Holiday Inn, Orlando, FL		
February 21, 2015	Autism Spectrum – Florida Hotel & Conference Center – Orlando, FL Ethics and Boundaries – Continuing Education – Meredith Neill, Valencia College, Orlando, FL		
February 21, 2015 February 21, 2015	Prevention of Medical Errors – Continuing Education – Carol Millenson, Valencia College, Orlando, FL		
February 21, 2015	Domestic Violence - Continuing Education – Valencia Community College, Orlando, FL		
February 06, 2015	Restoring Life After Sexual Trauma – Dr. Melissa Bradley, Universal Crowne Plaza Hotel, Orlando, FL		
March 23, 2013	Ethics and Boundaries – Continuing Education, Meredith Neill, Valencia College, Orlando, FL		
March 23, 2013	Prevention of Medical Errors – Continuing Education Carol Millenson, Valencia College, Orlando, FL		
January 2013	Parenting Communication – Presented by Behavioral Support Services, Orlando, FL		
August 2012	Alumni Profiles, Pacific Oaks College, Pasadena, CA: Cover Photo Montage and Article		
Feb 9-11, 2012	Family Mediation Training – Completed, USF, Continuing Education, Gregory Firestone, Ph.D.		
Feb 16-18, 2012	Family Mediation Training – Completed, USF, Continuing Education, Gregory Firestone, Ph.D.		
March 18, 2011	Ten Best-Ever Anxiety Reducing Techniques – Margaret Wehrenberg, Psy.D Online		
February 12 2011	Domestic Violence - Continuing Education - Valencia Community College, Orlando, FL		
February 12, 2011	Prevention of Medical Errors - Continuing Education - Valencia Community College, Orlando, FL		
February 12, 2011	Boundaries and Ethical Issues in Psychotherapy - Continuing Education, VCC, Orlando, FL		
December 9, 2010	Bi-Polar Disorder – Continuing Education – Jay Carter, Psy. D., Orlando, FL		
June 04 & 05, 2010	Emotional Release Therapy, Altamonte Springs, FL (16 credits of CEUS) with Ruth Stern		
Feb 27 & 28, 2009	Certified Clinical Intern Supervisor – DOH Provider #50-2109 – Continuing Education –		
February 21, 2009	Alicia Homrich, Meredith Neill, Roberta Marowitz, and Ruth Edwards, VCC, Winter Park, FL Domestic Violence - Continuing Education – VCC, Winter Park, FL		
February 21, 2009	Boundaries and Ethical Issues in Psychotherapy – Continuing Education, VCC, Winter Park, FL		
February 21, 2009	Prevention of Medical Errors – Continuing Education - Orlando, FL – VCC, Winter Park, FL		
September 25, 2008	Motivational Interviewing – Continuing Education – David Kiehl, Ph.D. – Orlando, Florida		
May 23, 2008	Anger Control for Children, Teens and Adults - Continuing Education – Isadore Kalmen, Ph.D.		
May 9, 2008	A.D.H.D.: Treatment, Meds & Holistic Alternatives - Continuing Education - Jim West, Ph.D., Orlando, FL		
March 17, 2007	Rules and Laws Re: Psychotherapy – VCC, Continuing Education, Alicia Homrich, Ph.D., Orlando, FL		
March 3, 2007	Therapist as Coach: Jungian Depth Coaching – VCC, Continuing Education - Carol Millenson, Orlando, FL		
November 17, 2006	Domestic Violence – Continuing Education - Orlando, FL		
November 17, 2006	Ethical Issues in Psychotherapy & Preventing Medical Errors, Continuing Education, Orlando, FL		
November 1, 2006	Memory, Aging and Sleep – Continuing Education – Michelle Albers, Ph.D., RD, Orlando, FL		
August 11, 2006	Bi-Polar Disorder – Continuing Education – Jay Carter, Psy. D., Orlando, FL		
March 19, 2005	Sexual Behavior and Values – Continuing Education – Philip Toal, Ed.D., LMHC, Orlando, FL Anger and Violence – Continuing Education – Janet LeBlanc, LMHC, Orlando, FL		
March 18, 2005 March 18, 2005	Anger Management: Behavioral Practicum – Continuing Education - Janet LeBlanc, LMHC, Orlando, FL		
March 12, 2005	Domestic Violence – Continuing Education - Kathy Booker, LMHC, Orlando, FL		
March 12, 2005	Reporting of Medical Errors – Continuing Education - Carol Millenson, Orlando, FL		
August 9, 2004	Anger, Aggression and Violence – Continuing Education - Jeffrey Baker, Ph.D., Orlando, FL		
June 17, 2004	The Over-Indulged Child - Continuing Education – Kathleen Kralick, Ph.D., Orlando, FL		
August 15, 2003	The Unattached Child – Continuing Education – Larry Shyers, Ph.D., Orlando, FL		
<i>y</i>			

## **CONTINUING EDUCATION - PAST AND/OR PRESENT (continued)**

August 15, 2003 Psychopharmacology for MHP – Continuing Education – Patricia Economidis, M.S., ARNP-BC

March 21, 2003 Domestic Violence – Continuing Education – Larry Shyers, Ph.D.

March 21, 2003 Reporting of Medical Errors – Continuing Education – Larry Shyers, Ph.D.

November 15, 2002 Spirituality in Psychotherapy - Continuing Education - Christine Rosenthal, M.A., LMHC October 25, 2002 Working with Clients After the Affair - Continuing Education - Regina Proskine, LMFT

August 13, 2002 Women's Health Update – Continuing Education - Michelle Albers, Ph.D., R.D. Borderline Personality Disorder – Continuing Education - Larry Shyers, Ph.D.

May 2000 Domestic Violence Course, Continuing Education

June 1994 AIDS Course for Continuing Education

1989 Child Abuse: Detection, Treatment, and Reporting Course, Continuing Education 1978 The Psychologist as Expert Witness - Theodore Blau, Ph.D., Continuing Education

## LICENSES, CERTIFICATES, AND REGISTRATIONS

Feb 27 & 28, 2009 Certified Clinical Intern Supervisor – DOH Provider #50-2109 – Continuing Education –

Alicia Homrich, Meredith Neill, Roberta Marowitz, and Ruth Edwards, VCC, Winter Park, FL

April 27, 2000 Licensed Mental Health Counselor, State of Florida (#MH6058)

July 1994 Certified Marriage and Family Therapist, State of Washington (#852)

July 1994 Certified Mental Health Counselor, State of Washington (#2619)

1993 Elementary Teaching Certificate, K6, State of New York

February 1987 National Board of Certified Counselors

July 1978 Licensed Marriage, Family and Child Counselor, State of California (#M12566) – Needs Renewal

July 1975-Feb 1983 Registered Psychological Assistant, State of California Feb 1981-Feb 1983 Gay Parnell, Ph.D., Psychologist (Post-Doctoral Hours)

July 1975- Jan 1979 Harold Bessell, Ph.D., Psychologist (Pre-Doctoral and Post-Doctoral Hours)

May-October 1979 Gay Parnell, Ph.D., Psychologist (Post-Doctoral Hours)

1973-1975 Standard Teaching Certificate, Elementary 101, K-9, State of California

1972 Elementary Teaching Certificate, K-6, State of New Jersey

1969, 1973, 1975 Children's Center Teaching and Supervision Certificate, State of California

#### SCHOLARSHIPS, FELLOWSHIPS, AND ASSISTANTSHIPS

1973 California School of Professional Psychology, Scholarship (now Alliant University) 1973-1977 National Direct Student Loan (NDSL) and Federally Insured Student Loan (FISL)

1974-1975 California School of Professional Psychology (now Alliant University)

Scholarship

Work-Study Program

Student Assistant for the Growth Series

Teaching Assistant, Developmental Psychology

1976-1977 California School of Professional Psychology (now Alliant University)

Scholarship and Work-Study Program, Library Assistant

Teaching Assistant, Advanced Psychological Assessment and Psychodiagnostics

1969-1970 Pacific Oaks College, Research Fellowship
 1969 Pacific Oaks College, Teaching Fellowship
 1968-1970 Pacific Oaks College, Work-Study Program

1966-1968 Ohio State University, School of Education, Bland L. Stradley Scholarship

1966-1970 New Jersey State Scholarship

#### **AWARDS**

November 21, 2003 Playwrighting Master Class with Edward Albee, Rollins College, Winter Park, FL
May 31, 1996 Emerging Business Award Nomination, Bellevue Chamber of Commerce, Bellevue, WA

February 1996 Outstanding Instructor, Discover University, Seattle, WA

Fall 1978 "60 Minutes" Segment: "50 Minutes," Award for Best Contribution to the Field of Psychology by

the APA - American Psychological Association - at their Annual Convention, Toronto, Canada

1972-1973 Outstanding Volunteer Contribution, New Jersey State Diagnostic Center, Menlo Park, NJ
1965 Girls State Representative, Metuchen High School, Metuchen, NJ at Rutgers University, NJ

Appointed Director of Motor Vehicles in Mock Government at Girls State New Jersey, 1965

1965 National Honor Society, Inductee, Junior Year, Metuchen High School, Metuchen, NJ, 1965

#### LISTINGS AND MEMBERSHIPS, PAST AND PRESENT

Mensa International, 1979

American Psychological Association

California Psychological Association

American Association of Marriage and Family Therapists

California Association of Marriage and Family Therapists

National Board for Certified Counselors, 1987

Outstanding Young Women of America, 1979

The Dictionary of International Biography, 1976 and 1980

The International Authors and Writers Who's Who

Who's Who in the West, 1979 and 1980

Who's Who in California, 1981

Who's Who Among San Diego Women

The World's Who's Who of Intellectuals

The World's Who's Who of Women

The World's Who's Who of Human Services Professionals, 1987

Who's Who of Young American Professionals, 1988

Who's Who of La Jolla, 1988

Writers Guild of America, West, 1970

Women's Committee, Writers Guild of America, 1991

National Organization for Women

Film Society, Writers Guild of America

American Society of Composers, Authors, and Publishers (ASCAP)

American Federation of Television and Radio Artists (AFTRA)

Business and Professional Women's Club, Lake Placid, NY

Bellevue Chamber of Commerce, Bellevue, WA, 1996

Winter Park Chamber of Commerce, Winter Park, FL, 2000-2005

Florida Motion Picture and Television Association, Orlando Chapter, Orlando, FL

United Film and Television Artists, Orlando, FL, Charter Member 2004 – 2007

Florida Mental Health Counselors Association, 2021 – Present

MHCCF – Mental Health Counselors of Central Florida, 2015 – Present

CFAMFT - Central Florida Association of Marriage and Family Therapists, 2015 - Present

Nashville Songwriters International Association

International Songwriters Guild

#### **VOLUNTEER WORK**

Children Mending Hearts – Charity Foundation, Board of Directors and Internship Coordinator, Toluca Lake, CA, 2017-Present Campaign for Re-election of Grant Maloy, Clerk of Seminole County, FL

The Golden Rule Foundation – Member – 2004 to 2007

The Golden Rule Foundation, Community Advisory Council Member, Maitland, FL: January 2005 to 2007

The Golden Rule Foundation, Community Advisory Council, Facilitator, Maitland, FL: January 2005 to 2007

The Golden Rule Foundation, Community Advisory Council, Maitland, FL: March 2004 to 2007

The Bridge Foundation, Vice President of the Board of Directors, Co-Founder and Charter Member, Apopka, FL

Winter Park Public Library, Winter Park, FL: Seminar Series, Fall 2000 to 2004

University High School, Orlando, FL: Mentor Program

Harbor House, Orange County Center Against Domestic Violence, Orlando, FL: Speaker's Bureau, July 2000 to 2007

Julian Street Inn, San Jose, CA: July 1999, Food Server at Homeless Shelter

Odyssey Theater, Los Angeles, CA: March 1999, Usher, Clerical Support, and Phone Contacts

Horses in the Hood, Los Angeles, CA: Consultant, November 1997, Director and Founder, Kathy Kusner

WMFE Radio and Television Pledge Drives, PBS and NPR Station, Orlando, FL: 1996 to 2005

Women in Communications, Seattle, WA: Matrix Convention, Speaker Chairperson

Women's Business Exchange, Seattle, WA: Table Leaders Committee, Assistant to the Chairperson

Women's Business Owners, Seattle, WA: Speakers Committee, Member; Hospitality Committee, Chairperson

Bellevue High School, Bellevue, WA: Mentor Program

Lake Placid High School, Lake Placid, NY: Mentor Program, Coordinator, Dean Dietrich

PBS Series, "Healing and the Mind with Bill Moyers," Adirondack Medical Center, Saranac Lake, NY: Group Leader, February 1993

The Getaway Youth Center, Saranac Lake, NY: Group Facilitator

Lake Placid Public Library, Lake Placid, NY and Saranac Lake Free Library: Children's Weekly Story Hour, Reader

WCFE Pledge Drive, PBS Station, Plattsburgh, NY: December 1992, January 1993, and March 1993

Women's Committee, Writers Guild of America, West, Los Angeles, CA: June 1991 to September 1992

Women's Filmmakers' Program, Publicity Sub-Committee, Member; Fund-Raising Sub-Committee, Member

SAG/WGA Direct Access Program, Hospitality Sub-Committee, Co-Chairwoman

KCET Pledge Drive, PBS Station, Los Angeles, CA: August 1992, March 1992

Cocaine Hot Line, San Diego, CA: Coordinator and Volunteer, May 1986 to September 1986

Love and Sex Addiction Hot Line, San Diego, CA: Coordinator and Volunteer May 1986 to September 1986

The Difference-Makers, San Diego, CA: Consultant, 1985 to 1986, Director, Helice Bridges

Strong on Self-Defense, San Diego, CA: Consultant, Fall 1986, Director, Sandy Strong

La Jolla High School, La Jolla, CA: Mentor Program, School Years 1984 to 1985 & 1983 to 1984, Coordinator, Peggy Harmon

Werner Erhard and Associates, San Diego Area Center, San Diego, CA: On-Call Therapist for Trainings and Six Day Trainings, 1980 to 1989

New Jersey State Diagnostic Center, Menlo Park, NJ: Award for Outstanding Volunteer Contribution, 1972 to 1973

John F. Kennedy Hospital, Edison, NJ: Bookmobile Worker, 1971

Foothill Free Clinic, Pasadena, CA: Receptionist, 1970

Unitarian Church, Columbus, OH: Big Sister Program, 1966 to 1967

## **CHARITY DONATIONS & SILENT AUCTIONS**

Children Mending Hearts – Fund Raisers – 2017 to Present

The Imagine Project – Christmas Silent Auction, 2021

Punished 4 Protecting – Christmas Holiday Toy Drive & Auction, December 2021

Charity Buzz – For Children Mending Hearts – 2017 to Present

# <u>PUBLICATIONS, BOOKS, NEWSPAPERS, INTERNET, MAGAZINES, E-ZINES, AND ON-LINE COLUMNS</u> (TO BE ENTERED & UPDATED - TBE)

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 $\underline{https://the latest.com/tlt/my-interview-bill-bradley-how-many-outstanding-accomplishments-careers-can-one-man-have-politics-basketball-investment-1607870347}$ 

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The Latest <a href="www.TheLastest.com">www.TheLastest.com</a> Online Columnist, "How to Live an Authentic Life," December 18, 2019 <a href="https://thelatest.com/tlt/how-to-live-an-authentic-life-by-linnda-durre-ph-d-sobriety-health-spirituality-1576704395">https://thelatest.com/tlt/how-to-live-an-authentic-life-by-linnda-durre-ph-d-sobriety-health-spirituality-1576704395</a>

The Latest <a href="https://thelatest.com">www.TheLatest.com</a> Online Columnist, "Dealing with Impaired Drivers at Home, at Work & in Courts," December 08, 2019 <a href="https://thelatest.com/tlt/dealing-with-impaired-drivers-at-home-at-work-and-in-court-addiction-drunk-drivers-alcoho-1575840835">https://thelatest.com/tlt/dealing-with-impaired-drivers-at-home-at-work-and-in-court-addiction-drunk-drivers-alcoho-1575840835</a>

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eBossWatch.com, Column, "Difficult Bosses –Column #40 – "Delia the Delicate Flower," October 07, 2014 http://blog.ebosswatch.com/2014/03/coping-with-a-toxic-boss-delia-the-delicate-flower/

eBossWatch.com, Column, "Difficult Bosses – Column #39 – "Aggie the Agreer," June 17, 2014 <a href="http://blog.ebosswatch.com/2014/06/coping-with-a-toxic-boss-aggie-the-agreer/">http://blog.ebosswatch.com/2014/06/coping-with-a-toxic-boss-aggie-the-agreer/</a>

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Management Issues, "When Should You Quit a Toxic Company? September 05, 2013 http://www.management-issues.com/opinion/6748/when-should-you-quit-a-toxic-company/

Management Issues, "How to Survive a Toxic Company", July 22, 2013 <a href="http://www.management-issues.com/opinion/6712/how-to-survive-a-toxic-workplace/">http://www.management-issues.com/opinion/6712/how-to-survive-a-toxic-workplace/</a>

eBossWatch.com, Column, "Difficult Bosses – Column #36 – "Orin the Orator," June 21, 2013 http://blog.ebosswatch.com/2013/06/coping-with-a-toxic-boss-orin-the-orator/

eBossWatch.com, Column, "Difficult Bosses – Column #35 – "Denny the Distorter," May 30, 2013 <a href="http://blog.ebosswatch.com/2013/05/coping-with-a-toxic-boss-denny-the-distorter/">http://blog.ebosswatch.com/2013/05/coping-with-a-toxic-boss-denny-the-distorter/</a>

Surviving the Toxic Workplace: Protect Yourself Against the Co-Workers, Bosses, and Work Environments That Poison Your Day, Business and Communication Self-Help Book, Prah Publishers, Czech Republic, Publication Date: April 2012, <a href="http://www.survivingthetoxicworkplace.com/">http://www.survivingthetoxicworkplace.com/</a>

eBossWatch.com, Column, "Difficult Bosses – Column #34 – "Robert the Rule Monger," March 28, 2013 <a href="http://blog.ebosswatch.com/2011/11/coping-with-a-toxic-boss-Robert-the-Rule Monger/">http://blog.ebosswatch.com/2011/11/coping-with-a-toxic-boss-Robert-the-Rule Monger/</a>

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eBossWatch.com, Column, "Difficult Bosses – Column #25 – "Bill the Big Picture Boss," April 1, 2011 <a href="http://blog.eBossWatch.com/2011/03/coping-with-a-toxic-boss-bill-the-detail boss">http://blog.eBossWatch.com/2011/03/coping-with-a-toxic-boss-bill-the-detail boss</a>

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eBossWatch.com, Column, "Difficult Bosses – Column #23 – "Phoebe the Phony," March 04, 2011 <a href="http://blog.eBossWatch.com/2010/10/coping-with-a-toxic-boss-betty-the-battle-axe">http://blog.eBossWatch.com/2010/10/coping-with-a-toxic-boss-betty-the-battle-axe</a>

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eBossWatch.com, Column, "Difficult Bosses – Column #21 – "Wade the One Upper," January 27, 2011 <a href="http://blog.eBossWatch.com/2010/10/coping-with-a-toxic-boss-wade-the-oneupper">http://blog.eBossWatch.com/2010/10/coping-with-a-toxic-boss-wade-the-oneupper</a>

eBossWatch.com, Column, "Difficult Bosses – Column #20 – "Michael the Micromanager," January 06, 2011 <a href="http://blog.eBossWatch.com/2010/10/coping-with-a-toxic-boss-michael-the-micromanager">http://blog.eBossWatch.com/2010/10/coping-with-a-toxic-boss-michael-the-micromanager</a>

eBossWatch.com, Column, "Difficult Bosses – Column #19 – "Porter the Political Soap Boxer," October 16, 2010 <a href="http://blog.eBossWatch.com/2010/10/coping-with-a-toxic-boss-porter-the-political-soap-boxer">http://blog.eBossWatch.com/2010/10/coping-with-a-toxic-boss-porter-the-political-soap-boxer</a>

eBossWatch.com, Column, "Difficult Bosses – Column #18 – "Sal the Slave Driver," September 27, 2010 <a href="http://blog.eBossWatch.com/2010/09/coping-with-a-toxic-boss-sal-the-slave-driver/">http://blog.eBossWatch.com/2010/09/coping-with-a-toxic-boss-sal-the-slave-driver/</a>

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eBossWatch.com, Column, "Difficult Bosses – Column #10 – "Al the Alcoholic," June 06, 2010 <a href="http://blog.eBossWatch.com/2010/06/coping-with-a-toxic-boss-al-the-alcoholic">http://blog.eBossWatch.com/2010/06/coping-with-a-toxic-boss-al-the-alcoholic</a>

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eBossWatch.com, Column, "Difficult Bosses – Column #8 – "Susie the Sugar Coater," May 07, 2010 <a href="http://blog.eBossWatch.com/2010/03/coping-with-a-toxic-boss-susie-the-sugar-coater/">http://blog.eBossWatch.com/2010/03/coping-with-a-toxic-boss-susie-the-sugar-coater/</a>

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Orlando Business Journal, Orlando, FL: *The Doctor Is In*, "Sir George Martin: The CEO of the Beatles – Part 3," March 2, 2007 http://orlando.bizjournals.com/orlando/stories/2007/03/05/smallb4.html

Orlando Business Journal, Orlando, FL: *The Doctor Is In*, "Sir George Martin: The CEO of the Beatles – Part 2," February 23, 2007 <a href="http://orlando.bizjournals.com/orlando/stories/2007/02/26/smallb3.html">http://orlando.bizjournals.com/orlando/stories/2007/02/26/smallb3.html</a>

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Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Lack of Integrity Sets Stage for Corporate Collision," September 2, 2005 http://orlando.bizjournals.com/orlando/stories/2005/09/05/smallb4.html

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Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Martha's Lessons Learned in Jail," February 18, 2005 <a href="http://orlando.bizjournals.com/orlando/stories/2005/02/21/smallb1.html">http://orlando.bizjournals.com/orlando/stories/2005/02/21/smallb1.html</a>

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Orlando Leisure Magazine, Orlando, FL: Living Columnist, "Let The Arts Enrich Your Life," October 2002

Orlando Leisure Magazine, Orlando, FL: Living Columnist, "Party Hardy, But Smarty," September 2002

Orlando Leisure Magazine, Orlando, FL: Living Columnist, "Creating Your Own T Land," July/August 2002

Orlando Leisure Magazine, Orlando, FL: Living Columnist, "The Runner's High and the Athlete's Lows," May/June 2002

Orlando Leisure Magazine, Orlando, FL: Living Columnist, "Our Beauty and Our Beast Year," March/April 2002

Orlando Leisure Magazine, Orlando, FL: Living Columnist, "A Bright New Year," January/February 2002

The Millenia Minute, DeVry Institute Newsletter, Orlando, FL: "Stress Management," Summer 2001

The Millenia Minute, DeVry Institute Newsletter, Orlando, FL: "Time Management," Spring 2001

Art and Understanding Magazine (A & U Magazine), Albany, NY: "Viewpoint - Black Plastic Cover," October 1999

Art and Understanding Magazine (A & U Magazine), Albany, NY: "Viewpoint - The Final Curtain," May 1999

Art and Understanding Magazine (A & U Magazine), Albany, NY: "Viewpoint - Youth-in-AIDS-ya," February 1999

Art and Understanding Magazine (A & U Magazine), Albany, NY: "Viewpoint - Denial: It's Not a River in Egypt," January 1999

Art and Understanding Magazine (A & U Magazine), Albany, NY: "Viewpoint - Better Late Than Never," June 1998

The W.H.O.L.E. Picture, ADD Digest, Crossroads Learning Center, Seattle, WA: "Family Systems Approach," September 1994

Holistic Health News, Seattle, WA: "Seasonal Affective Disorder," October 1994

Holistic Health News, Seattle, WA: "What is Holistic Therapy?" September 1994

"Comparing Romantic and Therapeutic Relationships," in *On Love and Loving*, edited by Kenneth Pope, Ph.D., Jossey-Bass Publishers, San Francisco, CA: October 1980

"Off Ballance," Newsletter, Columnist, "The Bill Ballance Show," KFMB-AM Radio, San Diego, CA, 1985-1988

"Head Lines: Ask Dr. Durre'," Weekly Advice Columnist, Press-Republican, Plattsburgh, NY, January - December 1993

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"Durre''s Duress," Humor Columnist, Press-Republican, Plattsburg NY, January to December 1993

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Sex Between Client and Therapist. Book in progress.

Great Relationships ™ for Couples: How to Be Happy and Stay Happy. Book in progress

Great Relationships ™ for Singles: How to Manifest Them/How to Keep Them. Book in progress

Doctoral Dissertation: "Sexual Relationships Between Female Clients and Male Therapists." Unpublished dissertation. California School of Professional Psychology (now Alliant University), San Diego, CA: July 1977. Registered with University Microfilms.

An Activities Handbook for Teachers of Young Children, by Robert D. Hess, Ph.D. and Doreen Croft, which accompanied their textbook, "Teachers of Young Children," published by Houghton-Mifflin in 1972. I wrote the chapter introductions.

San Gabriel Valley Alternative, Review of Vincent Van Gogh Exhibition at LACMA, "He Really Does Look Like Kirk Douglas," November, 1969

# "HEAD LINES: ASK DR. DURRE" - ADVICE COLUMN, PRESS REPUBLICAN, PLATTSBURGH, NY

"HEAD LINES: ASK DR. DURRE" - ADVICE COLUMN, PRESS REPUBLICAN, PLATTSBURGH, NY		
Coping with Holiday Blues - Part 6: New Year's Resolutions	December 27, 1993	
Coping with Holiday Blues - Part 5: Overeating and Drinking	December 20, 1993	
Coping with Holiday Blues - Part 4: Depression and Suicide	December 13, 1993	
Coping with Holiday Blues - Part 3: Losses and Deaths	December 6, 1993	
Coping with Holiday Blues - Part 2: Divorced Families	November 29, 1993	
Coping with Holiday Blues - Part 1: Unrealistic Expectations	November 22, 1993	
Sexual Harassment - Part 8: The Supreme Court Decision; Harris vs. Forklift Systems	November 15, 1993	
Sexual Harassment - Part 7: In Love with a Co-Worker or Boss?	November 8, 1993	
Sexual Harassment - Part 6: Flirting is Never Harmless	November 1, 1993	
Sexual Harassment - Part 5: Women Blame Themselves	October 25, 1993	
Sexual Harassment - Part 4: The Sound and Intent	October 18, 1993	
Sexual Harassment - Part 3: Looking It in the Eye	October 11, 1993	
Sexual Harassment - Part 2: Don't Clam Up! Report It!	October 4, 1993	
Sexual Harassment - Part 1: It's Against the Law	September 27, 1993	
The Empty Nest Syndrome - Part 2: Worrying is Natural	September 20, 1993	
The Empty Nest Syndrome - Part 1: Be Yourself Again	September 13, 1993	
Changes in the Catholic Church	September 6, 1993	
Accepting Each Other's Faults	August 30, 1993	
It's Harder to Leave Than to Stay	August 23, 1993	
Selecting a Mate	August 16, 1993	
Don't Perpetuate Sexist Attitudes	August 9, 1993	
Suicide Prevention	August 2, 1993	
Find Work That You Love	July 26, 1993	
Cheapness	July 12, 1993	
Depression	July 5, 1993	
Euthanasia	June 28, 1993	
Domestic Violence - Part 2: Batterers Need Power and Control	June 14, 1993	
Domestic Violence - Part 1: Victims Stay for Fear of Unknown	June 7, 1993	
Gays in the Military - Part 2: Men Have Irrational Fears	May 31, 1993	
Gays in the Military - Part 1: Men's Homophobia Begins Early	May 24, 1993	
Driving Drunk with Children	May 17, 1993	
Date Rape	May 10, 1993	
Incest - Part 2: Where to Go	May 3, 1993	
Incest - Part 1: It Crosses All Social Barriers	April 26, 1993	
Envy, Gossip, and Rumors	April 12, 1993	
Food Addiction	April 5, 1993	
Alcoholism - Part 9: Recovery and the Twelve Steps	March 29, 1993	
Alcoholism - Part 8: De-Tox and Rehabilitation Centers	March 22, 1993	
Alcoholism - Part 7: Are You an Alcoholic? - A Quiz	March 15, 1993	
Alcoholism - Part 6: Alcoholic Denial	March 8, 1993	
Alcoholism - Part 5: Children of Alcoholics	March 1, 1993	
Alcoholism - Part 4: Enablers and Co-Dependents	February 22, 1993	
Alcoholism - Part 3: Doing an Intervention	February 15, 1993	
Alcoholism - Part 2: Alcoholic Black-outs	February 8, 1993	
Alcoholism - Part 1: Alcoholism and Addiction	February 1, 1993	
Assertiveness	January 25, 1993	
Letter from a Reader: "I Had a Child from an Affair"	January 18, 1993	
Couples Should Be Listening to Each Other, and Telling the Truth	January 11, 1993	

#### **WORK EXPERIENCE**

#### PSYCHOTHERAPIST, PRIVATE PRACTICE - IN CALIFORNIA, STATE OF WASHINGTON, & FLORIDA

July 21, 1978 – Present

Individual psychotherapy with adults, adolescents and children; marriage, relationship, and couple counseling; family counseling; play therapy with children and adolescents; art therapy with adults, adolescents, and children; group counseling with adults, adolescents, and children; supervision of psychological assistant; undergraduate intern supervision. Court reports, CMEs, incapacity, etc.

Dealing with: cognitive, emotional, physical, and behavioral changes; childhood and life trauma, life transitions, anxiety, depression, phobias, addictive behavior, drug and alcohol abuse and addiction, recovery, co-dependence, children of alcoholics, adult children of alcoholics, children and families on Medicaid; dysfunctional and abusive parents and families; career counseling and career changes, separation and divorce, women's issues, anger management, assertiveness training, consciousness raising, men's issues; dream interpretation, loss, grief, and mourning; death and dying, journal writing, interpersonal communication skills, stress management, decision making, guided imagery and creative visualization, health and well-being, weight gain and loss, eating disorders, sexuality, gay issues, gender dysfunction, sex discrimination, sexual abuse, sexual harassment, rape, incest; child neglect, abuse and molestation; childhood sexual abuse, family dynamics, child rearing, school adjustment, learning disabilities, parent education, domestic violence, self-confidence, self-concept, self-esteem, and self-image; values, ethics, morals, and spirituality issues.

Appointed by judges to be a Parent Coordinator, Social Investigator, and Incapacity Evaluator in Orange County, Florida, in various family law cases and in civil cases.

Completing certification and licensing to be a Guardian Ad Litem, Seminole County, Florida

## BUSINESS AND CORPORATE CONSULTATION, TRAINING, SEMINARS, AND/OR SPEECHES

July 1977 - Present

Consultation with Fortune 500 companies, corporations, businesses, government agencies, organizations, offices, non-profit organizations, professional and trade associations, groups, and clubs, dealing with customer service training, productivity levels, motivation, job satisfaction, absenteeism, time efficiency, sexual harassment, sex discrimination, diversity training, stress management, fund raising, income production, corporate expansion, product viability, conflict resolution, high turnover rates, task efficiency, office morale, personality conflicts, turf wars, interpersonal communication skills, personnel problems, employee benefits, decision making, creative problem solving, policy and procedures, child care, through team building, task forces, large and small group training and counseling, education seminars, individual counseling and study groups, with members of the boards of directors, advisory boards, presidents, executives, founders, owners, upper and middle management, advisors, administrative staff, and employees.

## PROFESSIONAL CONSULTATION

July 1977 – Present

Consultation for and with individual clients in corporations, businesses, companies, organizations, offices, non-profit organizations, educational systems, legal, law enforcement, and correctional systems, medical and hospital settings on interpersonal communication, achievement, success, motivation, dealing with difficult people, assertiveness training, stress, incapacity and productivity

July 1977 - Present

Consultation for and with individual clients and production companies for script writing, media, acting, screenplay writing, TV and film production, writing, newspaper and magazine columns, public relations, book promotion and publicity, Internet publicity, press releases, media marketing.

# 4-WAY HEALTH & FITNESS, LLC

April 2015 – September 2016 Senior Partner and Founding Member. A holistic, comprehensive consulting company working with individuals, companies, and corporations to provide a comprehensive and fully integrated package of health and wellness products and direct business consulting services incorporating the four elements of health and wellness: Physical, Mental, Emotional and Spiritual. Directing and assisting in all functions of the organization, including but not limited to, individual and group counseling, seminars, PowerPoint presentations, speeches, workshops, lectures, sales, marketing, business development, structure and operations, new product development, policies & procedures.

#### MEDIA CONSULTATION

June 1975 – Present

Working with and networking for clients for media exposure, publicity and public relations for their books, films, TV series, cable movies, premieres, companies, businesses, websites, agencies, and non-profit organizations through my media contacts and press releases.

## SPORTS PERFORMANCE CONSULTATION & COACHING

July 1975 – Present

Working with professional, college, amateur, high school, middle school, and elementary school athletes, weekend aspirants and seniors, concerning peak performance, identifying and eliminating negative messages from parents, teachers, coaches, siblings, family, and others; positive thinking, optimum mental health, communication, visualization and manifestation techniques, aging, self-discipline, reward strategies, meditation, relaxation, and success motivation. Working with teams on cooperation, team spirit, racial harmony, acceptance, healthy competition, inspiring each other and having a spiritual base for life. Working with families of athletes on coping with sudden wealth and fame, pressure; handling the media, critics, fans, hangers on, stalkers, temptations & groupies; drug and alcohol abuse and addiction, stress, and co-dependence. Working with high school, middle school, elementary school, and college athletes and teams. Worked with the Orlando Magic, plus pro players in the NBA, NFL, NHL, MLB, PGA, tennis, hockey, swimming, lacrosse, field hockey, soccer, etc., and with Olympians and Olympian aspirants.

#### EXPERT WITNESS & CASE CONSULTANT TO ATTORNEYS AND LEGAL SYSTEMS

July 1975 – Present

Applying forty-six (46) years of research, reading, and expertise in the area of sexual abuse in therapy by psychotherapists, psychiatrists, psychologists, social workers, counselors, marriage and family therapists; ministers, priests, rabbis, other mental health professionals, as well as cult leaders. Testifying across the U.S. in a variety of civil cases and criminal cases.

Made an appearance in front of the Ways and Means Committee of the California State Assembly to pass legislation making sexual relationships with psychotherapy clients a felony.

Working with law firms, state licensing boards, state governments, state legislatures, and judicial systems across the country as consultant and as an expert witness, involving cases against psychotherapists accused of sexual abuse of their clients; working both in the prosecution of such cases, and in the formulation of proposed legislation.

Consultation to attorneys and plaintiffs, research, supplying bibliographies, giving depositions and expert witness testimony, and education of and consultation to therapists and other experts.

Expert witness and case consultation includes divorce, relocation, child custody, parenting plans, parent coordinator appointed by judges, parent coordinator and social investigator appointed by judges; dealing with adoption, disability, emotional distress, rape, sexual harassment, sex discrimination, age discrimination, racial and ethnic discrimination, religious discrimination, personal injury – including accidents (car, truck, boat, bicycle, motorcycle), animal bites, psychological and psychiatric malpractice.

Criminal cases include rape, assault, battery, attempted murder, stalking, and restraining orders.

Appointed by judges to do incapacity evaluations involving drug and alcohol addiction, vegetative states, aging, dementia, Alzheimer's, life support, etc.

Qualified in nine (9) states as an expert witness (GA, CA, WA, AR, CT, FL, TN, AL, IA) in four (4) areas of the law: personal injury law, criminal law, employment law, and family law.

## INDEPENDENT CONTRACTOR TO THE FOUNDATION FOR CHILD VICTIMS OF THE FAMILY COURTS

June 2020 – July 2021

Working as an Independent Contractor with The Foundation for Child Victims of the Family Courts, seeing children and families; doing individual, sibling, parent, grandparent, and/or family evaluations and consulting with pediatricians, physicians, child psychiatrists, teachers, principals; writing court reports, giving depositions, and making court appearances in personal or on Zoom, to rescue children from court systems that continuously force children to return abusive, sexually violent, negligent, and and unfit parents, despite repeated warnings to the court, GALS, attorneys, DCF workers, and judges.

#### TV AND RADIO MEDIA GUEST AND COMMENTATOR

1975 – Present

Guest appearances on hundreds of international, national, regional, and local television and radio shows, and interviewee in national and local newspapers, newsletters, e-zines, websites, blogs, and magazines, discussing a variety of topics: relationships, communication, marriage counseling, sexuality, A.D.D., ADHD, post-partum depression, manic depression, anxiety, phobias, depression, visualization, goal setting, risk taking, networking, stress management, time management, health, overcoming failure, fear of success, conquering addictions, 12 Step Programs, drug and alcohol recovery, career changes, life transitions, confronting sexual harassment and discrimination, parenting, teenagers, aging, life span changes, relocation, empty nest syndrome, separation, infidelity, divorce, effects of PTSD, etc.

1975 - Present

Appearances include: Oprah, 60 Minutes, The O'Reilly Factor, Good Morning America, The Today Show, Canada AM, The Home and Family Show, AM LA, Hour Magazine, The Home Show, The Daily Buzz; Canada AM, ESPN Radio, and the local and/or national news shows on NBC, ABC, CBS, PBS, NPR, CNN, Fox News, and CW. Appearances on local Orlando TV and/or radio stations: Central Florida News 13, WESH, WOFL, WFTV, WKMG, WMFE, WDBO, Clear Channel, and WEUS.

May 2005 - Feb 2006

Weekly psychotherapist on CW's nationally syndicated morning show, "The Daily Buzz" for nine months discussing contemporary issues. I wrote the weekly segments and Q & A for the hosts & myself. The segment began at 5:30 AM, and then it was moved to 6:30 AM.

# $PSYCHOTHERAPIST \& FAMILY COUNSELOR - BEHAVIORAL SUPPORT SYSTEMS \ OF \ ORLANDO, FL-INDEPENDENT CONTRACTOR \\$

May 2012 – Spring 2013

Working as an Independent Contractor with Behavioral Support Systems of Orlando, seeing children and families through Medicaid; doing individual, sibling, parent, grandparent, and/or family counseling; consulting with pediatricians, physicians, child psychiatrists, teachers, principals, staff, at schools; uncompensated report writing, filling out treatment plans, Medicaid forms, CFARS, court reports, and other necessary documents; making uncompensated court appearances to fight for children from being forced to return to unfit parents despite repeated warnings to the court, Guardians Ad Litem, (GAL), attorneys, DCF, and judges.

## FIELD PLACEMENT AND INTERNSHIP SUPERVISOR AND/OR MENTOR

January 2022 – Present Internship Coordinator for Children Mending Hearts, a charity founded to help children learn compassion and empathy; now expanding to Jordan Downs Community Center in Watts, in Los Angeles, CA, and including interns from my alma mater, Pacific Oaks College, Pasadena CA

November 2021 – Present Supervising an undergraduate private intern, who is a psychology major, in her B.A. program, unrelated to college credit. Duties include weekly supervision, DSM-V Personality Disorders; Crisis Management, Psychotherapy and Counseling, Therapy Modalities, office procedures, filing, confidentiality, note taking, professional organizations, networking, expert witness and case consultation, report writing, watching me testifying in court, giving depositions, quizzes and tests.

August 2021 – November 2021 Supervising a private intern, who graduated with her B.A. in psychology, so unrelated to college credit. Duties included supervision, DSM-V Personality Disorders; Crisis Management, Psychotherapy and Counseling, Therapy Modalities, office procedures, filing, confidentiality, note taking, professional organizations, networking, expert witness and case consultation, report writing, testifying in court, giving depositions, quizzes and tests.

November 2017 – January 2020 Internship Coordinator for Children Mending Hearts, a charity founded to help children learn compassion and empathy; going into school systems in the Los Angeles area; supervising interns from Occidental College, Los Angeles, CA.

April 2018 – January 2020

Internship Coordinator for Children Mending Hearts, a charity founded to help children learn compassion and empathy; selecting interns for scholarships from a variety of applications. Attending CMH classes at the Burbank YMCA, including art classes, videos, and teaching children skills in communication, active listening to develop empathy and compassion. Going into classrooms in the Los Angeles area school system.

#### FIELD PLACEMENT AND INTERNSHIP SUPERVISOR AND/OR MENTOR (continued)

June 2014 – 2016

Independently supervising and mentoring students in film, with assignments about producing, cinematography, directing, and writing; networking them with cinematographers, producers, writers, filmmakers, and directors at Full Sail, in Los Angeles, NY, Florida, and nationally.

September 2012 – September 2013 Supervising a student from Full Sail University, Winter Park, FL, in film, with assignments about cinematography, directing, and writing; networking him with cinematographers, producers, filmmakers, and directors, at Full Sail, in Los Angeles, CA, NY, Florida, and nationally.

January 2010 – 2015

Mentoring a health services professional for media consultation, writing, authorship, networking to schedule media appearances, locally, nationally and internationally; and co-writing two books.

January 2001 – May 2013 Supervising undergraduate psychology students from UCF overseeing their field placements hours and observation hours in infant centers, day care centers, private nursery schools, kindergarten, public elementary schools, middle schools, and high schools; psychiatric hospitals, Lakeside Alternatives, and their observations at criminal and civil court cases; weekly meetings and exams.

January 2001 - 2010

Supervising undergraduate students from the University of Central Florida, majoring in marketing, journalism, and digital media. Projects ranged from collating press kits, creating electronic press kits, making cold calls to community agencies, business associations, clubs, and companies; lining up speeches, sending out children's books to children's book agents, doing Internet research, organizing and alphabetizing mailing labels, data entry, PowerPoint presentations, generating marketing ideas for sponsors, underwriters, topics, and guests for my TV and radio shows; editing & developing flyers and brochures, attendance at weekly staff meetings.

September 2001 – May 2009 Supervising students from Valencia Community College, with interests in media, film, marketing, computer graphics, digital media, communications, psychology, education, business, journalism, TV, radio, publicity, marketing, and public relations.

August 2002 – December 2005 Supervising a student from the Connecticut School of Broadcasting in Tampa, Florida, in the field of digital media with interests in media, film, TV, radio, editing, and communications, working on editing for my various media projects and doing Internet research for my various media projects.

January 5, 2001 - 2006

Supervising students from Winter Park Tech for duties including filing, organizing, collating, press kits, clerical and office skills, receptionist duties, communication skills, voice modulation and telephone manners, transcription, appearance, proper office behavior, and etiquette.

April - May 2006

Supervising a student from Valencia Community College, with an interest in psychology, tutorial in Developmental Psychology, overseeing their field placements hours and observation hours in infant centers, day care centers, private nursery schools, kindergarten, elementary schools, junior high schools, and high schools.

July 31, 2003 – December 12, 2003 Supervising a senior from the University of Central Florida, majoring in psychology with an interest in film. Discussing options for his career, including private practice, working with clients in clinical settings, scriptwriting, directing, producing, casting, and studying films and character development, all from a psychological perspective.

Fall 2002 – Spring 2004 Supervising a senior at Rollins College, majoring in psychology at a field placement at Lakeside Alternatives, a community agency for both in patients and out patients in a clinical setting, with individual therapy, large and small group therapy, intake procedures, for drug and alcohol rehabilitation, for temporary Baker Acted clients, rehabilitation groups, special interest groups, report writing, and psychodiagnostic testing.

#### TRAINING GROUPS

July 1978 – May 1997

Group training and course work on individual, couple, family, and group counseling techniques for MFCC interns to qualify for licensure training hours.

#### ADJUNCT OR ASSOCIATE OR ASSISTANT PROFESSOR OF PSYCHOLOGY

Spring 2016 Adjunct Professor, Great Experiments in Psychology, Stetson University, Deland, FL

Fall 2013 Adjunct Professor, Play Therapy, Chicago School of Professional Psychology, Los Angeles, CA

Spring 2005 Adjunct Professor of Developmental Psychology at Seminole Community College, Lake Mary, FL

Spring 2003 Adjunct Professor of Life Span Development at Rollins College, Winter Park, FL

Fall 2002 Adjunct Professor of Life Transitions at Rollins College, Winter Park, FL

Spring 2002 Adjunct Professor of Life Transitions at Rollins College, Winter Park, FL

Fall 2001 Adjunct Professor of Life Span Development at Rollins College, Winter Park, FL

Spring 2001 Adjunct Professor of Life Span Development at Rollins College, Winter Park, FL

Fall 2000 - August 2001 Assistant Professor of Psychology, Sociology, and Critical Thinking at DeVry, Orlando, FL

Summer 2000 Adjunct Professor, Life Span Development and Life Transitions, Rollins College, Winter Park, FL

January 1997 Adjunct Professor of Life Transitions at Rollins College, Winter Park, FL

This is a course I designed, dealing with all psychological and aging transitions, including: childbirth, adolescence, college, leaving home, marriage, mid-life crisis, empty nest syndrome, separation, divorce, coming out gay, religious conversion, retirement, terminal illness, and death.

August 1996 – December 1996 Adjunct Professor of Developmental Psychology at Valencia Community College, that included re-requisite of General Psychology, Orlando, Florida. Designed to survey theory and research on development from conception through death. Emphasized biological and social variables, which influence human behavior.

### **EXECUTIVE RECRUITER**

January – March 2000

Working with Janus Recruiting and in my own private practice with individual clients, companies, and businesses to find suitable candidates for a various of executive positions, through entry level positions, in industry, hospitality, business, and other careers. Working with candidates, analyzing test results, reviewing/editing resumes, coaching on interviewing, appearance, and business image.

March 2000 - Present

Referring clients to Janus Recruiting for various sales, executive, and marketing positions as well as to work with clients directly in my own private practice as an executive recruiter, doing vocational counseling, goal setting, visualization, meditation, and motivational counseling to achieve the desired results.

### **COLLEGE INSTRUCTOR**

1993 - 1994

Teaching life skills courses on assertiveness training, couples communication, changing careers, decision-making, stress management, and getting organized, at North Country Community College, Saranac Lake, NY.

# **AUTHOR, WRITER, EDITOR & NEWSPAPER, ONLINE, E-ZINE, AND MAGAZINE COLUMNIST** (see Publications)

1965 - Present

Beginning in high school as an award-winning writer in classes, writing for the school's literary magazine, The Scriblerian; writing newspaper, magazine, web and e-zine columns and articles for Orlando Leisure Magazine, Orlando Business Journal, Forbes, Management Issues, AOL, Yahoo, Monster, Medical Office Manager, Law Office Administrator; novels, self-help books, poems, newsletters, books, essays, interviews, humor articles, celebrity profiles, advice columns, MOWs, screenplays, TV scripts, cable movies, TV series. Sold a TV series to Aaron Spelling in 1970.

Admitted to Writers Guild of America (WGA) in 1970, and served on the Women's Committee of WGA. Written and hosted five segments for the Disney Channel. Admitted to AFTRA.

# AUTHOR, WRITER, EDITOR & NEWSPAPER, ONLINE, E-ZINE, AND MAGAZINE COLUMNIST (continued) (see Publications)

Columns include: eBossWatch.com, about dealing with difficult bosses since 2010. http://blog.ebosswatch.com/category/coping-with-a-toxic-boss/ [no longer on line]

Books include: Surviving the Toxic Workplace: Protect Yourself Against the Co-Workers, Bosses, and Work Environments That Poison Your Day, Business and Communication Self-Help Book, McGraw-Hill Publishers, Publication Date: February 19, 2010. Available on/at Amazon, Barnes and Noble, Books a Million, Nook, Kindle, and McGraw Hill websites.

First book: *Great Relationships™Manual: A Guide To Share Yourself With Your Partner*, We Publish Books, Rancho Mirage, CA, December 2005. Available on Amazon. Workbook for: Couples Communication Workshops and for Singles: Find Your Perfect Mate Workshops

Writing the weekly segments for my appearances on "The Daily Buzz" for myself and the hosts. Weekly commentary on various topics including, Relationships, Parenting, Communication, Careers, Affairs, Dating, Marriage, Divorce, etc.

Script editor for Called Girl, Blind Spot, Slip Knot, Future Perfect, The Sibs, The Creed The Busser, Hurdles, Called Girl, Blind Spot, Slip Knot, Future Perfect, The Sibs, The Creed The Busser, Hurdles, Homesick, Falling Up, Moon Fall, A Timely Affair, Trusting in Heaven, Roommate Unwanted, etc.

Book editor for eight (8) books by Dr. Mardy Grothe: *Ifferisms, Neverisms, Oxymoronica, I Never Metaphor I Didn't Like, Metaphors Be with You, Viva La Repartee* (all by Harper Collins) and *Deconstructing Trump: The Trump Phenomenon Through the Lens of History,* as well as the website *Best Opening Lines* 

Contributing my talents as a script consultant for the charity Children Mending Hearts, for script consultation for plays, screenplays, television movies and series, sit-coms, dramatic series, etc., at their private fund raisers, as well as through bidding on Charity Buzz, with all donations going to Children Mending Hearts, and I am also on their Board of Directors.

## MOTIVATIONAL SPEAKER, SEMINAR LEADER, AND TEACHER

July 1978 - Present

Giving speeches, workshops, seminars, and classes to a variety of groups, organizations, associations, corporations, businesses, professional groups, schools, colleges, universities, and non-profit agencies concerning positive thinking, optimum mental health, communication, visualization and manifestation techniques, prosperity consciousness, success motivation, domestic violence, child abuse, interpersonal communication skills, family dynamics, setting limits, dealing with teenagers, assertiveness training, stress management, time efficiency, anger management, and a variety of other topics. Represented by nine speakers bureaus/speakers agents.

## GREAT RELATIONSHIPS™ WORKSHOPS

April 2000 - Present

July 1978 - May 1997

Workshops for couples on interpersonal and family psychodynamics, reviewing and assessing former relationships, communication techniques, how to process clearly and directly, conflict resolution, agreeing to disagree, assessing compatibility, learning acceptance, describing qualities of highly successful relationships; evaluation of individual, family, parental, mate, and couple strengths and weakness. Trademark granted 1995. Book trademark granted 2004.

Workshops for singles on interpersonal and family psychodynamics, reviewing and assessing former relationships, describing qualities of highly successful relationships, seeking better selection criteria; evaluation of individual, family, parental and former mate strengths and weaknesses; visualization and manifestation techniques, writing your wish list, meditation, and prayer. Based on book: *Great Relationships* TM *Manual: A Guide to Share Yourself with Your Partner*, beginning in 2005 when published.

The book is now out of print but still listed on Amazon.com

The book is being reissued soon by the author.

#### TELEVISION AND RADIO TALK SHOW HOST AND PRODUCER/CO-PRODUCER

April 2020 – Present

Host and producer of "Linnda Durré Interviews" on streaming radio at <a href="www.VegeRadio.com">www.VegeRadio.com</a>, airing daily for one hour, 4-5 PM ET in the USA and Canada, on iPhones, tablets & computers.

Guests have included: Edward Asner, legendary actor, 7 Emmy-winning, 5-Golden Gold recipient and former two-term SAG president; William Lee Golden, member of the Oak Ridge Boys and inductee to the Gospel Hall of Fame, the Country Music Hall of Fame, and ORB winners of 8 Dove Awards, 2 ACM Awards, 4 CMA Awards, and 5 Grammys; Al Sunshine, investigative reporter for CNN, Miami Herald, and CBS Miami; Dean Williams, Oprah Winfrey's personal photographer for 20 years; Lawrence H. Levy, two-time Emmy nominee, and WGA Award winner for Best Comedy Episode, "The Mango" for "Seinfeld" and author of the Mary Handley Murder Mystery Series; Kirk Lawrence, Director, Defense and Government Programs, UNC at Chapel Hill's Kenan-Flagler School of Business; Natasha Usher, poet, author and screenwriter; Dale Reynolds, Emmy winning producer and one man show of Thomas Jefferson; Barry Sandler, screenwriter of Making Love, Gable and Lombard, WGA member & Arbitration Board Member, UCF Film Professor; Dick Batchelor, former Orange County FL State Assemblyman and now business and management consultant; Jason Murray, business entrepreneur and author of Faith+ Purpose=Legacy: 7 Steps to Strengthen Communities Through Entrepreneurship; Pat Williams, former GM and Executive VP of the Orlando Magic and author; U.S. Senator Bill Bradley (D-NJ) who also played for the NY Knicks and won two NBA Championships; Amanda Hootman, actor/singer/producer, podcaster; Natasha Usher, screenwriter and writer; Pam Rose, country singer/songwriter/producer;

January 2017 – July 2018 Weekly commentator on the radio show, "Smooth Operator" in a, two-minute segment on love, sex, relationships, communication, romance, finding your ideal mate, divorce, separation, attraction, dating, affairs, infidelity and other topics.

September 8, 2009 – July 01, 2010

Host and producer of "The Linnda Durre' Show" on 810 AM WEUS in Orlando, Florida, leased and operated by Communicom Corporation, Inc., Denver, CO. from September 08, 2009 to February 08, 2010 and then owned and operated by BIG 810 AM and owner Carl Como Tutera from February 09, 2010 to July 01, 2010. Daily, hour-long, live call-in talk and interview show, featuring celebrities and people of note. Guests included Oscar, Emmy and Golden Globe winner, Louis Gossett Jr., 7 time Emmy and 5 time Golden Globe winner, Edward Asner; film producer Michael Medavoy, Tony winning Broadway producer, Hillard Elkins; Ruben Studdard, American Idol winner; singer/songwriter Peter Cetera; 15 time Grammy winner David Foster; country legend Lynn Anderson; comedians Colin Mochrie, Rich Natole, and Elon Gold; actors Lydia Cornell, Cynthia Morgan, Paul Petersen, Devin Oatway, Doug Davidson;. athletes-Arnold Palmer, Earl "The Pearl" Monroe; coaches Jay Gruder and Lou Comeau; musicians Kenny G., Ottmar Liebert, and Bands - Mirror Pal, Colourslide, Built to Be Broken, Four Year Strong, Underwhelmed.

July 1, 2003 – September 23, 2003 Host and producer of "Personal Success Hotline with Dr. Durre'," WCEU, Channel 15, PBS Affiliate, Daytona Beach, Florida. Weekly series for seven weeks discussing all aspects of success: planning, vision, goal setting, drive, ambition, visualization, commitment to excellence, risk taking, ethics, communication skills, networking, handling stress, optimum health, achieving balance, overcoming obstacles and failures, conquering addictions and bad habits, career changes, confronting harassment and discrimination, financial success, positive mental attitude, and success as a lifestyle. Interviewing guests on the show as well as taking calls from listeners.

September 9, 2000 – January 6, 2001 Host and co-producer of "The Dr. Linnda Durre' Show" on News Talk 580 AM WDBO Radio in Orlando, Florida, owned and operated by Cox Communications. Weekly, hour-long, live call-in talk and advice show, dealing with calls from listeners on a variety of psychological topics: marriage, in-laws, children, teenagers, family, sex, communication, work, neighbors, motivation, depression, anxiety, bipolar disorder, drug and alcohol abuse and addiction, rehab, relationships, school performance, anger management, stress reduction, time efficiency, assertiveness, dealing with bullies at school, test taking, college preparation, vocational choices, health, etc.

July 2000 – January 2001 Substitute host for "The Bob Rose Show" and "Birdsong" on News Talk 580 AM WDBO Radio in Orlando, Florida, when regular hosts were on vacation, ill, or had other commitments. Asked by the programming director to substitute.

#### TELEVISION AND RADIO TALK SHOW HOST AND PRODUCER/CO-PRODUCER (continued)

March 1996 -Host and co-producer of "Ask the Family Therapist" on America's Health Network (AHN), which May 1997 was associated with Mayo Clinic and which aired from Universal Studios, Orlando. Each of seven

(7) doctor shows were two hours long, live call-in advice shows, presenting topics on mental and physical health, psychology and contemporary issues. I interviewed guests, answered question from a national call-in audience. Some shows featured guests and experts, some did not. Working with producers and associate producers in researching issues. I was selected in a national search from 200 applicants and vetted by Mayo Clinic. AHN was associated with Mayo Clinic and IVI

Publishing, before being sold to Fox and then Discovery Health.

April 1993 -Host and co-producer of "Let's Talk with Dr. Linnda Durre" on WCFE-FM, the NPR affiliate in April 1994

Plattsburgh, NY. Weekly hour long, live, call-in talk and interview show, on a variety of topics.

July - October 1989 Host for the pilot of "Meet Your Match," produced by Jacalone and Bunzel Productions.

May 1986 Pilot finalist for "Good Advice," a television call-in, advice show, produced by Andy Friendly.

## POST-GRADUATE WORK EXPERIENCE

GAY PARNELL, Ph.D., PSYCHOLOGIST

SAN DIEGO, CA

# REGISTERED PSYCHOLOGICAL ASSISTANT

May 1979 -Completion of my post-doctoral hours towards licensing. Individual and group psychotherapy October 1979 marriage and couple counseling, family therapy, play therapy with children and adolescents,

psychodiagnostics, report writing, consultation, research, journal articles, professional writing,

February 1981 and weekly supervision.

February 1983

and

# HAROLD BESSELL, Ph.D., PSYCHOLOGIST

LA JOLLA, CA

#### REGISTERED PSYCHOLOGICAL ASSISTANT

August 1977 -Completion of my post-doctoral hours towards licensing. Individual and group psychotherapy, January 1979 marriage and couple counseling, family therapy, play therapy with children and adolescents,

psychodiagnostics, report writing, consultation, research, journal articles, professional writing,

and weekly supervision.

# **GRADUATE WORK EXPERIENCE**

[NOTE: Many of these positions held concurrently with other positions and with graduate studies.]

## WESTERN INSTITUTE OF SAN DIEGO SAN DIEGO, CA

# PSYCHOLOGICAL INTERN

January 1977 –

July 1977

Individual and group psychotherapy with adults, adolescents, and children. Marriage, couple, and family counseling. Individual and group counseling with clients referred from the Drug Diversion Program and Probation Department. Community outreach, report writing, staff meetings. Supervision by Gary Lancaster, Ph.D., Licensed Psychologist; and Jeanne McAllister Priddy, Agency Director.

# JUAREZ-LINCOLN ELEMENTARY SCHOOL

CHULA VISTA, CA **COMMUNITY AIDE** 

November 1976 -Emergency School Aid Act (ESAA). Community organization in initial establishment of

December 1976

school: in-staff training, attending meetings and workshops, parent participation and education classes, career education for children and adults, coordination and supervision of volunteers. Supervision by Patricia Allen, Community Services Director; Joseph Cummings, Licensed Psychologist; Nancy Belluci, M.A., School Psychologist; Fred Huntington, Ed.D., Teacher and ESAA Coordinator.

## JUAREZ-LINCOLN ELEMENTARY SCHOOL CHULA VISTA, CA **PSYCHOLOGICAL INTERN**

January 1976 –

July 1976

Individual and group psychotherapy and counseling with children, parents, and families. Classroom observation, intervention, consultation with teachers and staff. Facilitator of gifted

children's affective programs, including classes. Individual, group, and family counseling, and parent participation programs for the gifted children's program. Supervision by Nancy Belluci, M.A., School Psychologist; Joseph Cummings, Ph.D., Licensed Psychologist; and Fred

Huntington, Ed.D., ESAA Coordinator.

# UNIVERSITY HOSPITAL SAN DIEGO, CA PSYCHOLOGICAL INTERN

September 1975 – December 1975

Intensive care unit of pediatrics and neo-natalogy ward headed by Louis Gluck, M.D., working with high-risk infants and their parents. Follow up testing of premature and high-risk infants, developmental assessment administering Bayley Scales and other measures, report writing, parent counseling, medical rounds, lectures, and in-staff training in a multi-disciplinary environment of a university hospital. Dr. Gluck wrote a neo-natalogy textbook. Supervision by Charlotte L. White, Ph.D., Program Director, and Leroy Kurlander, M.D., Child Psychiatrist.

## HAROLD BESSELL, Ph.D., PSYCHOLOGIST LA JOLLA, CA REGISTERED PSYCHOLOGICAL ASSISTANT

July 1975 – August 1975 Completion of my pre-doctoral hours towards licensing. Individual and group psychotherapy, marriage, relationship, and couple counseling; family therapy, play therapy with children and adolescents, psychodiagnostics, report writing, record keeping, and consultation.

## CENTER FOR THE STUDIES OF THE PERSON – CARL ROGERS, Ph.D., FOUNDER AND DIRECTOR LA JOLLA, CA

July 1975 – August 1990 Conducting workshops and seminars on assertiveness training, consciousness raising, time management, stress management, and other topics at the internally renown Center for the Studies of the Person, founded by legendary psychologist Carl Rogers, Ph.D., originator of Client Centered Therapy.

## U.S. NAVAL DRUG REHABILITATION CENTER NAVAL AIR STATION, MIRAMAR, SAN DIEGO, CA NAVY PSYCHOLOGIST AND DRUG COUNSELOR

January 1975 -July 1977

Full time employment and internship. Group and individual psychotherapy, psychological assessment, and in-take interviews, working with poly-drug abusers, mostly male, ages approximately 18-25. Working with Naval staff, CPOs, Navy officers, Navy psychologists, Navy drug counselors, and administration staff. Presentation of lectures for in-service training at both the Drug Rehabilitation Center and the Drug Counseling and Education School. Supervision by Lt. William Chalstrom, Navy Psychologist.

# TOWNHOUSE FOUNDATION SANTEE, CA

# CONTRACT COUNSELOR / CONSULTANT

July 1974 -December 1974 Out-patient pilot program development and design for residential treatment home/center for emotionally disturbed adolescent boys. Supervision by James Schultz, Director; Richard Simpson, Executive Director; Dennis Holman, Site Supervisor; and Susan Klitzer, Site Supervisor.

July 1974 -December 1974 Residential treatment home/center for emotionally disturbed, truant adolescent boys. Individual and group psychotherapy, family therapy, crisis counseling, planning and supervision of activities, art therapy teacher and coordinator, field trip supervisor, and staff meetings. Supervision by James Schultz, Director; Richard Simpson, Executive Director; Dennis Holman, Site Supervisor; and Susan Klitzer, Site Supervisor.

Consultation with consulting psychiatrist about the boys.

# YMCA, HUMAN DEVELOPMENT DEPARTMENT SAN DIEGO, CA

# CONTRACT COUNSELOR

June 1974 – Individual and group counseling with clients referred through the California Youth Authority, December 1974 who were on probation. Drug and alcohol counseling. Clients referred to the agency from Parole

Department from San Diego County and the State of California. In-service training, and

supervision by David Chamberlain, Ph.D., Licensed Psychologist; Breffni Barrett, Ph.D., Agency

Director; and Eliot Weinstein, Ph.D., Agency Director.

# CENTER FOR WOMEN'S SERVICES AND STUDIES

SAN DIEGO, CA

TRAINEE

June 1974 – Eight-week training course in feminist counseling, including rape, problem pregnancy, birth September 1974 control, family planning, and consciousness raising. Supervision and instruction by Laurie

McKenzie, Coordinator, Counseling Services and Training.

## SAN DIEGO COUNTY JAIL, WOMEN'S SECTION

SHERIFF'S DEPARTMENT, SAN DIEGO, CA

PSYCHOLOGICAL TRAINEE

Individual and group counseling, multi-media art therapy workshops, psychological testing, and April 1974 – counseling with female inmates, sentenced and unsentenced for county, state, and federal offenses. August 1974

Supervision by Quincy White, M.A., Counseling Director.

## SOUTHWOOD MENTAL HEALTH CENTER

CHULA VISTA, CA

ON-CALL PSYCHIATRIC AIDE

February 1974 – Private mental hospital, working with adults and adolescents; counseling, staffing, charting, June 1974 supervision of activities, occupational and recreational therapy. Supervision by staff.

## U.S. NAVAL DRUG REHABILITATION CENTER NAVAL AIR STATION, MIRAMAR, SAN DIEGO, CA

PSYCHOLOGICAL TRAINEE/INTERN

January 1974 – Internship. Individual and group counseling, attendance at staff meetings and seminars, some **April** 1974 psychological testing, working with poly-drug abusers, mostly male, ages 18-25. Supervision by

Lt. William Chalstrom, Navy Psychologist.

## MILDRED HAGAN TUTORING SERVICE

LA JOLLA, CA PRIVATE TUTOR

September 1973 – Working with elementary and junior high school students in a variety of subjects: English,

April 1974 spelling, math, reading, testing skills, memory training, proficiency tests, and self-esteem building.

# **POST-CREDENTIAL WORK EXPERIENCE**

## SCOTCH PLAINS-FANWOOD BOARD OF EDUCATION

SCOTCH PLAINS, NJ

FIRST GRADE TEACHER

Suburban public elementary school. Beginning by replacing out-going teacher on pregnancy leave January 1972 – June 1973

for five months, and then having my own first grade class the following year. Supervision by Carl

M. Kumpf, Principal.

## NEW JERSEY STATE DIAGNOSTIC CENTER

MENLO PARK, NJ

## VOLUNTEER ART TEACHER & ART THERAPIST

December 1972 – Multi-media art workshops, one evening a week, with emotionally disturbed children and June 1973 adolescents, ages 8-18. Separate classes for males and females. Had to be vetted in order to

volunteer there. Supervision by Morton Cullity, Director of Recreation, and Jeffrey Berger, Ph.D.,

Staff Clinical Psychologist.

### WORK EXPERIENCE WHILE A STUDENT AT NEWARK STATE COLLEGE

CREATIVE NURSERY SCHOOL

HIGHLAND PARK, NJ

## ASSISTANT TEACHER AND HEAD TEACHER

September 1971 – Nursery school teacher, five mornings a week, for two groups of four-year-olds (working both January 1972 – MWF and Tu Th groups) and head teacher for an afternoon group of four year olds (Tu Th).

Supervision by Kathleen Muller, Director.

# POST-BACCALAUREATE EXPERIENCE

**GLENDALE ART FORUM** 

GLENDALE, CA

## INSTRUCTOR AND PROGRAM COORDINATOR

September 1970 – Multi-media art classes for pre-schoolers and five-to-nine-year -olds. Working with markers, clay,

February 1971 crayons, pencils, paper, etc., for collage, sculpture, drawing, etc.

## CALIFORNIA INSTITUTE OF TECHNOLOGY

YMCA. WINNETT STUDENT CENTER

PASADENA, CA

**GROUP FACILITATOR TRAINEE** 

September 1970 – Led groups of students from Cal Tech and other local area colleges. Staff meetings, reading, February 1971 in-service trainings. Group supervision and training with on-staff psychologists, Nancy Beakel,

Ph.D. and Ian Hunter, Ph.D.

## PASADENA HEAD START

PASADENA, CA

# SUBSTITUTE TEACHER AND SUBSTITUTE HEAD TEACHER

June 1970- Working at various Head Start sites in Pasadena. Supervision by individual site directors and

February 1971 Jean Walls, Director.

## WORK EXPERIENCE WHILE A STUDENT AT PACIFICOAKSCOLLEGE

SIERRA MADRE COMMUNITY NURSERY SCHOOL

SIERRA MADRE, CA

#### SUBSTITUTE TEACHER AND SUBSTITUTE HEAD TEACHER

January 1970- Working with varied age groups in various classrooms, two year olds, three year olds, and four

June 1970 year olds. Supervision by Lillian Burke, Director.

## PASADENA WELL-BABY CLINIC

PASADENA, CA

## PHYSICIAN'S ASSISTANT

January 1970 – Research project on non-verbal communication between mother and child(ren). Bi-lingual skills

June 1970 used. Supervision by Joan Martin, R.N.

# PACIFIC OAKS COLLEGE

PASADENA, CA

# SENIOR PRACTICUM SUPERVISOR

October 1969 – Chosen as one of three senior students to observe and consult with new junior practicum

June 1970 students. Group supervision with the coordinator. Supervision by Susan Garfinkle, Coordinator

of Practicum Supervision.

## PACIFIC OAKS COLLEGE

PASADENA, CA

RESEARCH FELLOW

September 1969 – Working with a Mexican-American family involving the parents in their children's and

June 1970 grandchildren's learning, studying modes of communication, and doing further research in infant

development. Supervision by Elizabeth J. Jones, Ph.D., Dean of Faculty and Director of Federal

Project, "Involving Parents in Children's Learning."

#### PACIFIC OAKS COLLEGE

PASADENA, CA

## SUBSTITUTE TEACHER AND SUBSTITUTE HEAD TEACHER

September 1969 – Working with varied age groups in various classrooms. Supervision by individual head teachers

June 1970 and Mary Pieters, Director of Children's School.

## STANFORD UNIVERSITY

PALO ALTO, CA

IN ASSOCIATION WITH THE U.S. OFFICE OF EDUCATION, DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE (HEW); WASHINGTON, D.C.

## RESEARCH ASSISTANT TO ROBERT HESS, PH.D. OF THE SCHOOL OF EDUCTION, STANFORD UNIV.

June 1969 – Coding and tabulating over 3,000 protocols for the national evaluation of Head Start from selected

September 1969 sites across the country. Also wrote parts of the chapter introductions to the supplementary teachers' manual, "An Activities Handbook for Teachers of Young Children," by Robert D. Hess,

Ph.D., and Doreen Croft, which accompanied their textbook, *Teachers of Young Children*,

published by Houghton-Mifflin in 1972.

## SIERRA MADRE COMMUNITY NURSERY SCHOOL

SIERRA MADRE, CA

# TEACHING FELLOWSHIP AS HEAD TEACHER

February 1969 – Specially selected as head teacher for Sierra Madre Cooperative Nursery School, teaching MWF June 1969 – Specially selected as head teacher for Sierra Madre Cooperative Nursery School, teaching MWF and Tu Th classes of four-year olds. Supervision of parent staff members and volunteers. Staff

and Tu Th classes of four-year olds. Supervision of parent staff members and volunteers. Staff meetings, progress reports, curriculum development, parent conferences, and field trips. Supervision by Lillian Burke, School Director, and Polly McVickar, Pacific Oaks College

Supervisor.

#### PASADENA HEAD START

#### PASADENA, CASUBSTITUTE TEACHER AND SUBSTITUTE HEAD TEACHER

January 1969 – Working at various Head Start sites in Pasadena. Supervision by individual site directors and

June 1970 Jean Walls, Director.

# PACIFIC OAKS CHILDREN'S SCHOOL

PASADENA, CA

## PRACTICUM STUDENT

September 1968 – Beginning as a junior, taking my first practicum in the kindergarten. Supervision by Molly

January 1969 Scudder, head teacher.

#### AMERICAN FRIENDS SERVICE COMMITTEE

PASADENA, CA

## CHILD CARE SUPERVISOR

May 1968 – June 1970 Supervisor of child care for American Friends Service Committee retreats and religious services.

# PRE-PACIFIC OAKS COLLEGE WORK EXPERIENCE

THE MIDTOWN SCHOOL

LOS ANGELES, CA

## TEACHING ASSISTANT

June 1968 – Working in a progressive nursery school in the Hollywood Hills in the four-year-old group, for

August 1968 the summer session. Supervision by Molly Edmundson, head teacher.

## **CASA MONTESSORI**

PASADENA, CA

## DAY CARE COUNSELOR

March 1967 – In charge of after-school day care and also a part-time substitute teacher, at a private Montessori

June 1967 school in Pasadena while attending UCLA. Supervision by staff.

# RECREATION DEPARTMENT BOROUGH OF METUCHEN METUCHEN, NJ

## PLAYGROUND COUNSELOR

Summer 1967 In charge of crafts, athletics, swimming, etc., at two different sites for the summer parks program.

Supervision by Joseph Germain, Director of Recreation.

# MIDDLESEX COUNTY CAMP PROGRAM

ROOSEVELT PARK, NJ

# CAMPCOUNSELOR AND HEAD OF DRAMATICS DEPARTMENT

Summer 1966 Summer camp for disadvantaged children, ages 6-13. Working with each cabin, presenting

weekly plays and skits, and as a cabin counselor with my own cabin of six-year-olds.

Supervision by John Fitzpatrick, Director, and senior staff members.